

43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022



Paper and Additional Sessions:

There are three sessions for Paper Presentations and seven papers being presented simultaneously.

Additional sessions ([Meet the Author](#), [Kohut Luncheon](#) and the [Child & Adolescent Initiative Group Meeting](#)) will also be presented.

For the paper sessions, registrants will register for one paper presentation of the seven options in each session.

For a description of the session, it's learning objectives, presenter bios and other details, please click on the paper's title.

Paper Sessions 1-B, 2-C & 3-C will be offered both for in-person and virtual attendees.

Paper Session 1: Saturday, October 22, 2:15 - 3:45pm

[Paper 1-A: Remembering as a means to the other](#)

Presenter: Daniel Goldin, Psy.D	Discussant: Peter Maduro J.D., Psy.D., Psy.D	Moderator: Christina Connell, RP
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[Paper 1-B: Towards a Queer Psychology of the Self](#)

Presenter: Samuel Guzzardi, LCSW	Discussant: Sandra Kiersky, PhD.	Moderator: Monica Leonie Meerbaum, PhD.
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[Paper 1-C: The Ambiguity of Living Creativity as an Artist and the Therapist's Self Object Functions](#)

Presenter: Shiho Ike, MA	Discussant: Amy Joelson, LCSW	Moderator: Katrina Boggiano
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[Paper 1-D: Exploring, Claiming and Expanding the Frontiers of an Emerging Self](#)

Presenter: Alyson Kepple, MD	Discussant: Steven Stern, PsyD	Moderator: Carol Levin, MD
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[Paper 1-E: On the Certainty of Hidden Moralism: Rethinking the Ethical Turn in Psychoanalysis](#)

Presenter: Allison Merrick, PhD	Discussant: Donna Orange, PhD., PsyD	Moderator: Brenda Solomon, MD
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[Paper 1-F: Transforming Traumatic Intensity: Living With the Uncertainty of Terrifying Symptoms](#)

Presenter: Denise Davis, LCSW	Discussant: Richard Geist, PhD.	Moderator: Elizabeth Feldman, PhD
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[Paper 1-G: Saving Our Planet: Saving Our Selves](#)

Presenter: Margy Sperry, Psy.D, MFT	Discussant: Elizabeth Corpt, LICSW	Moderator: Daniel Perlitz, MD
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Paper Session 2: Saturday, October 22, 4:00 – 5:30pm

Paper 2-A: Student and Candidates Panel Presentation

Presenters: Adriana Couto Silva, LCPC, Suhrida Yadavalli, LMHC	Moderator: Shaké Topalian, MA, RN, BC
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Paper 2-B: Creative Engagement: Mutual Vulnerability and Transformation

Presenter: Leslie Lampe Long, CPsyA	Discussant: Elizabeth Canick, PsyD	Moderator: Marilyn Dawson-McCarthy, LCSW
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Paper 2-C: Overcoming stereotypes and prejudice: patient and analyst facing the risk of freedom

Presenter: Ingrid Pedroni, PhD	Discussant: Neslihan Ruganci, PhD.	Moderator: Dorienne Sorter, PhD
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Paper 2-D: The Analyst's Implicit Promise; How We Can Fail To Fulfill it through Rigidified Enactment; and the Consequences

Presenter: Daniel Perlitz, MD	Discussant: Sandra Hershberg, MD	Moderator: Mary Jean Kane, LCSW
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Paper 2-E: Milan - February 2022 - Long Covid, the new ghost of the pandemic. Mind and body, prisoners of these uncertain times. New transformations, opportunities and limits.

Presenter: Valeria Pulcini, MD	Discussant: Sarah Mendelsohn, LCSW	Moderator: Karen Bloomberg, PhD
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Paper 2-F: Relevant dimensions of selfobject transference - how does change occur?

Presenter: Petra Purkarthofer, MA, PhD	Discussant: Suzanna Federici, PhD	Moderator: Gudrun Prinz, PhD
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Paper 2-G: Transgenerational Transmission of Privilege and Trauma: Locating Jewish Experience in Racial Reckoning within Psychoanalysis

Presenter: Janna Sandmeyer, PhD	Discussant: Judith Aronson, PhD	Moderator: Marcia Dobson, PhD
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Paper Session 3: Sunday, October 23, 8:00 – 9:30am

Paper 3-A: Words and Music: Creating Transformative Opportunities Through Implicit and Explicit Dialogue

Presenter: Scott Davis, MD	Discussant: Steven Knoblauch, PhD	Moderator: Amy Joelson, LCSW
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Paper 3-B: Revitalization, Growth, and Fabulous Functional Narcissism: Psychoanalysis and the American Musical Theater

Presenters: D. Bradley Jones, Psy.D, Ilene Philipson, PhD	Moderator: Carol Mayhew, Psy.D
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Paper 3-C: Embodied Freedom: Bearing the Terrors and Joys of Emergent Transformation

Presenters: Peter Maduro, J.D., Psy.D., Psy.D, Annette Richard, MPs, Doris Brothers, PhD, Jon Sletvold, Psy.D	Moderator: Karen Schwartz, PhD
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Paper 3-D: The Stoic Ego and the Tragic Self: How to Live Optimally in a Tumultuous World

Presenter: John Riker, PhD	Discussant: Charles Strozier, PhD	Moderator: Jill Gardner, PhD
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Paper 3-E: Divorce, sexuality and self disclosure: Intersubjectivity and transparency in the therapeutic process

Presenter: Amy Schiller, PhD, MSW	Discussant: Hazel Ipp, PhD	Moderator: Leslie Smith, MSW
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Paper 3-F: The Defensive Self-Ideal: Learning from Brandchaft's Legacy

Presenter: David Witten, MSW	Discussant: Shelley Doctors, PhD	Moderator: Judith Rustin, LCSW
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Paper 3-G: From the Nursery to the Therapeutic Relationship--Developing a Sense of Earned Security

Presenters: Elizabeth Carr, RN, MSN, BC and Elaina Vasserman-Stokes, PhD	Moderator: Earl Bland, PsyD
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Additional Sessions:

Thursday, October 20, 2022 4:00 – 5:30pm

Meet the Author:

The New World of Self: Heinz Kohut's Transformation of Psychoanalysis and Psychotherapy

Presenters: Charles Strozier, PhD, Konstantine Pinteris, LCSW, Kathleen Kelley, DMin., LMFT, Deborah Cher, MA,LP	Moderator: David Terman
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Saturday, October 22, 2022 1:00 – 2:00pm

Kohut Luncheon: Knowing and Being Known

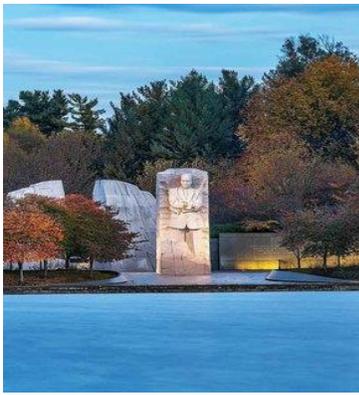
(The Luncheon is an additional fee which can be added upon registration.)

Presenter:
Beatrice Beebe, PhD

Friday, October 21, 2022 12:25 – 1:25pm

Child and Adolescent Group Initiative: Clay's Brook: How COVID Dammed a Child's Growth

Presenters:
William Ketterer, PsyD., Erica Young, BA



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Paper Session 1-A: Remembering as a means to the other

Presenter: Daniel Goldin, Psy.D

Discussant: Peter Maduro J.D., Psy.D., Psy.D

Moderator: Christina Connell, RP

Saturday, October 22, 2:15 – 3:45pm

Abstract:

Psychoanalysis has from its very beginnings concerned itself with remembering. The young Freud proposed that "hysterics suffer mainly from reminiscences" and argued that patients must be helped "to remember rather than to relive." Later, Freud discovered the phenomenon of transference. He saw the patient's growing feeling of being in a relationship with the analyst as a defense against remembering that at the same time revealed infantile interpersonal dynamics. The past could now be examined in vivo by analysing the current relationship between analyst and patient, and transference soon became the sine qua non of psychoanalysis, locking analyst and patient in the here-and-now. Involvement in the past came to be seen as resistance to the relationship, instead of vice versa. This paper aims to free psychoanalysis from its current prejudice against memory and storytelling about the past. I explore a radical relational view of remembering, in which remembering is conceptualized as similar in its intersubjective purpose to joint attention between infant and caregiver. In both cases a subjective state is augmented by an act of mutual contemplation, and in both cases the object is "used as a means to the other."

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discriminate between semantic memory and episodic memory.
2. Identify ways in which the analyst contributes to a patient's remembering process.
3. Describe the difference between the causal theory of memory and the simulation theory of memory.

Presenter Bios:

Daniel Goldin, MFT, PsyD is a psychoanalyst practicing in South Pasadena, California. He serves as an associate editor of *Psychoanalytic Inquiry* and as an associate editor of *Psychoanalysis: Self and Context*. He has written articles for *Psychoanalytic Dialogues*, *The International Journal of Psychoanalytic Self Psychology* and *Psychoanalytic Inquiry*.

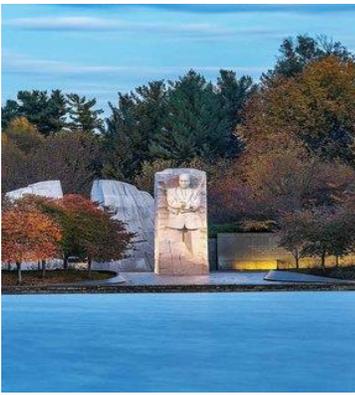
Peter N. Maduro, J.D., Psy.D., Psy.D. is a clinical and forensic psychologist and psychoanalyst with a private practice in both Santa Monica and Manhattan Beach, CA. He is a Faculty Member and Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in West Los Angeles.

References:

Goldin, D. (2019). Narrative as a Mode of Knowing. *Psychoanalytic Inquiry*, 39, 512-524.

Trevarthen, C. (2015). Awareness of Infants: What Do They, and We, Seek?. *Psychoanalytic Inquiry*, 35, 395-416.

Stern, D. B. (2019). Unformulated Experience and the Relational Turn. *Psychoanalytic Inquiry* 39, 127-135.



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Paper Session 1-B: Towards a Queer Psychology of the Self

Presenter: Samuel Guzzardi, LCSW

Discussant: Sandra Kiersky, PhD.

Moderator: Monica Leonie Meerbaum, PhD

Saturday, October 22, 2:15 – 3:45pm

Abstract:

“Towards a Queer Psychology of the Self” is inspired by the theme of the 2022 IAPSP Conference theme. Taking the term “queer” to refer to both a positionality and an action, and understanding the process of “queering” as one that leans into the potentiality of the uncertain en route to transformation, this paper asks the question: what might happen if we *queer* Self Psychology? Moving beyond questions of “queer identity” and LGBTQ+ populations, this paper borrows ideas from Queer Theory that conceptualize queering as a looking in at something from the margins, with a particular emphasis on questioning assumptions about heterosexual, racial, and gender “normality.” In this experiment of “queering” Self Psychology, case material from two analyses is presented and three principles are posited: 1) Empathy, as an act of creativity and imagination, can be seen as a fundamentally queer act, though we should be careful to not indulge in the potentially colonialist fantasy of ever being able to fully know the other; 2) Intersubjectivity, as a cornerstone of contemporary Self Psychological theory, must foreground considerations of positionality but also not be limited by/to them; and 3) Self Psychology’s developmental tilt must be held in dialectical tension with notions of “queer temporality.”

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify at least three areas of overlap between the perspectives on early experience from Queer Theory and Self Psychology.
2. Define "Queer Temporality" and generate at least two possible ways in which considering the developmental trajectory of patients from the perspective of queer temporality may open up new domains of psychoanalytic exploration.
3. Explain their understanding of the "twinship transference," examine the presence of twinship longings in patients, and discuss various approaches to addressing twinship needs in transference dynamics.

Presenter Bios:

Sam Guzzardi, LCSW is a psychoanalyst trained at the Institute for the Psychoanalytic Study of Subjectivity (IPSS) and a proud graduate of the IAPSP Early Career Professional Scholarship Program. Prior to his analytic training, Sam studied at the Silberman School of Social Work at Hunter College and at the Yale Child Study Center. He maintains a practice in New York where he focuses on issues of gender, sexuality, identity, trauma and grief. Sam is the winner of the 2018 IAPSP Candidate Essay Award and the 2019 Ralph Roughton Award of the American Psychoanalytic Association for his paper "The Only Fag Around: Twinship in Gay Childhood," to be published in the Journal of the American Psychoanalytic Association (JAPA) later this year. His first analytic publication, forthcoming in *Psychoanalytic Dialogues*, is entitled "Nicki, Nicholas, Nicole: Play as Relational Therapeutic Action on the Transgender Edge." He is currently a member of the teaching faculty at the National Institute for the Psychotherapies (NIP) in New York.

Sandra M. Kiersky, Ph.D., Faculty and Supervisor, IPSS and the National Training Program of NIP, New York City; Past President of AAPI; Editorial Board, *Studies in Gender and Sexuality*.

Analytic Press; Advisory Board, IARPP; Co-Editor of *Sexualities Lost and Found: Lesbians, Culture and Psychoanalysis*.

International Universities Press, 2001; *Perilous Crossings, Feminism and Psychoanalysis: The Second Wave*, Haworth Press, 2004; Issue Editor (with James Fosshage), *Perspectives on a Neo-Kleinian Clinical Presentation: The Process of Change, Psychoanalytic Inquiry*, July, 2009. Private Practice, Santa Fe and New York.

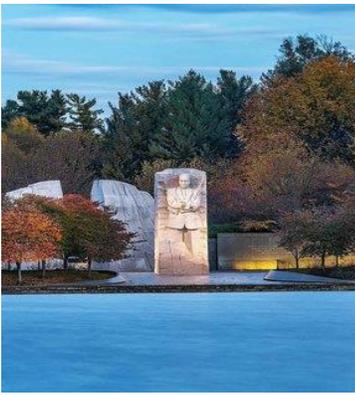
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Hansbury, G. (2017). The masculine vaginal: Working with queer men's embodiment at the transgender edge. *Journal of the American Psychoanalytic Association*, 65(6): 1009-1031.

Saketopoulou, A. (2018). Holding futurity in mind: Therapeutic action in the relational treatment of a transgender girl. In C. Bonovitz & Harlem A (Ed.), *Developmental perspectives in child psychoanalysis and psychotherapy* (pp. 286-308).

Saketopoulou, A. (2022). On trying to pass off transphobia as psychoanalysis and cruelty as "Clinical Logic." *The Psychoanalytic Quarterly*, DOI: 10.1080/00332828.2022.2056378.

VanDerHeide, N. (2012). Can you hear me now? Twinship failure and chronic loneliness. *International Journal of Psychoanalytic Self Psychology*, 7(3):369-390.



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Paper Session 1-C: The Ambiguity of Living Creativity as an Artist and the Therapist's Self Object Functions

Presenter: Shiho Ike, MA

Discussant: Amy Joelson, LCSW

Moderator: Katrina Boggiano, LCSW

Saturday, October 22, 2:15 – 3:45pm

Abstract:

This case study concerned the ambiguity of living creatively as an artist and the therapist's selfobject functions. Developmental tasks in adolescence include the acquiring of occupational identities (Erikson, E.H., 1959). The Ministry of Education, Culture, Sports, Science, and Technology of Japan defines "workability" as "the ability of students to improve their competences after graduation and achieve their social and occupational independence." In some occupations, however, "occupational independence" acquired this way may not always work immediately. One of the typical exceptions is the world of art. Keigo was an artist and suffering from social phobia and the trauma of injured narcissism. He sustained secondary injuries in narcissism because his artistic value and reputation were too ambiguous to stand up alone in his occupation. Despite the secondary narcissistic hurt, he still retained a vast possibility of enjoying the freedom to "live like himself."

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discuss what happened to the concept of living creativity as an artist.
2. Identify how feedback from the real world to evaluate the value and ability of a work of art is sometimes under the relative influence of the time and benefits.
3. Explain how feedback can contribute to psychotherapy, especially self psychology, with the patient who would perform creative activities as a profession and transform the self.

Presenter Bios:

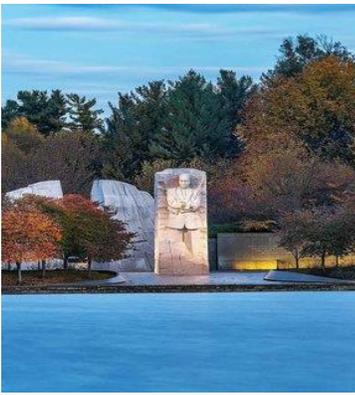
Shiho Ike, MA is an associate professor, a chief therapist of the student counseling room and a clinical supervisor at Fukuoka Prefectural University and Graduate school, Japan. She is a certified Public Psychologist, certified clinical psychologist and certified Psychiatric Social Worker. She was trained at Fukuoka Branch of Japan Psychoanalytic Institute of Japan Psychoanalytic Society and graduated from Human-Environment Studies Doctoral Course in Kyushu University, Fukuoka JAPAN (2007). She was a chief

webinar committee of JFPSP (The Japanese Forum for Psychoanalytic Self Psychology) for two years, an editorial committee member of a Clinical Psychology Magazine of the association of Japanese Clinical Psychology, and she is now a board of JAPSP (Japan Association for Psychoanalytic Self Psychology) and NAPI (The National Association for Psychoanalytic Intersubjectivity). She has published co-authored books and articles in the Japanese Journal of Psycho-analysis, the Journal of Japanese Clinical Psychology and so on. Her research subject is creativity. She is focusing on the interaction of individuals with their environments.

Amy Joelson, LCSW, is Faculty, Supervisor, and Director of Distance Learning at the Institute for the Psychoanalytic Study of Subjectivity in New York City; Associate Faculty at the Japanese Forum of Psychoanalytic Self Psychology in Hiroshima, Japan; Incoming President of the International Association for Psychoanalytic Self Psychology; and Member of IARPP's Child, Adolescent and Parent Psychotherapy Committee. A frequent presenter at international conferences and author of several publications on child and adolescent development, Amy maintains a private practice in downtown New York City in adult, child and adolescent psychotherapy and psychoanalysis.

References:

- Ike, S. (2013). Working with art but "not living creatively": Understanding a client through three levels of creativity. *Journal of Japanese Clinical Psychology, (Journal number needed)*, 899-910.
- Inoue, N. and Ike, S. (2021). The education effect on internship for freshman and sophomores in university. *Journal of the Faculty of Integrated Human Studies and Social Sciences: Fukuoka Prefectural University, 30 (6)*, 21-34.
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- Togashi, K. (2014). A sense of "being human" and twinship experience. *International Journal of Psychoanalytic Self Psychology, 4*, 265-281.



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Paper Session 1-D: Exploring, Claiming and Expanding the Frontiers of an Emerging Self

Presenter: Alyson Kepple, MD

Discussant: Steven Stern, PsyD

Moderator: Carol Levin, MD

Saturday, October 22, 2:15 – 3:45pm

Abstract:

The author discusses her evolving understanding of the growth and transformation she is witnessing in her work with one analytic patient, a young, white, cis-gendered woman with a history of profound neglect and relational trauma, a life-long struggle with severe anxiety, OCD and somatic symptoms. Steve Stern's concept of "airless worlds" and what he refers to as a process of "re-subjectification" inform the author's conceptualization of the therapeutic processes taking place in this treatment. The author presents clinical material, applying these and related ideas to demonstrate how she and her patient have worked together to recognize the toxic and negating identificatory structures and processes Stern refers to, appreciate these in their historical context, and being to transform some of them. This process has allowed the author and her patient to begin to illuminate the contours of her patient's emerging subjectivity as her patient learns to explore and lay claim to a self that extends beyond the borders of familiar territory inhabited by early toxic and negating identifications.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe early environments characterized by Steve Stern as "airless worlds" and the impact such environments may have on the developing self.
2. Describe how the analyst's use of her own subjectivity in this case facilitates exploration and increased access to previously "uncharted territories" in her patient's experience.
3. Identify examples in his/her own clinical work where growth has been facilitated by the process Steve Stern refers to as "re-subjectification."

Presenter Bios:

Alyson Kepple M.D. is a psychiatrist and an advanced psychoanalytic candidate at the Institute for Contemporary Psychotherapy and Psychoanalysis (ICP+P) in Washington, DC. She is a recipient of the 2021 Early Career Professional Scholarship awarded by The International Association for Psychoanalytic Self Psychology (IAPSP). Dr. Kepple recently moved from Alexandria, VA back to Pittsburgh, PA with her husband and two young boys. She continues with her private practice virtually providing diagnostic evaluation, medication management, psychoanalytic psychotherapy and psychoanalysis to adult patients struggling with mood disorders, anxiety, and substance abuse.

Steven Stern, PsyD. is a faculty member of the Massachusetts Institute for Psychoanalysis and the Institute for the Psychoanalytic Study of Subjectivity (NYC), and is Clinical Associate Professor of Psychiatry at Maine Medical Center and Tufts University School of Medicine. He is a member emeritus of the International Council of the International Association of Psychoanalytic Self Psychology and serves on the editorial board of *Psychoanalysis, Self, and Context*. He has been a frequent contributor to the contemporary psychoanalytic literature, with a particular interest in theoretical integration. His book, *Needed Relationships and Psychoanalytic Healing: A Holistic Relational Perspective on the Therapeutic Process* was published by Routledge in 2017 in the "Psychoanalysis in a New Key Book Series." He is currently working on a second book, *Airless Worlds and the Resumption of Psychic Breathing*. Dr. Stern practices in Portland, ME with specializations in psychoanalysis, psychodynamic psychotherapy, couples therapy, and clinical supervision/consultation.

References:

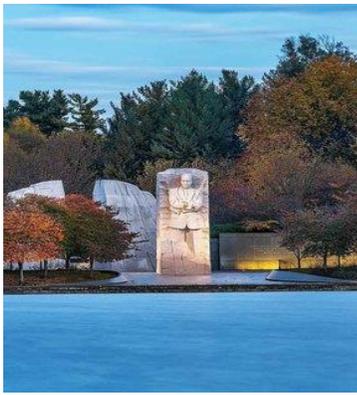
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Paper Session 1-E: On the Certainty of Hidden Moralism: Rethinking the Ethical Turn in Psychoanalysis

Presenter: Allison Merrick, PhD

Discussant: Donna Orange, PhD., PsyD.

Moderator: Brenda Solomon, MD

Saturday, October 22, 2:15 – 3:45pm

Abstract:

In his most famous papers on narcissism Kohut suggests that a certain emotional climate, namely the altruistic value system of the West, was responsible for the wholesale devaluation of egotism, a patient's concern for themselves. Kohut's claim is that an unconscious commitment to this value system had a limiting impact on clinical practice: analysts simply did not hold space for a patient's healthy self-regard. This paper reconstructs Kohut's claims in order to ask raise questions about the ethical turn in psychoanalysis. I close by suggesting that in the same way that Kohut cautioned us not to overlook the positive value of healthy self-regard, let him caution us not overlook the dangers of an uncritical commitment to altruism, to selflessness, to, as he puts it, "the deeply ingrained value system of the Occident" (Kohut 1978, 427)

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the Kohut's account of the "deeply ingrained" altruistic value system of the West and his concern that this value system has a limiting effect on clinical practice.
2. Discuss and explain pathological accommodation from hidden moralism.
3. Explain two reasons why hidden moralism operates pre-reflectively and how it shows itself in the consulting room.

Presenter Bios:

Allison Merrick, Ph.D., Psy.D., RP, is Associate Professor of Philosophy at California State University, San Marcos and a trained Research Psychoanalyst in private practice. Merrick's research focuses in on how moral values shape self-understanding, particularly how those values can empower and enliven or constrain and deaden us. Her work has been published in the *European Journal of Philosophy*, *Journal of Nietzsche Studies*, the *Journal of the History of Philosophy* and elsewhere. At present Merrick is co-editing a book, *Nietzsche and Politicized Identities*.

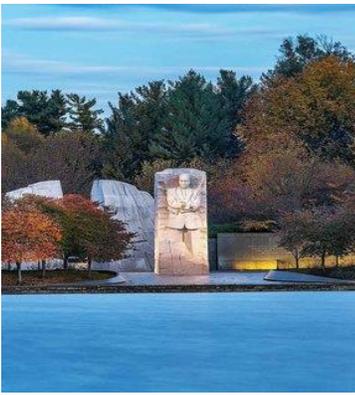
Educated in philosophy, clinical psychology and psychoanalysis, **Donna Orange, PhD, PsyD** teaches at NYU Postdoc (New York); IPSS (Institute for the Psychoanalytic Study of Subjectivity, New York); and in private study groups. She also offers clinical consultation/supervision in these institutes and beyond. Recent books are *Thinking for Clinicians: Philosophical Resources for Contemporary Psychoanalysis and the Humanistic Psychotherapies* (2010), and *The Suffering Stranger: Hermeneutics for Everyday Clinical Practice* (2011), *Nourishing the Inner Life of Clinicians and Humanitarians: The Ethical Turn in Psychoanalysis*, and *Climate Crisis, Psychoanalysis, and Radical Ethics* (2016), and most recently, *Psychoanalysis, History, and Radical Ethics: Learning to Hear* (2020). 2021 Visiting Professor of Phenomenology, Duquesne University.

References:

Orange, D. M (2021). To be of Use and Service. *Psychoanalysis, Self and Context*, 16(3), 287-288.

Shabad, P. (2017). The Vulnerability of Giving: Ethics and the Generosity of Receiving. *Psychoanalytic Inquiry* 37, 359-374.

Shane, E., & Brothers, D. (2017). Prologue: the ethical turn. *Psychoanalytic Inquiry*, 37, 357-358.



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**Paper Session 1-F: Transforming Traumatic Intensity: Living With the Uncertainty of Terrifying
Symptoms**

Presenter: Denise Davis, LCSW

Discussant: Richard Geist, PhD.

Moderator: Elizabeth Feldman, PhD

Saturday, October 22, 2:15 – 3:45pm

Abstract:

This paper follows up on a case presentation that the author gave at a 2016 IAPSP Conference, in which she discussed the treatment of a patient who had experienced severe sexual abuse in childhood and was managing his traumatic dreams and flashbacks with autoerotic asphyxiation. The author, aware that participants who heard this presentation wondered how the therapist tolerated the anxiety of a life-threatening symptom while engaged in a deep and transformative treatment, writes about her understanding of the symptom, what helped her bear the accompanying anxiety and what the mutative forces were that led to the patient relinquishing the symptom and progressing forward. Mutative factors included the creation of a relational home, ongoing awareness of forward edge meanings of the patient's behaviors (including the potentially lethal symptom) and the establishment of deep mutual trust, both generally and specifically in the patient's capacity to know what he needed in order to grow.

These factors helped the patient integrate his sense of shame and heal a vertical split. The therapist's deep trust in the patient's sense of what he needed as she guided the treatment deepened the bond and created the paradoxical sense of both intensity and calm that the patient longed for. Overall, this paper will help therapists to recognize, connect with and protect the traumatized patient, while not being distracted by the frightening symptoms themselves.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify three ways of tolerating frightening symptoms in traumatized, symptomatic patients.
2. Recognize the forward edge meaning of frightening symptoms in order to self-regulate and remain present with traumatized, symptomatic patients.
3. Describe, define and co-construct a "relational home" (Stolorow) for traumatized patients.

Presenter Bios:

Denise Davis, LCSW is in private practice where she treats children, adolescents and couples and supervises and facilitates study groups. She has been an instructor at the University of Chicago School of Social Service Administration in the Advanced Psychodynamic Fellowship in Clinical Practice as well as the Institute for Clinical Social Work. She is a member of the Midwest Self Psychology Study Group and has presented at the Midwest Group's Self Psychology Now seminars. Davis is a member of IAPSP, the chairperson of IAPSP's Child and Adolescent Initiative and an IAPSP Council Member. She has presented at IAPSP's conferences and has been a discussant and moderator for IAPSP's online journal clubs. She has published papers and book chapters on moments of meeting, boundaries and empathic imagination.

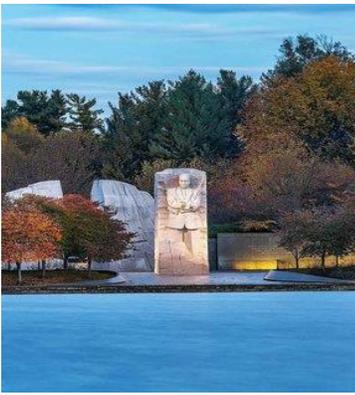
Richard Geist, PhD. received his undergraduate degree and his doctorate in Psychology from Harvard University and for 30 years was Clinical Instructor, Department of Psychiatry (Psychology), Harvard Medical School. He is a Founding Member, Faculty, Supervising analyst, and former member of the Board of Directors of The Massachusetts Institute for Psychoanalysis. In addition, Dick is on the International Council of the International Association for Psychoanalytic Self Psychology.

Dr. Geist was one of the first psychologists in Boston to embrace Self Psychology theory and practice, and he has been teaching and supervising it for over 30 years. He has written numerous papers on clinical self psychology, including papers on how empathy heals, re-conceptualizing the oedipal complex, boundaries in treatment, eating disorders, the forward edge, and several papers on connectedness between analyst and patient.

He has been a senior supervising psychologist at Children's Hospital and Massachusetts General Hospital in Boston. Dick maintains a private practice in psychoanalysis and psychotherapy in Newton, Massachusetts where he sees Children, adolescents, adults, and couples. He also supervises privately, teaches private self psychology seminars and directs a self psychology study group.

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43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 1-G: Saving Our Planet: Saving Our Selves

Presenter: Margy Sperry, Psy.D, MFT

Discussant: Elizabeth Corpt, LICSW

Moderator: Daniel Perlit, MD

Saturday, October 22, 2:15 – 3:45pm

Abstract:

This paper suggests that our alienation from the natural world has disastrous consequences, on our relatedness to our other-than-human world as well as on our relationships with one another. Rooted in a disavowal of vulnerability, I explore the consequences of our alienation from our natural environment, especially how that alienation manifests in the mis-use of our other-than-human environment. I will also discuss a consequence of neoliberal ideology: the loss of a sense of awe. Being connected to the natural world, I conclude, gives rise to a sense of awe that complexifies our inter-connectedness and can motivates human beings to protect our fragile planet as well as those who are most vulnerable to climate change.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Articulate the beneficial effects that experiences of awe have on individuals and on social groups -- how it promotes better care of one another and of our planet.
2. Describe how our failure to protect our natural environment is linked to a disavowal of vulnerability.
3. Describe how disavowal of vulnerability may be expressed as alienation from others and from the natural world, on which we depend for life.

Presenter Bios:

Margy Sperry, PsyD is a Core Faculty member and Training and Supervising analyst at the Institute of Contemporary Psychoanalysis in Los Angeles, CA. She is a member of the International Council of the IAPSP, as well as an Associated Editor for the International Journal of Psychoanalytic Self Psychology. She has published several articles in both the IJPS and Relational Dialogues. She maintains a private practice in Los Angeles, CA.

Elizabeth A. Corpt, MSW, is a psychoanalyst in private practice in Arlington, MA. She is a faculty member, analytic supervisor, and Board Member of the Massachusetts Institute for Psychoanalysis, a faculty member at the Harvard Medical School, Department of Psychiatry, at Cambridge Hospital, Program for Psychotherapy, and an analytic supervisor at the Institute for the Study of Subjectivity in New York. She has written and presented nationally and internationally on clinical generosity and on the relevance of social class to the training and practice of psychoanalysis and psychotherapy.

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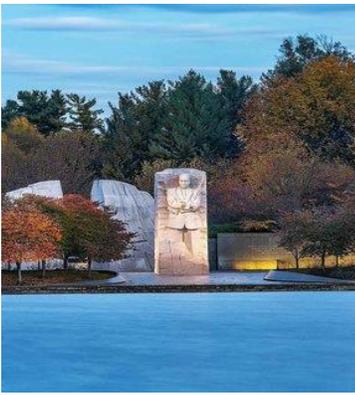
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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-A: Student and Candidates Panel Presentation

Presenters: Adriana Couto Silva, LCPC, Suhrida Yadavalli, LMHC

Moderator: Shaké Topalian, MA, RN, BC

Saturday, October 22, 4:00 – 5:30pm

Paper #1: Adriana Couto Silva

Abstract:

How does language inform and influence the clinical exchange for immigrants? In this paper, the author explores different manifestations of linguistic expressions in her clinical work with immigrant patients, including her own experience as an immigrant with her analyst. The author conjectures that her multiplicity of language responses requires different theoretical perspectives in order to understand the analytic relationship. That is, the analytic relationship is characterized by multiple linguistic, cultural, gender, social and racial aspects, particularly in uncertain times. Clinical examples illustrate different linguistic choices among patients who speak either English, Spanish, or Portuguese with the author in order to explore the complexities of the intersubjective experience.

Learning Objectives: (Couto Silva)

At the conclusion of this presentation, the participants will be able to:

1. Describe several theoretical understandings related to multiple linguistic responses in the clinical exchange.
2. Discuss the ways in which linguistic exchanges contribute to deepening the analytic work with patients from different cultural backgrounds.
3. Identify at least two forms of countertransference that stand in the way of working productively with immigrants.

Presenter Bio:

Adriana Couto Silva is a psychotherapist in private practice in Washington, D.C. area and a candidate in the Psychoanalytic Program at ICP+P in Washington, DC. Also, she works for the Lourie Center in Maryland as one of the facilitators of the Circle of Security Classroom (COSP-C) for teachers in the Prince George County Public Schools.

References (Couta Silva)

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Paper #2: Suhrida Yadavalli:

Abstract:

When I began writing this paper, I was amid coping with several losses. I had lost a beloved friend and a family member to Covid-19, and though it seemed that we were coming out of the woods in the US, the juggernaut virus was burning through my native country of India, where most of my family lives. As a candidate starting analytic training in the year 2020, Freud's Mourning and Melancholia was particularly poignant as it lays the foundation for object relations borne out of a process of coping with loss. Freud described mourning as an agonizing process of identification, disinvestment and reinvestment. He emphasized the role of intrapsychic factors in the capacity to mourn. Since then, analysts have countered by writing about the highly social nature of the task of mourning and the importance in grieving of a loving communal embrace. In this paper, I explore one's early experiences with Winnicott's holding environment and transitional phenomena as an explanation of the capacity to mourn. I will extend mourning to another form of loss, namely, transience, i.e., temporariness of time and experience. Finally, I will consider how the developmental achievement of the capacity to be alone is inherent in specific intrapsychic modes of mourning transience and could be extended to intrapsychic capacity to mourn in bereavement. I will explore these ideas with a backdrop of traditional Indian rituals and spiritual practices, which embody and uniquely elaborate other essential Winnicottian features, including paradox, dialectics and the third area.

Learning Objectives: (Yadavalli)

At the conclusion of this presentation, the participants will be able to:

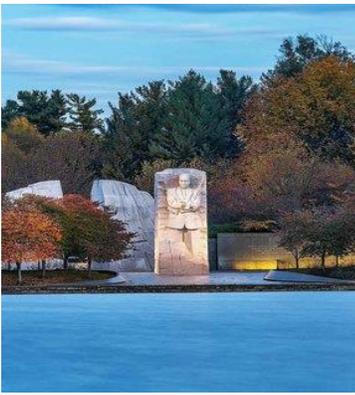
1. Conceptualize mourning as restoring continuity of being by means of recovering the holding function of the lost object's symbolic presence in the environment.
2. Explain how Hindu death rituals help to restore continuity of being by invoking the symbolic presence of the deceased within a supportive milieu.
3. Discuss the potential of Indian sitting/meditation practice as an embodied method of mourning transience and loss, given its unique potential to navigate associated paradoxes of self-nonsel.

Presenter Bio:

Suhrida Yadavalli, LMHC is a second-year candidate and winner of the 2021 APA Division of Psychoanalysis' candidates essay contest. Her recent paper, in press, is titled "Mourning and TheCapacity To Be Alone: Cultural and Existential Rituals in Loss". She is a member of the MIP Board of Directors and has a private practice in Newton, MA, where she practices multilingually, including in her native languages of Hindi and Urdu.

References (Yadavalli)

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-B: Creative Engagement: Mutual Vulnerability and Transformation

Presenter: Leslie Lampe Long, CPsyA

Discussant: Elizabeth Canick, MD

Moderator: Marilyn Dawson-McCarthy, LSCSW

Saturday, October 22, 4:00 – 5:30pm

Abstract:

Creativity is subjective. Creative engagement is intersubjective, co-created and mutually transformational. This premise is explored in the case of a patient suffering from lifelong relational trauma and emotional deprivation, resulting in profound insecurity, rage that grips her, and paranoia that entraps her. Creative engagement offers a new co-created language, that of the imagination, between “in here” and “out there,” outside the bounds of cognitive certainty. In the case of this patient, more than a dozen vivid paintings and several poignant poems offer a collaborative language to understand her inner world. A oneness, both fantasized and real, emerges early in the treatment, as the patient and analyst begin to trust their co-created world. But soon the analyst’s own vulnerability (with a cancer diagnosis at the outset of treatment) stimulates her own unconscious selfobject fantasies. Joined intersubjectively in the deep layers of fantasy, the engagement ultimately experiences an enactment that necessitates a re-finding of both selves. The analyst, newly conscious of her own vulnerability, begins to work through the leading and trailing edge aspects of mutual vulnerability, trying not to evoke a repetitive dimension for either patient or analyst. Creative engagement becomes central to preventing stagnation and developing a sustainable leading edge thirdness that holds both the present and the past.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Create a therapeutic reflective space with patients, enabling the possibility of thirdness and creative engagement, whether working remotely, in person or hybrid.
2. Describe aspects of their own vulnerability and selfobject fantasy and how, rather than getting in the way, awareness of vulnerability may open new pathways for creative engagement between patient and analyst and therapeutic mutual transformation.
3. Identify, whether on zoom or in person, the implicit visual, auditory, or embodied signs of a patient’s creativity and your own, perhaps also implicit subjective, and unconscious experience of a patient’s creativity.

Instructor Bios:

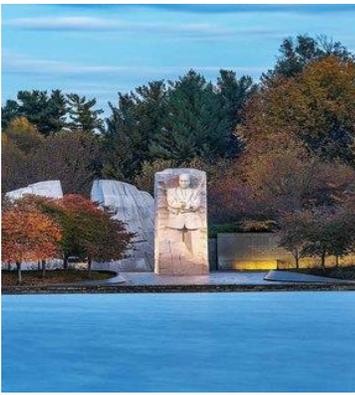
Leslie Lampe Long, CPsyA is in private practice as a psychoanalyst and career consultant. Leslie began her quest to become a psychoanalyst after a life-changing 2-year experience, partnering with the FDNY after 911. With previous careers as a marketing executive and schoolteacher, she specializes in helping people struggling through work and life transitions to develop greater congruence between their inner and outer selves. Working both in-person and via zoom from her office in Providence, RI, Leslie helps patients transform traumatic memories, co-creating and attuning to innate creativity, embodied emotion, and implicit awareness. She won a national Gradiva Award(2008) for her paper, "Career Dysphoria and the Working Wounded," and published "Do Not BeSad, a Chronicle of Healing" (2002), a collection of children's art and poetry sent to the FDNY after 911, "A Mermaid's Reflection,"(2020), a book of her art and poetry, and "The Catnapping"(2014), a children's book about not giving up hope. She has presented at numerous conferences on the topics of "Expanding Empathy" and "Treating the Working Wounded."

Elizabeth (Betty) Canick, PsyD was born and raised in Boston, and developed a love of drawing and painting as a child. She attended Rhode Island School of Design with a major in painting, and graduated in 1973. In the years that followed Betty went on to study special education, psychology, and later received a certificate in psychoanalysis. I worked for many years as a psychotherapist, and later, a psychoanalyst. I worked in hospitals, clinics, and my private office. After many years away I returned to painting in 2005, and again fell in love with the act of creating and with the power and passion that painting can convey.

I consider myself a psychologist and a painter, and find similarities in clinical work and in painting. There is a kind of disciplined intuition and openness to surprise essential to both. In my art work I try to capture movement, gesture, and moments in transition. I am drawn to the indefinable and ephemeral and like to try to create order out of chaos. I find myself resisting certainty and absolutes in visual work just as in my work as a psychotherapist. I have worked in multiple mediums including watercolor, mixed media, collage, and oils creating abstract works, figures, and landscapes of beloved places.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-C: Overcoming stereotypes and prejudice: patient and analyst facing the risk of freedom

Presenter: Ingrid Pedroni, PhD

Discussant: Neslihan Ruganci, PhD.

Moderator: Dorienne Sorter, PhD

Saturday, October 22, 4:00 – 5:30pm

Abstract:

The paper explores the meaning of Kohut's statement on the patient's freedom of choice and the challenge represented by this choice when it runs counter to the therapist's convictions and how the capacity to explore the reason for the ensuing stalemate in the treatment can open the intersubjective field to an enlargement of patient's and analyst's personal sense of freedom.

Learning Objectives:

At the conclusion of the presentation, the participants will be able to:

1. Compare "freedom of choice", introduced by Kohut in 1959 and further explained in 1977, to self-destructive reactions induced by pathological accommodation.
2. Describe the analyst's difficulty in responding to the patient's choice due to her experience and convictions
3. Assess how the stalemate can be overcome by deeper connectedness to the patient's emotional state.

Presenter Bios:

Ingrid Pedroni, PhD. is a psychoanalyst in private practice in Rome, working with individual patients, couples and families. At Isipsé in Rome she is supervising analyst and faculty member and has taught for 10 years *Heinz Kohut's Self Psychology* and now she teaches the biannual course on *Self Psychology after Kohut*. In Rome and in Milan she is responsible for the teaching of Transcultural Psychotherapy.

R. Neslihan Ruganci, PhD. took her Clinical Psychology PhD. degree from the Psychology Department of the Middle East Technical University (METU) in Turkey and certified from the Distant Education Program of Chicago Institute for Psychoanalysis. She participated and contributed to Self Psychology Conferences as a presenter, a discussant and a member of an Overseas organizing committee. She had publications in IJPSP(PSC) and several other International and National Psychology Journals.

She is affiliated with International Association for Psychoanalytic Self psychology (IAPSP) and a founding member of and affiliated with Ankara Contemporary Psychoanalytic Psychotherapies Association, Anatolian Psychoanalytic Psychotherapies Association: *A learning place of Self Psychology* (APPA, Affiliated with IAPSP as an Institute). Ruganci is currently in private practice in Turkey and Teaching at APPA.

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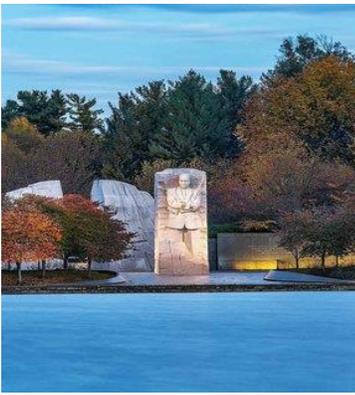
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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-D: The Analyst's Implicit Promise; How We Can Fail To Fulfill it through Rigidified Enactment; and the Consequences

Presenter: Daniel Perlitz, MD

Discussant: Sandra Hershberg, MD

Moderator: Mary Jean Kane, LCSW

Saturday, October 22, 4:00 – 5:30pm

Abstract:

The analyst conveys an implicit promise of care to the patient. The ethical conduct of psychotherapy, the therapist's good faith (Weisel-Barth, 2021) so as to fulfill that promise, largely rests on understanding the enactments which inevitably manifest and taking the necessary action should the need arise. This is complex because for therapeutic process the nature of the analyst-patient relationship is the major factor, so that the analyst must continuously examine not only his interpretive insights but also the nature of his relationship with the patient, including the limitations imposed by his own organizing principles. "If we are not to repeat the patient's historical patterns of relating, it becomes incumbent on the analyst to engage differently, to be in the field differently than what has become a familiar and repetitive mutual patterning," (Hirsch, 2021, P.675). The analyst must change if the patient is to change.

This presentation illustrates psychoanalytic bad faith, in which a familiar and mutual patterning was replicated with dire consequences.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discuss the essence of the analyst's implicit promise to the patient.
2. Explain what must take place to fulfill that promise.
3. Explain how the analyst's organizing principles can interfere with that promise.

Presenter Bios:

Daniel Perlitz, MD is a psychoanalyst in private practice in Toronto, Canada. He completed his psychoanalytic training at IASP (Institute for the Advancement of Self-Psychology) in Toronto, Canada in 2014, Perlitz is on the board of directors and faculty of IASP, an Adjunct Lecturer at University of Toronto, and a supervisor of psychiatric residents in psychotherapy at St. Joseph's Hospital in Toronto. He is also on the board of directors and is treasurer of IAPSP (International Association of Psychoanalytic Self Psychology). His first published article, "Beyond Kohut - from Empathy to

Affection,” appeared in the International Journal of Psychoanalytic Self-Psychology in 2016. Subsequently he has published four more articles in the same journal in 2017, 2019, and (in press) 2021.

Dr. Sandra Hershberg, MD is a psychoanalyst and adult and child psychiatrist. She is a Training and Supervising Analyst at the Washington Baltimore Center for Psychoanalysis, where she received an award for excellence in teaching in 2019. She is the Director of Psychoanalytic Training, Founding Member and Training and Supervising Analyst at the Institute of Contemporary Psychotherapy and Psychoanalysis in Washington, DC. Dr. Hershberg is a Geographical Supervising Analyst at the St Louis Institute of Psychoanalysis and the Pittsburgh Psychoanalytic Center. She is a Clinical Associate Professor at Georgetown University Medical School and serves on the Program Committee of the American Psychoanalytic Association. Dr. Hershberg is an Associate Editor of the journal *Psychoanalysis, Self and Context* and is on the Editorial Board of *Psychoanalytic Inquiry*.

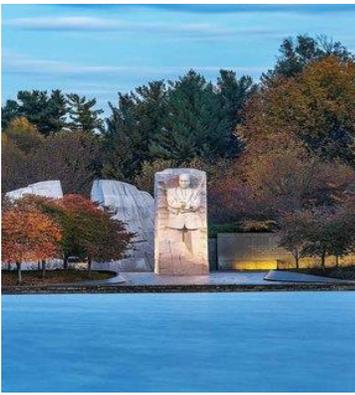
Dr. Hershberg has published and presented numerous papers on a wide variety of subjects including biography and psychoanalysis, pregnancy and creativity, therapeutic action, ethics, and the mother/daughter relationship. Her most recent papers include *Mothering a Child with a Visible Facial Difference: The Gaze of the Mother and the Gaze of the Other* and *A Female Gaze in/on the Female Body in Art and Psychoanalysis: Paula Modersohn-Becker*. Dr. Hershberg is the Co-Editor and a contributor to the book *Psychoanalytic Theory, Research, and Clinical Practice: Reading Joseph D. Lichtenberg* published by Routledge in 2016. In 2021 she co-edited a volume of *Psychoanalytic Inquiry* entitled *Writing a New Playbook: Confronting Theoretical and Clinical Challenges of the Twin Pandemics of Covid-19 and Systemic Racism*. In press is another *Psychoanalytic Inquiry* volume Dr Hershberg is editing and contributing to entitled *HOME*.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-E: Milan - February 2022 - Long Covid, the new ghost of the pandemic. Mind and body, prisoners of these uncertain times. New transformations, opportunities and limits.

Presenter: Valeria Pulcini, MD

Discussant: Sarah Mendelsohn, LCSW

Moderator: Karen Bloomberg, PhD

Saturday, October 22, 4:00 – 5:30pm

Abstract:

The year 2020 saw all hell break loose. The Covid19 virus invaded our lives. Today, two years later, the pandemic is not over. What we are witnessing are both the effects of the current situation and the result of the past two years.

This paper aims at exploring a phenomenon that is currently being studied, the “Post-Covid-Syndrome” or Long Covid, that is the after-effects of the SARS-CoV2 infection.

This syndrome appears to have serious consequences not only from an organic perspective, but also psychologically.

The clinical case history of a patient is presented, with a symptomatology referring both to the organic consequences of the Covid19 infection and having remained prisoner in the thoughts of the recently overcome illness. She therefore experiences, in addition to dyspnea and fatigue, also anguish, uncertainty, panic attacks, fear of unpredictability, of lack of control and of death.

In the psychoanalytic work we explored the intersection between the risk of falling ill again, the organic consequences of the disease and the subjective experience of the body.

The emphatic encounter with feelings of vulnerability and fragility allowed for the re-transcription of the subjective experience of her body in a shared narrative framework, enabling the patient to shape a slow recovery also from the organic symptoms, a little more on the background of her internal existence.

Also, sharing a wider existential frame and the function of witness activated by the analytical experience has allowed the encounter and elaboration of the emotional trauma caused by the Covid19 infection.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the “Post-Covid-Syndrome” and its organic and psychological consequences.
2. Explain how the psychoanalytical encounter activates the witnessing function of the self-object.
3. Analyze the phenomenology of the subjective experiences of the body.

Presenter Bios:

Valeria Pulcini, Medical Doctor and Neurologist, University of Milan - Italy. Psychoanalytic psychotherapist who works in private practice in Milan. Supervising, Training Analyst and Faculty Member at the Institute of Self Psychology and Relational Psychoanalysis (ISIPSé) Milan. The subject she taught is "Psychoanalysis and Neuroscience". Member of the Executive Committee of ISIPSé - Italy. Member of the IAPSP Council. Member of IAPSP Educational Committee. Member of the IAPSP Executive Board, as a Council representative. Member of IARPP Associations. Neuroscientific researcher. Master in "Prevention and Treatment of Web addictions in Adolescence". Author of several scientific and clinical papers, and articles. The latest is published in *Psychoanalysis, Self and Context*, Vol. 16, N. 3, July-September 2021.

Sarah Mendelsohn, LCSW, is a training analyst and supervisor on faculty at the Institute for the Psychoanalytic Study of Subjectivity and The Manhattan Institute for Psychoanalysis and Psychotherapy in New York. She has written and presented on enactive clinical action and the analyst's subjectivity, and she is an Associate Editor of the International Journal of Psychoanalytic Self Psychology: *Psychanalysis, Self and Context*. She is a psychoanalyst and clinical supervisor in private practice in New York City.

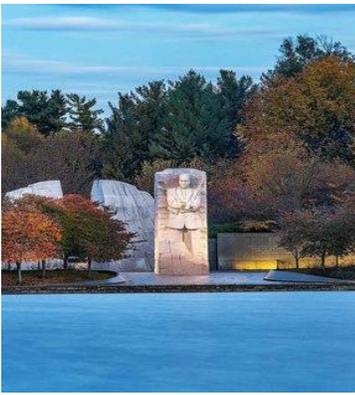
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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-F: Relevant dimensions of selfobject transference - how does change occur?

Presenter: Petra Purkarthofer, MA, PhD

Discussant: Suzanna Federici, PhD

Moderator: Gudrun Prinz, PhD

Saturday, October 22, 4:00 – 5:30pm

Abstract:

The lecture will illustrate the main dimensions of the meaning space of transference using a clinical vignette. The aim is to demonstrate what intersubjective approaches (here Robert Stolorow/Bernard Brandchaft/George Atwood) and their conceptualization of transference offer to improve our understanding of change and the interpretation of clinical material compared to a Kohutian perspective. The analysis of the clinical vignette tries to illuminate similarities and differences in the conceptualization of transference and change and to specify the proposed modifications by authors representing intersubjective approaches.

Learning objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discuss modifications in selfobject transference from Kohut to intersubjective approaches.
2. Analyze how the perspective on selfobject transference and clinical material changes depending on the approaches used.
3. Assess the significance of the intersubjective view of selfobject transference for change in the psychoanalytic process.

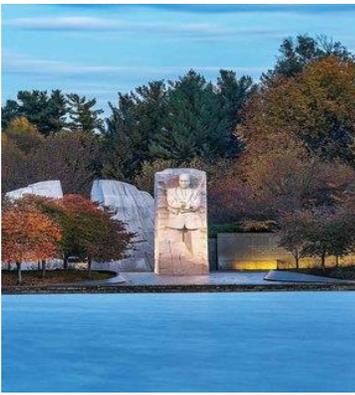
Presenter Bios:

Petra Purkarthofer, MA, PhD. Is a social scientist and self-psychologist. She works as a psychotherapist in private practice and as a lecturer in Political Science and International Development at the University of Vienna. Currently, she also receive training at the Child Guidance Clinic in Vienna.

Susanna Federici, PhD is a founding member, Faculty, Supervising analyst of ISIPSE (Institute for Self Psychology and Relational Psychoanalysis – Italy). President of IARPP (International Association for Relational Psychoanalysis and Psychotherapy), Past Member International Council IAPSP. (International Association Psychoanalytic Self Psychology). She presented her works at the IARPP conferences and Symposium; at the IAPSP conferences; at MIP Institute in Boston; at ICP in Toronto; at the Tel Aviv Institute for Contemporary Psychoanalysis; at ABEPPS Associação Brasileira para o Estudo da Psicologia Psicanalítica do Self – Sociedade Psicanalítica de Rio de Janeiro; at the 6° Reunión Anual de IARPP España (Valencia 2015). She was co-chair of the IARPP 13th Annual Conference “The Arts of Time: Relational Psychoanalysis and Forms of Vitality in Clinical Process” held in Rome June 9-12, 2016. She published on Psychoanalytic Dialogue, Psychoanalytic Inquiry and other international journals.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 2-G: Transgenerational Transmission of Privilege and Trauma: Locating Jewish Experience in Racial Reckoning within Psychoanalysis

Presenter: Janna Sandmeyer, PhD

Discussant: Judith Aronson, PhD

Moderator: Marcia Dobson, PhD

Saturday, October 22, 4:00 – 5:30pm

Abstract:

In the context of psychoanalytic culture, the transgenerational transmission of trauma that marks Jewish experience is accompanied by a transgenerational transmission of privilege that inheres from the history and process of psychoanalysis itself. While all members of dialogues addressing racial reckoning are confronted simultaneously with multiple self-other configurations that may be consciously in conflict with each other and/or unconscious and dissociated, my sense that this seemingly discordant coupling of privilege and trauma with regard to Jewish experience generally remains unspoken, is sometimes disavowed, and often results in confusing interactions that stem from split off affect states. Analogous to the analytic situation, the aim of this paper is to engage these dissociated, disavowed and/or conflicted parts, such that they become accessible not just to Jewish participants, but to *all* participants, thereby deepening mutual understanding and expanding self-awareness.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe both privileged and marginalized aspects of Jewish experience in psychoanalytic culture.
2. Apply concepts of dissociation to the context of dialogues addressing racism, marginalization, and privilege in psychoanalysis.
3. Assess their own participation in dialogues addressing racism, marginalization, and privilege in psychoanalysis.

Presenter Bios:

Dr. Janna Sandmeyer, PhD. is Chair of the Contemporary Approaches to Psychodynamic Psychotherapy program at the Institute of Contemporary Psychotherapy + Psychoanalysis (ICP+P), where she is also the founding Chair of the Task Force for Sexual Diversity and Inclusion. She serves on the Editorial Boards of *Psychoanalytic Inquiry* and *Psychoanalysis, Self and Context*. She is faculty and supervisor at ICP+P and at

the Washington School of Psychiatry. Dr. Sandmeyer was the 2018 recipient of the Ralph Roughton award from the American Psychoanalytic Association. She maintains a private practice in Washington, DC.

Judith Aronson, PhD, LCSW is the co-chair of the IAPSP Committee for Social Justice. She has a private practice in Evanston, IL. In addition, she is on the faculty of the Institute for Clinical Social Work in Chicago, Illinois where she teaches, serves as a theory mentor, student advisor, consultant and on dissertation committees.

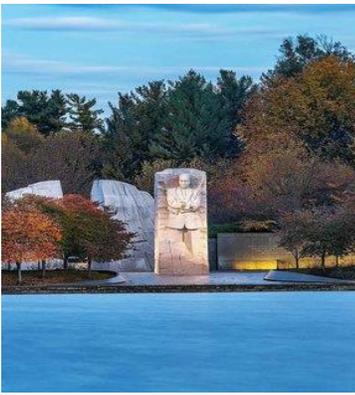
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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 3-A: Words and Music: Creating Transformative Opportunities Through Implicit and Explicit Dialogue

Presenter: Scott Davis, MD

Discussant: Steven Knoblauch, PhD

Moderator: Amy Joelson, LCSW

Sunday, October 23, 8:00 – 9:30am

Abstract:

While psychoanalysis historically privileged the mutative power of spoken words and explicit interpretive understanding, we now know that all experience originates in, unfolds from and is felt through our bodies, enhancing or constraining what can be talked about explicitly. The therapist optimally expands her listening perspective to include implicit communications of bodily experience in order to deepen the empathic process and create new therapeutic opportunity. Principles from infant research; neurobiology; progressive establishment of collaborative, contingent dialogue, moments of meeting and sustaining an intention unfolding process (BCPSG, 2008) inform the integrative approach illustrated in this paper. Psychoanalysis is a process of learning by doing - a multimodal fitting together process through dialogue that is continuously implicit and intermittently verbal. The analyst must actively facilitate and scaffold implicit and explicit dialogue with the the goal of fitting together and creating new opportunity.

Learning Objectives:

At the conclusion of the presentation, the participants will be able to:

1. Describe the neurobiological underpinnings of implicit and explicit experience and explain how implicit and explicit experience variably affect one another
2. Create inclusive, collaborative and contingent explicit and implicit dialogue to foster new therapeutic opportunities.
3. Utilize a mindfulness of implicit and explicit communication and responsiveness, leading to the emergence of new intentional unfolding processes within the patient and new procedures of implicit relational knowing between patient and analyst.

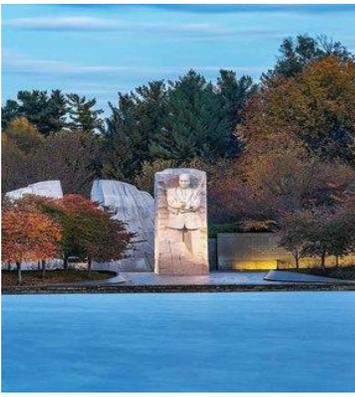
Presenter Bios:

Scott M. Davis, MD is a graduate of Haverford College, Northwestern University Medical School, where he also completed his psychiatric residency, and the Chicago Institute for Psychoanalysis. He is the coordinator of the Midwest Self Psychology StudyGroup. He was the Co-Chair of the 2013 Psychology of the Self Conference at which he presented a plenary paper on the Origins of Connectedness. He also was the Co-Chair of the 2017 Psychology of the Self Conference at which he presented a plenary discussion on the implicit connection between empathic depths and relational leaps. He teaches several classes at the Chicago Institute for Psychoanalysis: Clinical Implications of Attachment Theory, Infant Research, and Nonlinear Dynamic Systems Theory; Self Psychology; Advanced Self Psychology. In 2002, he published an article in *Psychoanalytic Inquiry* entitled "The Relevance of Gerald Edelman's Theory of Neuronal Group Selection and Nonlinear Dynamic Systems for Psychoanalysis".

Steven H. Knoblauch Ph.D. is Clinical Adjunct Associate Professor at the Postdoctoral Program in Psychotherapy and Psychoanalysis, New York University. He has also taught and supervised at other institutes around the world. He is author of *The Musical Edge of Therapeutic Dialogue* (2000), co-author with Beebe, Rustin and Sorter of *Forms of Intersubjectivity in Infant Research and Adult Treatment*, (2005), and author of *Bodies and Social Rhythms: Navigating Clinical Vulnerability and Emotional Fluidity*. (2021). He serves on the editorial boards of *Psychoanalytic Dialogues*, *Psychoanalytic Perspectives*, and *Psychoanalysis, Self and Context*. His recent teaching and training has been focused on the interaction between unconscious processes, embodied rhythms and social experience. Dr. Knoblauch continues to use his experiences as a saxophone player and his studies of Brazilian percussion to inform his work as a clinician and educator.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 3-B: Revitalization, Growth, and Fabulous Functional Narcissism: Psychoanalysis and the American Musical Theater

Presenters: D. Bradley Jones, Psy.D, Ilene Philipson, PhD

Moderator: Carol Mayhew, Psy.D

Sunday, October 23, 8:00 – 9:30am

Abstract:

Deriving from Freud's initial concerns, the classical tradition regarded the analyst's self-disclosure as being technically problematic. Yet with contemporary theorizing, there has been an appreciation of how the analyst can also function as a new object in the transference to facilitate the emergence of the patient's potential. Viewed from this perspective, the analyst's judicious use of self-disclosure can be the impetus for becoming this new object. In a recent choice to create and perform in a well-publicized musical autobiography entitled *Dr. Bradley's Fabulous Functional Narcissism*, I had to consider that my audiences would be partially made up of my patients. What would they make of the tell all intimate disclosure that made my show so compelling? This paper discusses the surprisingly powerful positive impact my musical autobiography had on their psychotherapy with me. I illustrate how this extra analytic contact (seeing their analyst perform) created both generative and revitalizing enactment that fostered my patient's growth. Seeing the transference as involving this provisional dimension opens up the possibility that extra-analytic contacts can meet the patient's emerging transference needs and free the patients to experience and explore new realms. One case example is cited.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify the classical psychoanalytic perspectives on extra analytic contacts and the analyst's use of self-disclosure, and the reasons it was not recommended.
2. Discuss contemporary psychoanalytic attitudes about self-disclosure, and how it can impact a treatment in useful ways.
3. Describe how extra analytic contacts can meet a patient's emerging transference needs, and help to free a patient to expand and reach for new personal realms of experience.

Presenter Bios:

D. Bradley Jones, Psy.D, LCSW is a graduate of both *The Institute for the Psychoanalytic Study of Subjectivity (IPSS)* in NYC, and *The Institute for Contemporary Psychoanalysis* in Los Angeles, CA. He is now a faculty and Coordinating Committee member at IPSS, and also teaches at ICP/LA. His special interests include working with substance use, long term survivors of HIV/AIDS, and those who are maneuvering the challenging world of the entertainment industry. Dr. Jones also created and performed his autobiographical show “**Dr. Bradley’s Fabulous Functional Narcissism**” to critical acclaim in NYC, Los Angeles, and CT. He maintains a private practice in Greenwich Village, NYC. www.drdbradleyjones.com

Ilene Phillipson, PhD. Is a training and supervising analyst at the Institute of Contemporary Psychoanalysis and a Faculty Member of the San Francisco Center for Psychoanalysis. She teaches courses at both institutes on Relational Theory, Basic Concepts, Interpersonalism, and the History of Psychoanalysis. She is also on the Board of Directors of the American Psychoanalytic Association and has a private practice of psychoanalysis and psychotherapy in Oakland, CA.

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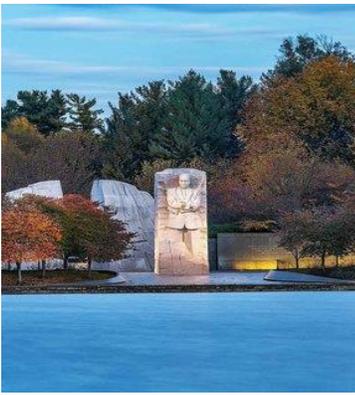
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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 3-C: Embodied Freedom: Bearing the Terrors and Joys of Emergent Transformation

Presenters: Peter Maduro, J.D., Psy.D., Psy.D, Annette Richard, MPs, Doris Brothers, PhD, Jon Sletvold, Psy.D

Moderator: Karen Schwartz, PhD

Sunday, October 23, 8:00 – 9:30am

Abstract:

In this Panel, the topic of freedom, its affectivity and its embodiment, as well as the relational and existential contexts that promote its integration, will be explored by author Dr. Maduro and co-authors Drs. Brothers & Sletvold in two individual essays.

The emphasis in each of the two essays will be on the conditions and challenges of the traumatized person's experiential progress from traumatic repetition towards the freedom to engage in fundamental personal transformation.

More specifically, the individual essays will address the relational and existential conditions for emergent, expansive, emancipatory personal change. They will consider the contexts that promote a person's embodied embrace and tolerance of the terror and/or joy that freedom entails. Both essays will attempt to demonstrate emotional movement from possibility-destroying traumatic repetition towards emancipatory personal transformation

The ideas presented in these essays will then be briefly discussed by Dr. Annette Richard with the primary aim of enriching the subsequent discussion among the presenters, the discussant, and the Panel audience.

Learning Objectives:

At the conclusion of the presentations the participants will be able to:

1. Discuss the difference between the danger to repeat and the danger not-to-repeat (freedom from repetition).
2. Describe and discuss how working towards a freedom to change in analytic therapy may be felt in terrors and joys, and thus crucially entail the capacity to bear such affectivity.
3. Describe how embodied connectedness, and body-to-body communication, enables the analytic partners to find the courage to bear the affectivity of freedom and personal change.

Presenter Bios:

Peter N. Maduro, J.D., Psy.D., Psy.D. is a clinical and forensic psychologist and psychoanalyst with a private practice in both Santa Monica and Manhattan Beach, CA. He is a Faculty Member and Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in West Los Angeles.

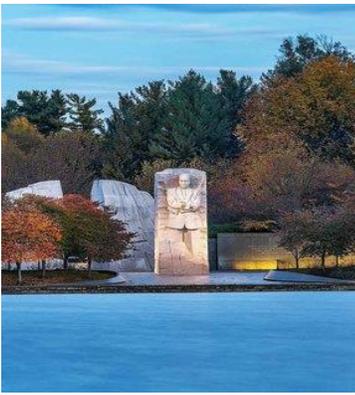
Doris Brothers, Ph.D. is a co-founder and faculty member of the Training and Research in Intersubjective Self Psychology Foundation (TRISP). She served as co-editor of *Psychoanalysis, Self and Context* with Roger Frie from 2015 to 2019, She is active on the advisory board and council of the International Association for Psychoanalytic Self Psychology (IAPSP). Her last book is *Toward a Psychology of Uncertainty: Trauma-Centered Psychoanalysis* (Analytic Press, 2008). Her private practice is on the upper west side of Manhattan, New York, USA.

Jon Sletvold, Psy.D. is a licensed specialist in clinical psychology and psychotherapy. He was founding Board Director of the Norwegian Character Analytic Institute and is currently Faculty, Training and Supervising Analyst at the Character Analytic Institute. He is former chair of the Psychotherapy Specialty Board of the Norwegian Psychological Association. He has taught embodied perspectives on psychoanalysis and psychotherapy in Europe, USA, China and Cuba. He has published articles particularly on the role of the body in psychotherapy and psychoanalysis in national and international journals. He is co-editor of two books: *Den terapeutiske dansen [The therapeutic dance]* and *Karakteranalytiske dialoger [Character analytic dialogues]* and the editor of *Tage Philipson – Kjærlighet og identifisering [Tage Philipson – Love and Identification]*. He is the author of ***The Embodied Analyst: From Freud and Reich to Relationality***, 2014, winner of the National Association for the Advancement of Psychoanalysis 2015 Gradiva Award for outstanding contribution to psychoanalysis.

Annette Richard, M.Ps., is Chair and Co-founder of the *Groupe d'Étude sur l'Intersubjectivité* (GEI), a thriving IAPSP Institutional Member. She was a Lecturer at the Psychology Department at *Université de Montréal* for many years. She is presently co-editor of *Psychoanalysis, Self and Context* and a member of the IAPSP International Council. She has a private practice of psychotherapy and supervision in Montreal, QC, Canada.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 3-D: The Stoic Ego and the Tragic Self: How to Live Optimally in a Tumultuous World

Presenter: John Riker, PhD

Discussant: Charles Strozier, PhD

Moderator: Jill Gardner, PhD

Sunday, October 23, 8:00 – 9:30am

Abstract:

This paper depicts what it means to adopt a Stoic orientation to the world and why such an orientation is so tempting in a world, like ours, that is becoming increasingly unpredictable. After delineating what it means to adopt a Stoic way of being in the world, I inquire as to whether such an orientation is conducive to the flourishing of a person's self and claim that this question cannot be answered without distinguishing between the ego and the self, something Kohut did not adequately do. I first address Stolorow's critique of metapsychology by showing why we cannot adequately understand the motivational dynamics of the psyche without doing metapsychology. The crucial psychological structural dynamic is the tension between the ego and the self, as each has such vastly different functions, values, needs, and views of freedom from the other. I show why the ego is strongly tempted to Stoicism as a way of attaining power over one's existence—especially in a tumultuous era, but why, when we consider the needs of the self, we should, as Kohut said, adopt a tragic orientation to human existence--a way that deeply conflicts with Stoicism. After developing what it means to embrace the tragic as an essential part of life, I attempt to meld the ego's Stoicism with the self's Tragic outlook, along the lines of what Camus does in his great novel, *The Plague*, claiming that such a melded way of being in the world might be optimal for living in a world of uncertain change.

Learning objectives:

At the conclusion of this presentation, the participants will be able to:

1. Distinguish between motivations deriving from the ego and those deriving from the self.
2. Articulate what it means to take both Stoical and Tragic orientations towards life and how each orientation affects a person's self.
3. Explain why doing metapsychology is crucial for doing psychotherapy or psychoanalysis.

Presenter Bios:

John Riker, PhD. For the past three decades, John Riker has been devoted to exploring the relation of psychoanalysis--especially Kohutian self psychology--to problems in ethics and philosophical anthropology. He has written four books intersecting psychoanalysis and ethics (most recently, *Exploring the Life of the Soul*), and published numerous articles and spoken in many conferences on this material, including conferences in England, Belgium, Turkey, Austria, Canada, and Israel. John has been a professor of philosophy at Colorado College for over half a century and been named Professor of the Year a record four times, and advisor of the year a record three times. He was the initial recipient of the award Colorado College established to recognize someone who most promotes diversity and inclusion on campus.

Charles B. Strozier, PhD is a Professor Emeritus of History, John Jay College and the Graduate Center, City University of New York, and a practicing psychoanalyst. He has been twice nominated for the Pulitzer Prize. His books include *Heinz Kohut: The Making of a Psychoanalyst* (Farrar, Straus & Giroux, April, 2001, paperback from Other Press in the spring of 2004 and now translated into Italian, Japanese, and Hebrew, with a translation into Mandarin in progress); *Apocalypse: The Psychology of Fundamentalism in America* (Beacon, 1994); *The Fundamentalist Mindset* (Oxford, 2010); and many other books and scores of articles.

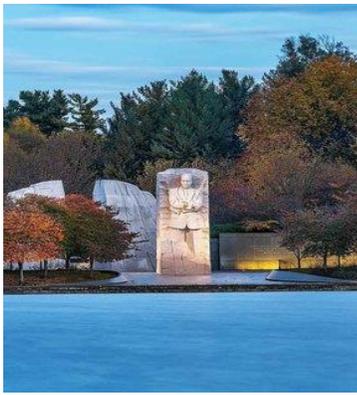
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Paper Session 3-E: Divorce, sexuality and self disclosure: Intersubjectivity and transparency in the therapeutic process

Presenter: Amy Schiller, PhD, MSW

Discussant: Hazel Ipp, PhD

Moderator: Leslie Smith, MSW

Sunday, October 23, 8:00 – 9:30am

Abstract:

During a period of three years the clinician ended her heterosexual marriage, identified as gay, and changed back to her maiden name. Her name change necessitated that all of her patients be informed of at least some aspect of her personal life, allowing for a qualitative examination of the influence of her self disclosure on her entire practice. What and how she shared with each patient was influenced by their needed selfobject transferences, as well as by the clinician's desire to acknowledge reciprocal mutual influence and allow for transparency in the therapeutic process. Patients' reactions fell into several distinct qualitative categories of impacts on the patient and the intersubjective field, which are discussed with case examples.

Learning Objectives

At the conclusion of this presentation, the participants will be able to:

1. Describe the importance of considering and exploring the intersubjective impact of the clinician's self disclosures
2. Assess the influence of needed selfobject transferences on the impact of self disclosures
3. Discuss the value of providing transparency in the therapeutic process

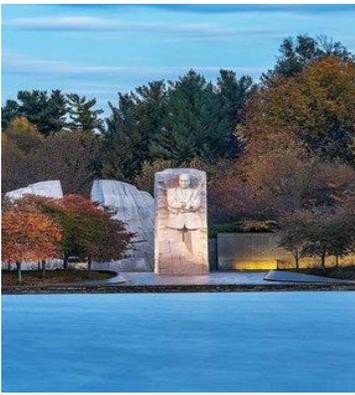
Presenter Bios:

Amy Schiller, PhD, MSW (formerly Schigelone), PhD, LCSW is a psychotherapist in private practice in Oak Park, IL. She has a PhD in Social Work and Sociology and prior to becoming a clinician worked as an academic researcher in medical education and in geriatrics. She launched her clinical career as a hospice social worker before opening her private practice. She is a graduate of the Adult Psychotherapy Program at the Chicago Psychoanalytic Institute and is a member of Jill Gardner's Self Psychology study group. She also teaches about end of life care at the University of Chicago's School of Social Work.

Hazel Ipp, PhD. is a Psychologist Psychoanalyst in private practice in Toronto, Canada. She is a Founding Board Member, Faculty and Supervisor of the Toronto Institute for Contemporary Psychoanalysis. She is on the faculty of ISIPse (Rome) and The Florida Centre of Psychoanalysis. She is Chief Editor Emeritus of Psychoanalytic Dialogues, and serves on the Editorial Boards of Contemporary Psychoanalysis and the Journal of Self and Context. She is a Founding and current Board Director and Past President of IARPP (International Association of Relational Psychoanalysis and Psychotherapy). She regularly teaches, supervises and presents nationally and Internationally.

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Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Paper Session 3-F: The Defensive Self-Ideal: Learning from Brandchaft's Legacy

Presenter: David Witten, MSW

Discussant: Shelley Doctors, PhD

Moderator: Judith Rustin, LCSW

Sunday, October 23, 8:00 – 9:30am

Abstract:

This presentation will focus on the theoretical construct of the defensive self-ideal, first introduced by Stolorow, Brandchaft, and Atwood in 1987. A brief historical account will be sketched in order to understand the context in which this term emerged as an early response to the prevailing notions of conflict and the superego. An argument will be made that a major reason this term has garnered so little attention is that Brandchaft never used the defensive self-ideal in his individual writings, despite the phenomenon addressed being central to his later work on systems of pathological accommodation. However, it will be shown that it is only with an appreciation for Brandchaft's later work that a fresh breath of life is given theoretically and clinically to this seemingly lost construct. Most specifically, the presentation will outline how viewing the defensive self-ideal as an affective sequence provides a theoretical and clinical bridge. The implication being that there is a procedural "structure" that can be transformed experientially, while understood in terms of broader developmental theories. A clinical case will be used not only to demonstrate the utility of the defensive self-ideal, but with a special emphasis on how it aided the treatment in being able to more clearly delineate the multilayered shame-guilt dynamics.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the context of the defensive self-ideal, both in terms of the broader psychoanalytic history and also in the narrower evolution of intersubjective- systems theory.
2. Discuss the transformative benefits to clinical work when viewing the defensive self-ideal as an affective sequence, and when highlighting its procedural dimension.
3. Demonstrate how the defensive self-ideal provides a useful construct to clinically address the interplay and multilayered nature of shame-guilt dynamics.

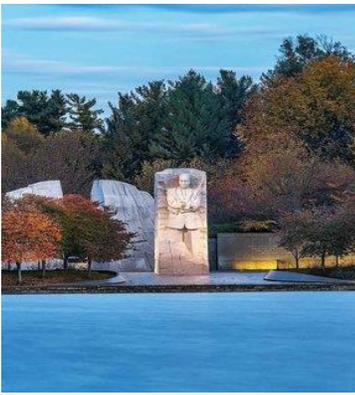
Presenter Bios:

David Witten, MSW is a graduate of the Institute for the Psychoanalytic Study of Subjectivity and is in private practice in New York City. He has a Master in Social Work from NYU and a Bachelor degree in Psychology from the University of Wisconsin-Madison. David was a recipient of the IAPSP Early Career ProfessionalScholarship Program.

Dr. Shelley Doctors, PhD is a clinical psychologist/psychoanalyst, faculty member and Supervising Analyst at the Institute for the Psychoanalytic Study of Subjectivity, the National Institute for the Psychotherapies, and at the Institute for Contemporary Psychoanalysis and Psychotherapy in Washington, D.C. She is immediate past President of the International Association for Psychoanalytic Self Psychology. Previously, she served as Secretary of the International Society for Adolescent Psychiatry and Psychology for 12 years. Her 47 book chapters and peer-reviewed journal articles focus on self psychology, intersubjectivity, and adolescence. Additionally, she has lectured nationally and internationally on over 190 occasions. Along with Bernard Brandchaft and Doriene Sorter, she co-wrote and co-edited *Toward an Emancipatory Psychoanalysis: Brandchaft's Intersubjective Vision*, published in June 2010 by Routledge Press.

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October 20-23, 2022

Paper Session 3-G: From the Nursery to the Therapeutic Relationship--Developing a Sense of Earned Security

Presenter: Elizabeth Carr, RN, MSN, BC and Elaina Vasserman-Stokes, PhD

Moderator: Earl Bland, PsyD

Sunday, October 23, 8:00 – 9:30am

Abstract:

Early on in her training, Dr. Elaina Vasserman-Stokes gained valuable experience supporting mother-child pairs in a therapeutic nursery. Years later, while in an analytic training treatment with a young woman, she noticed striking similarities between what she had witnessed in the therapeutic nursery and in the clinical interactions with this adult patient. In this panel presentation, we will describe the observable links between a disorganized attachment presentation in the nursery and the differences/similarities in adult treatment. We will also illustrate the way knowledge of attachment research compliments a self psychological clinical approach which can support therapists during moments when intense and potentially disruptive affects take center stage. Specifically, we will provide a clinical demonstration of an emerging secure connection between an analyst and a patient within a treatment marked by paralyzing fear and moments of intense anger and despair. We include a discussion of the analyst's expanding empathic connection with the patient vis-a-vis exploring her own traumatic states that became activated in the clinical work. The supervisory relationship will be highlighted as a mediator of this process.

Learning Objectives:

By the conclusion of this presentation, the participants will be able to:

1. Describe the child-mother interactions in a therapeutic nursery setting that have been associated with insecure and disorganized attachment.
2. Identify features of a disorganized attachment that can become activated in the adult clinical encounter.
3. Discuss how knowledge of attachment research facilitated Dr. Vasserman-Stokes's empathic responsiveness to her patient in their ongoing clinical engagement.
4. Explain how the activation of the therapist's own traumatic states and their subsequent exploration in supervision enhanced Dr. Vasserman-Stokes's ability to empathically connect with her patient.

Presenter Bios:

Elaina Vasserman-Stokes, PhD, LPC is a child and adult psychotherapist, an Advanced Candidate in the Psychoanalytic Training Program at ICP&P, a clinical supervisor, an adjunct professor at George Washington University Graduate School of Education and Human Development, a research scientist, and a yogi. In her career she has had the privilege of working with people of different ages, cultures, races, ethnicities, genders, and sexual identities. Her approach can broadly be described as insight-oriented and rooted in attachment and other relational theories as well as self-psychology. Her expertise rests on meaningful personal experiences and on continuing rigorous training and teaching. She works in private practice with both children and adults. Her passion is play therapy with children under five, with a focus on strengthening early life parent-child relationships. She leans deeply into the values of honesty, complexity, empathy, life-long learning, depth, and humor. She is experienced in talk and play therapies and is bilingual in English and Russian.

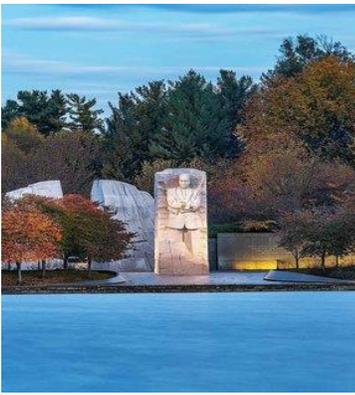
Elizabeth M. Carr, APRN, MSN, BC is a Founding Member and Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) in Washington, DC and serves as the Co-Chair of their Psychoanalytic Training Program. Her teaching repertoire includes courses on Kohut, Infant Research & Psychoanalytic Engagement, Attachment, and Psychoanalytic Challenges & Questions. She has a number of publications including one focusing on the lives and contributions of Heinz Kohut & John Bowlby. She is recently completed an issue of *Psychoanalytic Inquiry* with Estelle Shane titled the Many Faces of Self Psychology and is contributed a paper with Marie Hellinger centering on explorations of self psychology, diversity, & aggression. She serves on the faculty of ICP+P and at the Department of Psychiatry, George Washington University School of Medicine. She is an Associate Editor of *Psychoanalytic Inquiry* and Chair, IAPSP Teaching Interest Group.

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43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Meet The Author Session: *The New World of Self: Heinz Kohut's Transformation of Psychoanalysis and Psychotherapy*

Presenters: Charles Strozier, PhD, Konstantine Pinteris, LCSW, Kathleen Kelley, DMin., LMFT, Deborah Cher, MA,LP

Moderator: David Terman

Thursday, October 20, 4:00 – 5:30pm

Abstract:

This “Meet the Author” session will discuss the new book, *The New World of Self: Heinz Kohut's Transformation of Psychoanalysis and Psychotherapy* that Oxford University Press will publish on September 1, 2022. The book is a general introduction to the work of Kohut and seeks to remind psychoanalysts and clinicians of all kinds, as well as scholars in the humanities and social sciences, where our project of empathic talk therapy comes from. The book ranges across a number of topics. Preliminary reviews are that the book is “amazing,” “thorough,” “brilliant,” “extremely well written,” and “a fundamental contribution to the field.”

Learning Objectives

At the conclusion of this presentation, the participants will be able to:

1. Discuss the range of Kohut's contributions to self psychology.
2. Describe the deeper meanings of self and especially self-object.
3. Discuss the self psychology of rage, dreams, termination, and related clinical issues.

Presenter Bios:

Charles B. Strozier, PhD is a Professor Emeritus of History, John Jay College and the Graduate Center, City University of New York, and a practicing psychoanalyst. He has been twice nominated for the Pulitzer Prize. His books include *Heinz Kohut: The Making of a Psychoanalyst* (Farrar, Straus & Giroux, April, 2001, paperback from Other Press in the spring of 2004 and now translated into Italian, Japanese, and Hebrew, with a translation into Mandarin in progress); *Apocalypse: The Psychology of Fundamentalism in America* (Beacon, 1994); *The Fundamentalist Mindset* (Oxford, 2010); and many other books and scores of articles.

Konstantine Pinteris, LCSW holds degrees in Psychology and Social Work from New York University. In 2014 he completed the Adult Psychoanalytic Training Program at the National Institute For The Psychotherapies (NIP) in New York City. He is a supervising and training analyst at NIP. In 2016 he presented his paper "The Dyad and Triads", focusing on the application of Intersubjective and Relational theoretical constructs to couples therapy. He has presented at numerous conferences and his published work includes chapters in "The Encyclopedia of AIDS"; the co-authored the paper "On Dreams", published in the *International Journal of Psychoanalytic Self Psychology* in 2014; "Sexualization in the Work of Heinz

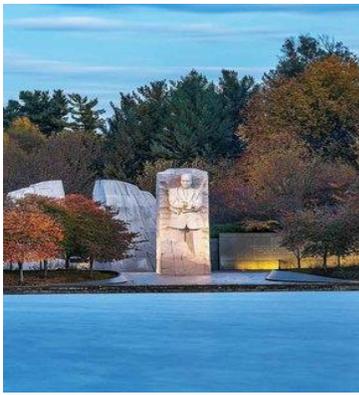
Kohut" published in *Psychoanalysis, Self and Context* in 2018 and Heinz Kohut's Theory of Aggression and Rage," published in *Psychoanalytic Psychology*.

Kathleen Kelley, DMin., LMFT, has been in private practice in New York City for the past 12 years. She is the former executive director of the Psychotherapy and Spirituality Institute in New York City and where she continues a faculty practice. She completed post graduate training in marriage and family therapy at the Blanton Peale Institute in New York City where she also trained extensively in psychoanalysis. Most recently, she completed the One Year Intensive Psychoanalytic Psychotherapy Program at IPSS. She is a member of Dr. Strozier's Kohut writing group and is a co-author with the group of five journal articles including; "Heinz Kohut's Theory of Aggression and Rage," *Psychoanalytic Psychology*; "On Dreams," *International Journal of Psychoanalytic Self Psychology*; and, "Sexualization in the Work of Heinz Kohut," *Psychoanalysis, Self and Context*.

Deborah Cher, MA, LP, is a psychoanalyst in private practice. She holds degrees in English Literature and Middle East Studies, and is a graduate of the Adult Psychoanalytic Training Program at the National Institute for the Psychotherapies in New York City. She has worked and taught in the field of terrorism and written on political violence from a psychoanalytic perspective. Deborah is a published poet, musician, fiction writer and editor. She is a member of Dr. Strozier's Kohut writing group and has co-authored several journal articles including: "Heinz Kohut's Ideas of Self," *Psychoanalytic Review*, 2021; "Termination in Self Psychology: The Contribution of Heinz Kohut," *The Psychoanalytic Review*, 2019; and *The Politics of Constructed Humiliation: Psychoanalytic Perspectives on War, Terrorism, and Genocide*, *Research in Psychoanalysis*, 2017.

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43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

KOHUT PRESENTATION: Knowing and Being Known, presented by Beatrice Beebe, PhD

Saturday, October 22, 2022 1:00 – 2:00pm

Abstract:

Kohut's most central selfobject function, the mirroring selfobject, was concerned with recognition: helping the patient feel known, understood. Similar to the ways in which the analyst's responsiveness may be essential in maintaining the patient's organization of experience, the nature of maternal responsiveness is essential to the organization of the infant's experience. Using film microanalysis, our research on the four-month origins of disorganized, as compared to secure, infant attachment at one year has revealed profound maternal difficulties in "entering" and empathizing with infant distress, forms of "denial" of infant distress. These infants cannot develop an expectation of feeling "sensed," recognized or "known," by their mothers, particularly when distressed. Mothers of future disorganized infants often have unresolved loss or abuse, fears about intimate relating, and fears of being retraumatized by infant distress, most likely out of awareness. Reciprocally, the infant has a critical role in the construction of the relatedness. The intense distress of future disorganized infants is often agitated and frantic. These infants also show discrepant affect, simultaneously positive and negative in the same second, and a self-stabilization in facial-visual engagement, less able to sense and predict their next move. Infant disorganized attachment at one year predicts young adult psychopathology, most notably dissociation. In contrast, modes of "entering" infant distress moments, such as brief facial or vocal expressions of sadness, joining the cry rhythm or joining the dampened state, or participating in subtle finger "dialogues," are salient in the origins of secure attachment. These modes of entering infant distress make it more possible for the infant to sense that someone is on her wave-length, that her distressed state is recognized. These patterns may illustrate ways in which Kohut's mirroring function is initially set in motion or derailed early in development.

Nonverbal modes of entering distress moments provide an organizing principle both of optimal infant development and of therapeutic action in adult treatment. This video lecture will illustrate secure and disorganized maternal patterns of responding to infant distress moments, as well as nonverbal processes of the therapist entering distress moments in an adult treatment.

Learning Objectives:

At the end of the presentation, the participants will be able to:

1. Describe two nonverbal modes of entering infant distress moments.
2. Describe one nonverbal mode of entering the patient's distress moments.

Presenter Bio:

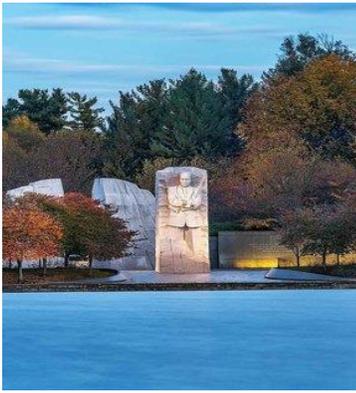
Beatrice Beebe, Ph.D. is Clinical Professor of Psychology (in Psychiatry), College of Physicians & Surgeons, Columbia University; Department of Child and Adolescent Psychiatry, New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. She is faculty at several psychoanalytic institutes, and she has a private practice for adults and mother-infant pairs.

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43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation

October 20-23, 2022

Child & Adolescent Initiative Group Meeting: Clay's Brook: How COVID Dammed a Child's Growth

Presenters: William Ketterer, Psy.D. & Erica Young, BA

Moderator: Denise Davis, LCSW

Friday, October 21, 12:25 – 1:25pm

Abstract:

COVID-19 school closures and remote learning disrupted the student-teacher relationship for many children. This paper uses a self psychological lens to understand the potential power of “non-therapeutic” relationships. It is a case presentation of how an elementary school team used empathy and a twinship transference to promote emotional growth for a little boy who built a dam, growth that COVID-19 school closures washed away.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Explain how non-therapists used self-psychological concepts to promote emotional growth for an elementary school student.
2. Discuss how an empathic relational approach differs from more traditional treatment approaches.
3. Identify key components of a self psychological informed play therapy approach.

Presenter Bios:

William Ketterer, Psy.D. is a clinical psychologist and founder of Ketterer Consultants, a consultant group that provides public schools with evidence-based interventions to support students' social/emotional functioning. He is the 2021 recipient of the American Psychological Association's Distinguished Contributions of Applications of Psychology to Education and Training Award. His book, *Reducing Anger and Violence in Schools: An Evidence-Based Approach*, is a self psychology manual for school counselors, teachers, and child therapists.

Erica Young, B.A. is an elementary school teacher, who is licensed as an early childhood educator, elementary educator, and special educator for students in kindergarten through eighth grade. Erica has

been working with children in a wide variety of settings for over 15 years. She has been teaching preschool through sixth grade for the last eight years. She has additional, specific training in using empathic

attunement as a means of supporting struggling students. She has assisted in training other educators in implementing an applied self psychology approach in schools. She is currently completing her master's degree in clinical psychology from Saint Michael's College in Colchester, Vermont. In 2021, Young was awarded the Schillinger Prize from APA Division 39 for her paper, *The Restorative Classroom: A Psychoanalytic Playground in a Public School*.

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