# Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation October 20-23, 2022



### The Keynote and Plenary Presentations:

The opening keynote address will be a tribute to the late Joseph Lichtenberg, with his friends and collaborators sharing memories and expressing appreciation for Joe's important contributions to contemporary self psychology.

An exciting and diverse array of four plenaries will address a number of important themes. First, we look at the role of play and playfulness in the evolving ways we are conducting our clinical practices during these uncertain times. Second, we will explore what transformation could look like in the theory, practice and institutional life of psychoanalysis following this tumultuous period. Coming next will be a moving clinical case in which a young woman's developmental trauma intersects with a pandemic-induced experience of isolation and disconnection, deeply affecting both members of the dyad. In the final plenary, we explore how we can help our patients live with human tragedy and the inevitable contingencies and necessities of the human world. We are proud to inform you that the four plenary sessions will be live-streamed to offer global participation.

For details on the keynote address and each plenary presentation, please click on the links below:

Opening Keynote Address: "I KNOW WHAT WE CAN DO:" A Tribute to Joseph D. Lichtenberg, MD

Plenary I: Playfulness in Uncertain Times: Opportunities for Growth and Transformation

Plenary II: Psychoanalysis' Zero Gravity Moment: Disrupting Where We Land

<u>Plenary III</u>: Practicing in a Time of Loss and Threat – Emergent Processes for Growth & Transformation

Plenary IV: Living and Practicing When the World Feels Uncertain

Post-Plenary Discussion Groups will occur after Plenaries I&II and after Plenary III.

# Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation October 20-23, 2022



### **OPENING NIGHT KEYNOTE PRESENTATION:**

### "I KNOW WHAT WE CAN DO:" A Tribute to Joseph D. Lichtenberg, MD

### Thursday, October 20, 2022 6:30 – 8:00pm

Included with virtual conference registration (recording only)

### Abstract:

This tribute to Joseph D. Lichtenberg opens with a brief media presentation. Then personal descriptions of four clinicians, who have worked closely and personally with him, will invite the audience to know and appreciate the far-reaching impact Joe has had. The audience will come to know the scope of his imagination and creativity. Attendees will discover his influence not only on the lives and work of these four clinicians and so many others, but also how he has transformed the field of psychoanalysis by furthering the evolution of contemporary self psychology.

Moderator-Presenter:Arthur A. Gray, Ph.D.Presenter:Estelle Shane, Ph.D.Presenter:James L. Fosshage, Ph.D.Presenter:Frank M. Lachmann, Ph.D.

### Learning Objectives:

### At the conclusion of this presentation, participants will be able to:

- 1. Describe motivational systems presented by Lichtenberg and his co-authors.
- 2. Explain whether or not Lichtenberg considered aggression to be a drive.

#### **Presenter Bios:**

**Arthur A. Gray, PhD**, an honorary member of the Institute for the Psychoanalytic Study of Subjectivity (IPSS), is faculty, supervisor, and serves on its Coordinating Committee. He is also faculty and supervisor at the Postgraduate Psychoanalytic Society's Group Therapy Department, the Eastern Group Psychotherapy Society's (EGPS) Training Program, and faculty at Adelphi University. He is a Council Member of the International Association for Psychoanalytic Self Psychology (IAPS), is on the editorial board of the journal *Psychoanalytic Inquiry* and is on the Institute Committee of the American Group Psychotherapy Association (AGPA). He consults and teaches internationally and conducts supervision online using his group supervision model. His published articles apply self psychology and subjectivity theory to individual, couples, group, and supervision. He has a specific interest in how improvisation informs the therapeutic process. His latest publication is, "Living Truthfully Under Imaginary Circumstances: Improvisation in Psychoanalysis," in *Psychoanalytic Dialogues* 2015. In private practice in New York City, Arthur treats adults using individual, couples, and group psychoanalysis and psychotherapy.

**Estelle Shane, PhD** is a Founding Member, Member of the Board of Directors, Faculty member and Training and Supervising Analyst, The Institute for Contemporary Psychoanalysis, Los Angeles; Faculty Member and Training and Supervising Analyst, The New Center for Psychoanalysis, Los Angeles; Past President and Council Member, International Association for Psychoanalytic Self Psychology (IAPSP); Advisory Board Member, International Association for Relational Psychotherapy and Psychoanalysis (IARRP); Adjunct Faculty, UCLA Department of Psychiatry, Los Angeles; Consulting Editor, *Psychoanalytic Inquiry*; Editorial Board, *Psychoanalysis, Self & Context*; author of numerous publications; and co-author (with M. Shane and M. Gales) of: *Intimate Attachments: A Developmental Systems Self Psychology, Routledge*, 1997.

James L. Fosshage, PhD., is Founding President and Council Member, International Association for Psychoanalytic Self Psychology (IAPSP); Advisory Board Member, International Association for Psychoanalysis and Psychotherapy (IARPP); Co-founder, Board Director, Faculty member and Supervisor, National Institute for the Psychotherapies (NYC); Founding Faculty Member and Supervisor, Institute for the Psychoanalytic Study of Subjectivity (NYC); and Clinical Professor of Psychology and Consultant, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis (Co-founder of the Relational Track). Author of over 130 psychoanalytic publications and 10 books, his most recent book, co-authored with Joseph Lichtenberg and Frank Lachmann, is entitled Narration and Meaning (2017). His website is <u>www.jamesfosshage.net</u>.

**Frank M. Lachmann, PhD**. is a teacher and supervisor and a member of the Founding Faculty of the Institute for the Psychoanalytic Study of Subjectivity, New York; and a Clinical Assistant Professor, in the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. He is author or co-author of more than 150 journal publications. He has been a co-author with Joe Lichtenberg and Jim Fosshage of six books, most recently *Enlivening the Self* (Routledge, 2015) and Narrative and Meaning, (Routledge, 2017). With Beatrice Beebe he wrote *Infant Research and Adult Treatment: Co-Constructing Interactions* (Analytic Press, 2002) *The Origins of Attachment* (Routledge, 2014) and The Mother-Infant Interaction Picture Book (with Beebe and Cohn, Norton, 2016). He is sole author of *Transforming Aggression: Psychotherapy* (Aronson, 2000) and *Transforming Narcissism: Reflections on Empathy, Humor, and Expectations* (Analytic Press, 2008). He is a member of the Council of the International Association of Psychoanalytic Self Psychology, and an honorary member of the Vienna Circle for Self Psychology, the William Alanson White Society, and the American Psychoanalytic Association.

- Gray, A. A. (2015). Living Truthfully under imaginary circumstances: Improvisation in psychoanalysis, *Psychoanalytic Dialogues*, *25*,(6), 725-742.
- Gray, A. A. (2012). On the therapeutic action of psychoanalysis, *Issues in Psychoanalytic Psychology*, 34, 55-61.
- Lachmann, F. M. (2008). *Transforming narcissism: Reflections on empathy, humor, and expectations*. New York: The Analytic Press.
- Lichtenberg, J., Lachmann, F, & Fosshage, J., (2011). *Psychoanalysis and motivational systems: A new look*. New York, NY: Routledge.
- Lichtenberg, J., Lachmann, F, & Fosshage, J., (2017). *Narrative and meaning: The foundation of mind, creativity and the psychoanalytic dialogue*. New York, NY: Routledge.
- Magid, B., Fosshage, J., & Shane, E., (2021). The emerging paradigm of relational self psychology: An historical perspective, *Psychoanalysis, Self and Context*, *16*,(1), 1-23

# Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation October 20-23, 2022



### PLENARY I: Playfulness in Uncertain Times: Opportunities for Growth and Transformation

Friday, October 21, 2022 9:15 – 11:15am Included with virtual conference registration; CE's offered.

### Abstract:

Playfulness! Psychotherapy! These are two big ideas. Is there a connection? Is there a fluid homeostasis? A divergence? As psychotherapy abruptly became a 'screen activity', we equally abruptly also found ourselves bumping into our patients crossing the intersection of psychotherapy and playfulness during our shared 'screen-time'. Is this a new dimension of treatment or, a dimension of the clinical process often diminished as the 'art' of verbal interpretations which has taken center stage.

Presenter: Jackie Gotthold, PsyD Discussant: Gianni Nebbiosi, PhD Moderator: Rosalind Kindler, MFA

### Learning Objectives: At the conclusion of this presentation, participants will be able to:

- 1. Explain the use of play and playfulness in the adult clinical encounter.
- 2. Describe the following: (1) the embodied dimension of the treatment encounter, (2) the interweaving of the explicit and procedural dimensions of the clinical process and (3) the application of "imaginings" of analyst and patient as play.
- 3. Explain Mimesis and the use of imitation as a tool (outside the sessions) for keeping the intercorporeal experience within a relational psychoanalytic perspective.

### **Presenter Bios:**

**Jackie Gotthold, PsyD**, is a faculty member, supervisor and training analyst at the Institute for the Psychoanalytic Study of Subjectivity. Additionally, she is a faculty member and supervisor for the Minnesota Institute for Contemporary Psychotherapy and Psychoanalysis.

A longtime member of the International Association of Psychoanalytic Self Psychology (IAPSP), Jackie established the child and adolescent initiative and serves on the International Council. Jackie is also a member of the International Association of Relational Psychoanalysis and Psychotherapy (IARPP), where she serves on the board of the child and adolescent interest group. In addition to these associations, Jackie is a member of the American Psychology Association's Division 39, Section II (child and adolescent Psychoanalysis), where she serves as a board member.

Jackie has given clinical and theoretical presentations in the US and abroad. She has published and edited volumes on child, adolescent and adult material. Jackie practices in New York City, treating children, adolescent and adults.

**Gianni Nebbiosi, PhD**, is the President, founding member, supervising and training analyst, of ISIPSÉ Istituto di Specializzazione in Psicologia Psicoanalitica del Sé e Psicoanalisi Relazionale – Italy. He is a founding and Board Member of IARPP – International Association for Relational Psychoanalysis and Psychotherapy and a Member of the International Council of IAPSP - International Association for Psychoanalytic Self Psychology. He is a Member of the Editorial Board of the journal *Psychoanalytic Dialogues,* Member of the Editorial Board of the journal *Psychoanalytic Inquiry* and a Corresponding Editor of the journal *Contemporary Psychoanalysis*.

- Beebe, B. & Lachmann, F. (2014). The Origins of Attachment: Infant Research and Adult Treatment. Routledge Press. ISBN 9780415898188
- Boston Change Process Study Group. Moving Through and Being Moved By: Embodiment in Development and in the Therapeutic Relationship. *Contemporary Psychoanalysis*, 2018, Vol. 54, No. 2: 299-321
- Magnuson, C. & Barnett, L. (2013). The Playful Advantage: How Playfulness Enhances Coping with Stress, *Leisure Sciences*, *35*(*2*), 129-144.
- Nebbiossi, G. & Federici, S. (2021). The flavors of verbs: implicit communication in the age of mask. *Psychoanalytic Perspectives, 18(3),* 390-400.

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### PLENARY II: Psychoanalysis' Zero Gravity Moment: Disrupting Where We Land

#### Friday, October 21, 2022 1:30 – 3:30pm Included with virtual conference registration; CE's offered.

### Abstract:

When everything has been turned upside down and is floating in air, how do we keep the "furniture" from either falling right back into place or being only modestly re-arranged? In these presentations, Drs. Layton and Sheehi will describe their visions for what transformation could look like in the theory, practice and institutional life of psychoanalysis. Both Patients and therapists alike will benefit from learning about key elements of an anti-oppressive practice.

#### **Presenters:**

Speakers: Lynne Layton, PhD. (USA) Lara Sheehi, PsyD. Moderator and Interlocutor: Cherian Verghese, PhD.

#### Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

- 1. List at least two concrete examples of how to challenge normative psychoanalytic theory and praxis
- 2. Describe how psychoanalytic theory and praxis has been complicit with systems of oppression

### **Presenter Bios:**

Lara Sheehi, PsyD (she/hers), is an Assistant Professor of Clinical Psychology at the George Washington University's Professional Psychology Program. She teaches decolonial, liberatory and anti-oppressive theories and approaches to clinical treatment, case conceptualization, and community consultation. She is the president-elect of the Society for Psychoanalysis and Psychoanalytic Psychology (APA Division 39), and the chair of the Teachers' Academy of the American Psychoanalytic Association. She is co-editor of *Studies in Gender and Sexuality and* co-editor of *CounterSpace* in *Psychoanalysis, Culture, and Society.* Lara is on the advisory board to the USA–Palestine Mental Health Network and Psychoanalysis for Pride. She is co-author with Stephen Sheehi of the book, *Psychoanalysis Under Occupation: Practicing Resistance in Palestine* (Routledge, 2022).

**Lynne Layton** has a Ph.D. in Comparative Literature and in Clinical Psychology. She is a graduate and supervising psychoanalyst at the Massachusetts Institute for Psychoanalysis and a Corresponding Member of the BIDMC Psychiatry Department at Harvard Medical School. She is the author of *Who's That Girl? Who's That Boy? Clinical Practice Meets Postmodern Gender Theory*, and co-editor of *Narcissism and the Text: Studies in Literature and the Psychology of Self; Bringing the Plague: Toward a Postmodern Psychoanalysis;* and *Psychoanalysis, Class and Politics: Encounters in the Clinical Setting*. From 2004-2018, she was co-editor of the journal *Psychoanalysis, Culture & Society*. She is a past-President of Section IX (Psychoanalysis for Social Responsibility) of Division 39, APA, and founder of Reflective Spaces/Material Places-Boston, a group of psychodynamic therapists committed to community mental health and social justice. She is on the organizing committee of the Grassroots Reparations Campaign, and she is the author of *Toward a Social Psychoanalysis: Culture, Character, and Normative Unconscious Processes* (Routledge, 2020).

- Dadlani, M. B. (2020). Queer use of psychoanalytic theory as a path to decolonization: A narrative analysis of Kleinian Object Relations. *Studies in Gender and Sexuality, 21*(2), 119-126.
- Eng, D. L. (2016). Colonial object relations. *Social Text*, 34(1), 1-19.
- Kinouani, G. (2020). Silencing, power and racial trauma in groups. *Group Analysis*, 53(2), 145-161.
- Sheehi, L. (2019). The Islamophobic normative unconscious: Psychoanalytic considerations. In H. S. Miffoci,
  J. Peteet, A. H. Hankir, & R. Awaad (Eds.), *Islamophobia and psychiatry: Recognition, prevention, and treatment* (pp. 157-170). Springer.
- Sheehi, L & Crane, L. S. (2021). Toward a Liberatory practice: Shifting the ideological premise of trauma work with immigrants. In Pratyusha Tummala-Narra (Ed.), *Racial Minority Immigrants and Trauma in the United States*. Washington DC: The American Psychological Association.

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POST PLENARY DISCUSSION GROUPS: PLENARY I & II Friday, October 21, 2022 4:00 – 5:00

### Abstract:

The small group setting of the post-plenary discussion groups offer participants the opportunity to discuss reactions to the panels in a smaller, more intimate setting. Led by a senior clinician, conference participants will be able to ask questions to further their understanding of the content presented in the plenary programs.

### Learning objectives:

At the conclusion of this presentation, participants will be able to:

- 1. Describe the ways the COVID 19 restrictions affected the experience of play and playfulness in clinical interactions between patient and therapist, and the potential benefits and/or limitations of introducing play and playfulness into the therapeutic process.
- 2. Describe two proposals about the processes needed to transform psychoanalysis as articulated by Drs. Layton and Sheehi.

- Boston Change Process Study Group.(2018). Moving Through and Being Moved By: Embodiment in Development and in the Therapeutic Relationship. *Contemporary Psychoanalysis*, *54(2)*, 299-321
- Dadlani, M. B. (2020). Queer use of psychoanalytic theory as a path to decolonization: A narrative analysis of Kleinian Object Relations. *Studies in Gender and Sexuality, 21*(2), 119-126.
- Kinouani, G. (2020). Silencing, power and racial trauma in groups. *Group Analysis*, 53(2),145-161.
- Nebbiossi, G. & Federici, S. (2021). The flavors of verbs: implicit communication in the age of mask. *Psychoanalytic Perspectives, 18(3),* 390-400.
- Sheehi, L. (2019). The Islamophobic normative unconscious: Psychoanalytic considerations. In H. S. Miffoci,
  J. Peteet, A. H. Hankir, & R. Awaad (Eds.), *Islamophobia and psychiatry: Recognition, prevention, and treatment* (pp. 157-170). Springer.

# Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation October 20-23, 2022



# PLENARY III: Practicing in a Time of Loss and Threat – Emergent Processes for Growth & Transformation

Saturday, October 22, 2022 9:00 – 11:00am Included with virtual conference registration; CE's offered.

### Abstract:

Trauma survivors, especially those who have experienced the devastation of childhood trauma in the context of attachment relationships, often struggle to find ways into life, into relationships, and into being in the present. The pandemic created a perfect storm of repetition: isolation, fear, separation, and of being "trapped" at home - a place that may have been the site of abuse and terror. In this presentation, Dr. MacIntosh will weave together research on trauma, the impact of personal trauma on the lives of psychoanalysts, and her clinical work with "Jennifer" over the past 15 years - an evolving work of moving out of isolation and into relationships. The experience of the pandemic, and its impact on the analytic process of breaking down barriers of trauma and mistrust, paralleled Dr. MacIntosh's own analytic experiences of moving through trauma and into relationship. Both Jennifer and Heather find connection in new ways, on Heather's small farm in Eastern, Ontario, amidst the horses, chickens, cats, and dog. And both find new and uniquely pandemic ways of navigating safety and risk, in the chaotic context of current losses, Jennifer's suicidality, and the shared trauma of COVID-19.

### **Presenters:**

Presenter: Heather B. MacIntosh, Ph.D. Discussants: Gabriela Mann, Ph.D. and Maria Slowiaczek, Ph.D. Moderator: Diana Lidofsky, Ph.D.

### Learning Objectives:

### At the conclusion of this presentation, the participants will be able to:

- 1. Describe the findings associated with a recent research study examining the impacts of a personal history of trauma on the lives and work of psychoanalysts.
- 2. Assess the relative risks and benefits of engaging with psychoanalytic patients in relation to disclosure of personal shared/and unshared traumas, on the psychoanalytic process.

### **Presenter Bios:**

**Heather MacIntosh, PhD** is Associate Professor and Director of the MScA Couple and Family Therapy Programme at McGill University where she is the recipient of the H. Noel Fieldhouse Award for Distinguished Teaching. Dr. MacIntosh is a clinical psychologist and author of the recently released book: Developmental Couple Therapy for Complex Trauma a Manual for Therapists by Routledge Press, a psychoanalytically informed treatment manual outlining her evidence based model for working with couples dealing with the impacts of complex trauma. She leads an active research programme funded by SSHRC, FAVACS and FQRSC examining the impact of early life trauma on the process and outcome of couple therapy, and the development and maintenance of healthy adult relationships. She is the author of numerous peer reviewed journal articles and book chapters in this field. She is currently principal investigator for a Government of Quebec funded programme providing Developmental Couple Therapy for Complex Trauma in a virtual group couple format for trauma survivors in the context of the Covid 19 pandemic.

**Gabriela Mann, PhD** is a Clinical Psychologist, Training Psychoanalyst, and past President of the Tel-Aviv Institute for Contemporary Psychoanalysis; Chairperson for the Post-graduate Program in Self Psychology and the Study of Subjectivity, Psychotherapy Program, Sackler School of Medicine, Tel-Aviv University; Faculty and Supervisor, Human Spirit, Psychoanalytic-Buddhist Training Program, Lod, Israel. Mann has published papers on trauma, the transformation of aggression, relations between hostile groups, and the expansion of the mind. Her book "*Beyond Blindness - On the Expansion of the Mind in Psychoanalysis*" (Hebrew) will be published later this year. She is a member of the editorial board of *Psychoanalysis, Self and Context* and a consulting editor of *Psychoanalytic Inquiry*.

**Maria Slowiaczek, PhD** is a psychologist/psychoanalyst in private practice in Amherst, MA. She is currently on the faculty of the Post Graduate Fellowship Program of the Massachusetts Institute of Psychoanalysis, and former Faculty at the Michigan Psychoanalytic Council and at the University of Michigan Psychological Clinic. She is an Associate Editor for *Psychoanalysis, Self and Context*, the Council Coordinator for the IAPSP International Council, and a member of the IAPSP Online Education Committee. She has been the Chair of the IAPSP Welcoming Committee for over 15 years.

### **References:**

MacIntosh, H. B. (submitted for publication). Trauma in the lives of psychoanalysts. Contact <u>heather.macintosh@mcgill.ca</u> for copy

- Rytöhonka, A. (2015). The psychoanalyst's mind and the realities of life: to remain a psychoanalyst during times of personal crises. *The Scandinavian Psychoanalytic Review*, *38*(1), 23-30.
- Slowiaczek, M.L. (2021) Holding on and Diving in: Reciprocity in a Therapeutic Relationship. *Psychoanalysis, Self and Context, 16* (3), 242-252.
- Stern, S. (2019). Analytic adoption of the psychically homeless. *Psychoanalysis, Self and Context*, 16(2), 24-42.

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POST PLENARY DISCUSSION GROUPS: PLENARY III Saturday, October 22, 2022 11:15am – 12:15pm

### Abstract:

The small group setting of the post-plenary discussion groups offer participants the opportunity to discuss reactions to the panels in a smaller, more intimate setting. Led by a senior clinician, conference participants will be able to ask questions to further their understanding of the content presented in the plenary programs.

### Learning objectives:

At the conclusion of this presentation, participants will be able to:

1. Describe the way the clinical couple engaged their mutual vulnerabilities during a time of shared isolation and disconnection related to the COVID 19 pandemic, and how that enhanced their relational intimacy.

- Rytöhonka, A. (2015). The psychoanalyst's mind and the realities of life: to remain a psychoanalyst during times of personal crises. *The Scandinavian Psychoanalytic Review*, *38*(1), 23-30.
- Slowiaczek, M.L. (2021) Holding on and Diving in: Reciprocity in a Therapeutic Relationship. *Psychoanalysis, Self and Context, 16* (3), 242-252.
- Stern, S. (2019). Analytic adoption of the psychically homeless. *Psychoanalysis, Self and Context*, 16(2), 24-42.

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### PLENARY IV: Living and Practicing When the World Feels Uncertain Sunday, October 23, 2022 10:00am – 12:00pm Included with virtual conference registration; CE's offered.

#### Abstract:

Though we often experience the world as uncertain, it is neither uncertain or certain and predictable. In all therapeutic issues, such as human encounters, trauma, racism, physical disease, accident and minority experience, contingency/necessity plays a significant role. This plenary will explore how, and in what form, contingency/necessity emerges in our therapeutic work? How, and in what form, is it organized around human distresses and hopes? How can we help our patients live with human tragedy and the inevitable contingencies and necessities of the human world?

#### **Presenters:**

Speakers: Jill Gentile, PhD (USA) and Koichi Togashi, PhD. L.P.(Japan) Discussant: Peter Kaufmann ,PhD (USA) Moderator: Lynne Jacobs, PhD. (USA)

### Learning objectives:

At the conclusion of this presentation, the participants will be able to:

- 1. Discuss the way in which contingency/necessity emerges in the intersubjective field;
- 2. explain how therapists can help patients cope with human tragedy created by the inevitable contingencies and necessities of the human world
- 3. identify the opportunities for a transsubjective, radically democratic imaginary and collective healing opened up by the traumatic temporalities issued by recent shared global experiences of covid, racial uprisings and BLM, the interlocking threat of global war and climate catastrophe.

#### **Presenter Bios:**

**Jill Gentile, PhD** is faculty member at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and the Institute for the Psychoanalytic Study of Subjectivity. She is an associate editor of *Psychoanalytic Dialogues* and *Studies in Gender and Sexuality*, and is on the editorial boards of *Contemporary Psychoanalysis*, *Psychoanalysis*, *Self*, and *Context*, and (formerly) the *Journal of the American Psychoanalytic*  Association (JAPA);. She was awarded the 2017 Gradiva Award for her essay, "What is special about speech?" and a Gradiva nomination and the 2020 JAPA award for her essay, Time May Change Us: The strange temporalities, novel paradoxes, and democratic imaginaries of a pandemic." Her book *Feminine Law: Freud, Free Speech, and the Voice of Desire,* with Michael Macrone (Karnac, 2016) explores psychoanalysis as a praxis of emancipatory democracy through the lenses of freedom of speech and the feminine.

Jill's public essays have been featured in the *Huffington Post*, the New School's *Public Seminar*, and the Los Angeles Review of Books' *Philosophical Salon*, and she has also served as a consultant to the Emmy nominated film *The Tale* (HBO, 2018). She maintains a clinical practice in New York, where she sees individuals and couples and leads private study groups.

**Koichi Tagashi, Ph.D., L.P.**, is a certified clinical psychologist and a licensed psychologist in Japan; a licensed psychoanalyst in the State of New York; and a certified psychoanalyst at the National Association for Advancement of Psychoanalysis (NAAP), New York. He is a member of the faculty, and training & supervising analyst at the Training and Research in Intersubjective Self Psychology Foundation (TRISP), a professor and clinical supervisor at Konan University, Kobe, Japan. He is a member of the Council of the International Association of Psychoanalytic Self Psychology, and an international editor of *Psychoanalysis, Self and Context*, and the editor of *Psychoanalytic Inquiry*. He is also a member of the Executive Board of the Japan Psycho-Analytical Association, and an editor of *The Japanese Journal of Psycho-Analysis*. He has published numerous books and articles in Intersubjectivity, Relational Psychoanalysis and Contemporary Self Psychology in the US, Japan, and Taiwan. He is the 2020 Gradiva Award Winner in Best Book Category by NAAP for his book, "*The Psychoanalytic Zero: A Decolonizing Study of Therapeutic Dialogues*" and he received the 2022 Publication Prize by Japan Psychoanalytic Association.

**Peter Kaufmann, PhD** is faculty and supervisor at IPSS and NIP and co-coordinator of the IPSS four -year program. He has a particular interest in comparative psychoanalysis and in efforts to integrate the clinical approaches and sensibilities represented by different theoretical perspectives. He also has published several papers including "The Guilt of Tragic Man", "Working with Men Who Please Too Much", and "On Transforming the Reparative Quest" that reflect his additional interest in the topics of mourning and pathological accommodation. Along with Jenny Kaufmann, he has written recent papers, "Emerging from the Shadows of Parental Narcissism", "We have Met the Enemy and It Is Us" and "A Battle Cry for Our Moment: Revisiting the Two Analyses of Mr. Z"., that explore the clinical issues and process involved in working with the effects of traumatic narcissism. Recently too, "A Battle Cry" and a memoir article, "COVID Memorial Day Resolve", have been published in *Psychoanalysis, Self and Context*.

### **References:**

Frosh, S. (2021). Psychoanalysis in the Wake. *Psychoanalysis, Culture, and Society*, 4: 414-432.

- Gentile, J. (2020). Time may change us: The strange temporalities, novel paradoxes, and democratic imaginaries of a pandemic. *Journal of the American Psychoanalytic Association, 68* (4), 649-669.
- Gentile, J. (2016). *Feminine Law: Freud, Free Speech, and the Voice of Desire*, with M. Macrone (London: Karnac).
- Togashi, K. (2020). *The Psychoanalytic Zero: A Decolonizing Study of Therapeutic Dialogues*. London: Routledge.
- Togashi, K. & Kottler, A. (2015). *Kohut's Twinship Across Cultures: The Psychology of Being Human.* London: Routledge.
- Togashi, K. (2020). Trauma, Contingency, and The Psychoanalytic Zero. *Psychoanalysis, Self and Context*, 15(4), 363-370.