

Workshop: Introduction to the Theory and Clinical Practice of Self Psychology

Saturday, September 17th, 2022
11:00am – 2:00pm

Learning Objectives: The conference is organized to facilitate maximum opportunity for questions, comments and dialogue between the audience and the presenters, allowing clinicians to engage in an extensive variety of topics relevant to the field of Self Psychology. At the conclusion of this conference, the participant will be able to:

1. Explain self psychology's foundational concepts.
2. Describe what a self psychologically based treatment might look like.
3. Demonstrate how self psychology helps therapists to understand their patients and themselves in treatment.

Program references:

1. Shane, E. (2018) A Relational Self Psychological Approach to the Clinical situation. *Psychoanalytic Dialogues*, 28(6), 687-695.
2. Doctors, S.R. (2020) The Selfobject Concept: The Heart of Kohut's Psychology of Health. *Psychoanalysis, Self and Context*, 15(1), 25-32.
3. Stern, J. (2015) No Place Like Home. *International Journal of Psychoanalytic Self Psychology*, 10(4), 390-397.

Presenter Bio:

Jeffrey Stern is a research and clinical graduate of the Chicago Psychoanalytic Institute where he is a supervising analyst and faculty member and past President of the Chicago Psychoanalytic Society.

Dr. Stern received his Ph.D. at the University of Chicago in English Literature, where his dissertation on Shakespeare's late romances won the Humanities Prize. He has been a lecturer in Psychiatry at Rush University and the University of Chicago's Pritzker School of Medicine, where he won the teaching award. He has also lectured at the University of Chicago in the Committee on General Studies in the Humanities.

Dr. Stern is in addition Visiting Professor of Psychoanalysis at Wuhan University in Wuhan China.

In 2017 he was the keynote speaker at the annual meeting of the International Association for Psychoanalytic Self Psychology.

Jeffrey writes on clinical psychoanalysis, literature and film and is the associate editor of *The Annual of Psychoanalysis*. His work including papers on clinical cases, Shakespeare's *King Lear*, *The Wizard of Oz* and Alomodovar's *Women on the Verge of a Nervous Breakdown* has appeared in *Shakespeare Quarterly*, *The Journal of the American Psychoanalytic Association*, *Psychoanalysis, Self and Context*, and *The Annual of Psychoanalysis*, among others. A volume of his papers from Routledge is scheduled for publication next year. He maintains a private practice in Chicago and throughout the world on line.

International Association for Psychoanalytic Self Psychology (IAPSP) is approved by the American Psychological Association to sponsor continuing education for psychologists. IAPSP maintains responsibility for this program and its content. There is no known commercial support for this program.