

43rd Annual IAPSP International Conference

Finding Ourselves in Uncertain Times: Emergent Processes of Change and Transformation
October 20-23, 2022



Hosted By: International Association for
Psychoanalytic Self Psychology (IAPSP)

Co-Sponsored By: Institute of Contemporary
Psychotherapy + Psychoanalysis (ICP+P)

CONTINUING EDUCATION

This conference is intended for psychoanalysts, psychiatrists, psychologists, social workers, psychiatric nurses, marriage and family therapists, professional counselors and clinical professional counselors at all levels of experience.

PHYSICIANS: ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *25.50 (in person and 13.50 if virtual) AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: ICP+P is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content.

SOCIAL WORKERS: ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. This program is approved by the National Association of Social Workers (**Approval # 886494402-1858**) for up to 25.50 (in-person and 13.5 if virtual) continuing education contact hours. New York and Michigan do not accept National CE Approval Programs; New Jersey, Idaho, and Oregon do not recognize NASW National Approval. IAPSP is pending approval for New York Social Work continuing education.

NURSES, MFTs, AND COUNSELORS: These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn up to 25.5 (in-person and 13.5 if virtual) CE credits for attending the conference.

Attendees must sign in and sign out of EACH section of the program, to receive continuing education credit. *Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session.*

CONTINUING EDUCATION HOURS will be awarded for a maximum of 25.5 CE's based on individual attendance and type of participation:

Thursday Pre-Conference Session = 6.0 CE's -- in person only

Thursday – Sunday Main Conference Program = up to 18.5 CE's in-person.

Up to 13.5 CE's if virtual

Kohut Memorial Lecture = 1 CE

LEARNING OBJECTIVES

The conference is organized to facilitate maximum opportunity for questions, comments and dialogue between the audience and the presenters, allowing clinicians to engage in an extensive variety of topics relevant to the field of Self Psychology.

At the conclusion of this conference, the participant will be able to:

1. Describe the ways in which COVID safety lockdowns and the shift toward online video platforms has impacted our efforts to meet the mental health needs of our patients.
2. Discuss various ways of making sense of and reorganizing our approaches to clinical practice given the combined, though differing effects, of multiple forms of trauma on our patients while we as clinicians are also subjected to these traumas.
3. Discuss the impact of race, class, privilege, and social justice on the experiences of trauma that will be explored throughout the conference in the plenaries and paper sessions.
4. Describe how living and working in a world that feels uncertain impacts our efforts to help our patients live with human tragedy and with the inevitable contingencies and necessities of the human world.
5. Describe the ways in which the essential attitudes of self psychological theory and practice, empathy, compassion and curiosity in the subjective experience of the other (including explorations of race, class, privilege, and sexual and gender diversity) can promote the potential for recovery and growth in the face of diverse and widespread experiences of loss and trauma.
6. Discuss the potential transformations in the theory, practice and institutional life that might evolve in response to finding everything in our lives, and our practices, turned upside down and floating in the air.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:

All presenters and planners of this activity have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any

limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.