



44th Annual IAPSP International Conference

The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper and Additional Sessions:

There are three sessions for Paper Presentations and seven papers being presented simultaneously.

Additional sessions: Meet the Authors, Child & Adolescent Initiative Group Meeting, Couples Therapy Interest Group, Social Justice Interest Group will also have presentations.

For the paper sessions, registrants will register for one paper presentation of the seven options in each session.

For a description of the session, learning objectives, presenter bios and other details, please click on the paper's listing (ie: Paper 1-X).

Paper Sessions 1-C, 2-F & 3-B will be offered both for in-person and virtual attendees.

Paper Session 3-F will only be available via zoom and can be attended by all.

Paper Session 1: Saturday, October 21, 2:00 - 3:30pm

Paper 1-A: A Call for an Expanded Self Psychology: Incorporating Socio-Cultural-Historical Perspectives in Teaching and Clinical Practice

Presenters:

Elizabeth Carr, RN, MSN, BC &
Ruth Migler, MSW

Discussant:

Judith Aronson, PhD, LCSW

Moderator:

Adriana Couto Silva, MS, MA, LCPC

Paper 1-B: Working the Creative Edge with Alzheimer's Company

Presenter:

Jan Chess, MFT, PhD

Discussant:

Greg Kolodziejczak, PsyD

Moderator:

Gloria Barbacoff, LICSW

Paper 1-C: The Possible Profession: Joe Lichtenberg and the Restoration of the Bodily Self

Presenter:

Daniel Posner, MD

Discussant:

Judith Rustin, LCSW

Moderator:

Arthur A. Gray, PhD

Paper 1-D: The Political is Personal: "Wounds of History" in the Formation of Self

Presenter:

Simone Drichel, PhD

Discussant:

Jeffrey Stern, PhD

Moderator:

Lucy Freund, PhD

Paper 1-E: Masked Resonance

Presenters:

Jonathan Blazon-Yee, LCSW

Discussant:

Janna Sandmeyer, PhD

Moderator:

Molly Witten, PhD

Paper 1-F: CANCELLED: Unbearable Trauma, Impasse, and Mutual Analysis; Surviving Murder on the Analyst's Couch—This paper session has been canceled because Dr Atwood is unable to participate due to illness.

Presenters:

Susan Burland, PhD & George
Atwood, PhD

Discussant:

Peter Maduro, JD, PsyD, PsyD

Moderator:

Irit Felson, PhD

Paper 1-G: Psychedelics in Psychoanalysis: Problems and Promise

Presenter:

Leonard Bearne, PsyD, MFT

Discussant:

n/a

Moderator:

Carol Mayhew, PhD, PsyD

Paper Session 2: Saturday, October 21, 4:00 – 5:30pm

Paper 2-A: Working Beyond the edges: A White Therapist and a Black Client

Presenter:	Discussant:	Moderator:
Stella Kiser, LCSW	Ida Roldan, LCSW	Cynthia Sortwell, MD

Paper 2-B: Dancing with the Demons – Making Sense of Schizophrenia

Presenter:	Discussant:	Moderator:
Karen Stewart, MA	Peter Maduro, JD, PsyD, PsyD	Elizabeth Canick, MD

Paper 2-C: The Moving Edge of Creativity in Clinical Practice and in the Practice of Writing

Presenters:	Discussant:	Moderator:
Brenda Solomon, MD, Karen Martin, MA, LCSW Carol Mayhew, PhD, PsyD	Marcia Dobson, PhD	Christina Connell, RP

Paper 2-D: Struck Dumb: Dissociation and Language Games in Psychoanalysis

Presenter:	Discussant:	Moderator:
Darren Haber, PsyD, MFT	George Hagman, LCSW	Susanna Federici-Nebbiosi, PhD

Paper 2-E: Hide and Seek: Writing Fiction as a Way of Finding Hidden Selves

Presenter:	Discussant:	Moderator:
Amanda Kottler, MA	Joye Weisel-Barth, PhD, PsyD	Eldad Iddan, MA

Paper 2-F: Freedom, Creativity and Self Ownership: An Emergence Theory of Free Will

Presenter:	Discussant:	Moderator:
William Coburn, PhD, PsyD	Samuel Guzzardi, MSW	Elizabeth Feldman, PhD

Paper 2-G: Complexity and the Body – How Individual Neurodevelopmental Differences Shape Intersubjective Process and the Meaning of Self Cohesion

Presenter:	Discussant:	Moderator:
Christina Peters, PhD	Amy Eldridge, PhD	Alison Fellowes Comly, LICSW

Paper Session 3: Sunday, October 22, 8:00 – 9:30am

Paper 3-A: Self Psychology and the Self in History

Presenters:	Moderator:
James Block, PhD, Charles Strozier, PhD, David Terman, MD	n/a

Paper 3-B: Rabbits and Hares are Alike and Different: Psychoanalytic Systems Contextualized

Presenter:	Discussant:	Moderator:
Elaina Vasserman-Stokes, PhD	Gita Zarnegar, PhD, PsyD	Laura D'Angelo, M.Div, LP

Paper 3-C: Students & Candidates Session: Reverie – A Creative Edge of Two Minds

Presenter:	Discussant:	Moderator:
Brandon Beeler, PsyD	Karen Bloomberg, PhD	Shaké Topalian, RN

Paper 3-D: When the Play Stops: Transformations in Child Treatment

Presenter:	Discussant:	Moderator:
Amy Joelson, LCSW	Gianni Nebbiosi, PhD	Rosalind Kindler, MFA

Paper 3-E: Art and Sexuality in Psychoanalysis

Presenters:	Discussant:	Moderator:
David Schreiber, MFT, PsyD & Stacy Berlin, PsyD, PsyD	Paolo Stramba Badiale, PhD	Anna Stothart, PsyD, LMHC

Paper 3-F: Is Healing Possible in Such a Context: Mourning and Aggression: The Shadow of the Never Commemorated

Presenters:	Discussant:	Moderator:
R. Neslihan Ruganci, PhD, İrem Yıldız, MD, Banu Bülbül, MA & Gökçe Silsüpür, MD	Penelope Starr-Karlin, PsyD, MFT	Allen Siegel, MD

Paper 3-G: Beyond Private Practice: Psychoanalytically – Informed Work in Community Settings

Presenters:	Moderator:
Heather MacIntosh, PhD, C. Psych., Michelle McMartin, LCSW, Erica Young, MA	Paula Christian Kliger, PhD

Additional Sessions:

Thursday, October 19, 2023 4:15 – 5:15pm

Meet the Authors:

Presenters and Books:

Doris Brothers, PhD & Jon Sletvold, PsyD: *A New Vision of Psychoanalytic Theory, Practice and Supervision: Talking Bodies*

Marcia Dobson, PhD: *Metamorphoses of Psyche in Psychoanalysis and Ancient Greek Thought: From Mourning to Creativity*

Arthur Nielsen, MD: *Interactive Couple Therapy in Action: A Practical Guide for Handling Common Relationship Problems and Crises*

Ingrid Pedroni, PhD: *Clinical Journeys in Contemporary Psychoanalysis and Psychotherapy*

Friday, October 20, 2023 12:00 – 1:15pm

Child and Adolescent Group Initiative: How Old Are We Really? The Role of Play in Cultivating a Leading Edge Transference

Presenter:	Discussant:	Moderator:
Ashley Leeds, LCSW	Amy Eldridge, PhD	Erica Young, MA

Friday, October 20, 2023 12:00 – 1:15pm

Couples Therapy Interest Group: A Self Psychologically Informed Couples Treatment

Presenter:	Moderator:
Arthur Nielsen, MD	David Shaddock, PhD

Friday, October 20, 2023 12:00 – 1:15pm

Social Justice Interest Group: “Climate Café”

Co-Chairs: Margy Sperry, PsyD, MFT & Judith Aronson, PhD, LCSW



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Paper Session 1-A: A Call for an Expanded Self Psychology: Incorporating Socio-Cultural-Historical Perspectives in Teaching and Clinical Practice

Presenters: **Elizabeth Carr, RN, MSN, BC & Ruth Migler, MSW**

Discussant: **Judith Aronson, PhD, LCSW**

Moderator: **Adriana Couto Silva, MS, MA, LCPC**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

We are living in a moment in which psychoanalysis is finally recognizing the foundational nature of the relevance of the broad socio-cultural-historical turn in both its thinking, its teaching, and its clinical practice. An emphasis on including a socio-cultural perspective has gained traction in response to the acknowledgement of the profound impact of historical and lived trauma on a person's mental health and development. Historical and lived trauma reach beyond the traditional focus on family to include societal problems such as toxic, pathologic, and systemic racism, the discrimination and othering of members of the LGBTQ community, and the intergenerational trauma of immigration. Incorporating the need to incorporate socio-cultural perspectives in psychoanalysis demands the field change in fundamental ways to achieve an inclusionary and equity posture that reflects and welcomes the diverse world in which we live. In meeting this call for action, we are working to educate ourselves and our trainees (a diverse group with multiple identities, both minority and majority) to the principles and practices of an expanded self psychology while demonstrating their efficacy toward promoting transformation and growth.

In this paper, we share our continuous journey to incorporate racial, socio-cultural, and historical perspectives in our teaching and clinical activities as contemporary self psychologists. While we primarily focus on our teaching activities, we believe its message will be of interest to all clinicians.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe essential aspects of an expanded self psychology that incorporates socio-cultural-historical perspectives.
2. Identify and gain access to important authors that expand Kohut's foundational ideas about the selfobject cultural surround.
3. Describe teaching and clinical approaches that support equity and inclusion.

Presenter Bios:

Elizabeth M Carr is an Advanced Practice Registered Nurse and Psychoanalyst. She is Director Emeritus and a Founding Member of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) in Washington, DC where she is a training and supervising analyst and a faculty member. She is Co-Chair of Psychoanalytic Training at ICP+P. She serves on the Executive Board of IAPSP and Chairs, the Teaching Interest Group. She is an Associate Editor of *Psychoanalytic Inquiry*.

Ruth Migler is a graduate of the ICP+P Psychoanalytic Training program and is on the faculty for Psychoanalytic Training and the Contemporary Approaches to Psychodynamic Psychotherapy Training programs. She is Co-Director Emeritus at ICP+P and serves on the Board of Directors. She has a private practice serving adolescents and adults in Maryland and the District of Columbia.

Judith Aronson, PhD, LCSW is the co-chair of the IAPSP Committee for Social Justice and in that role co-facilitated the creation of the IAPSP Diversity, Equity and Inclusion Statement. She has a private practice in Evanston, IL. In addition, she is on the faculty of the Institute for Clinical Social Work in Chicago, Illinois where she teaches, serves as a theory mentor, student advisor, consultant and on dissertation committees.

References:

Leary, K. (2014), Adaptive challenges in the consulting room: A discussion of Sue Grand's "skin memories: on race, love and loss." *Psychoanalysis, Culture, and Society*, 19(3),250-254.

Stoute, B. (2021), Black Rage: The psychic adaptation to the trauma of oppression. *Journal of the American Psychoanalytic Association*, 69, 259 - 290.

Tummala-Narra, P. (2022), Can We Decolonize Psychoanalytic Theory and Practice? *Psychoanalytic Dialogues*, 32(3),217-234.



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Paper Session 1-B: Working the Creative Edge with Alzheimer's Company

Presenter: **Jan Chess, MFT, PhD**

Discussant: **Greg Kolodziejczak, PsyD, PhD**

Moderator: **Gloria Barbacoff, LICSW**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

If we are fortunate we get to wrestle and struggle with the vicissitudes of our later years. For some of us that will include being diagnosed with Alzheimer's or some other form of dementia. A psychoanalytic approach for this population is an essential lack that begs to be filled. This presentation explores the benefits psychoanalysis, with its unique invitation to intimate relationship can offer a patient with Alzheimer's. I will demonstrate how a combination of creative associational thinking from the analyst's perspective when paired with Expressive Art therapy techniques yields therapeutic gains for the patient. The interweaving of language threaded with an appreciation for the nonverbal, implicit, and nonrepresentational creates a rich tapestry for communication. The gains for the patient include the abatement of existential loneliness, moments of insight, self-awareness, and the use of the analytic relationship to enhance emotional connection to herself and others.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. List three ways to utilize creative techniques in treating dementia
2. Describe three common countertransference dynamics that can occur when confronting issues of dementia and loss
3. Explain three ways that nonverbal states such as somatic awareness, meditation and music can stimulate affect and cognition and result in greater current day satisfaction.

Presenter Bios:

Jan Chess: Association whether it springs from either right or left brain activity has been a fascinating process that has informed both my personal and professional life. As an Expressive Arts Therapist I have used art, movement and music as the vocabulary for communication and understanding. While the arts remained an active underground current in the early and mid years of my career, I came to specialize in trauma treatment. The discovery of Kohut's theory of Self-Psychology awoke me to the potential of psychoanalysis. When my children were grown I stepped boldly into the adventure of Candidacy and completed my training in psychoanalysis in 2022. I now relish my career as a psychoanalyst, instructor and creative writer in the service of my own growth and as an offering to others.

Greg Kolodziejczak is a clinical psychologist in private practice in Cambridge, Massachusetts, specializing in the treatment of BPD, as well as the integration of psychology and the spiritual life. He received his PsyD from Divine Mercy University in 2006, having previously received an MA in theology from Catholic University of America and a PhD in ocean engineering from MIT. Although he finds his home in Psychoanalytic Self Psychology, his background also includes training in DBT, Mindfulness, Emotionally Focused Therapy, Mentalization Based Treatment, Internal Family Systems, Bowen Family Systems Theory, and neurobiology. Prior to studying psychology, he was engaged in various forms of ministerial service, including hospital ministry, youth ministry, hospice care, providing psycho-social support to inmates in prison, and providing material and emotional support to children on the streets in DC. On the lighter side, he's enjoyed being a Massachusetts Big Brother for over 15 years, and several years of competitive ballroom dance.

References:

Schore, A. (2011). The right brain implicit self lies at the core of psychoanalysis. *Psychoanalytic Dialogues* Vol 21 75-100.

Ogden, T.H. (2014) Fear of breakdown and the unlive d life. *International Journal of Psychoanalysis* 95(2)205-223.

Goldberg P. (2018) Discovering the living world: discussion of "life on her own terms: a story of reclamation", *Psychoanalytic Dialogues*. 28(6), 711-718.

Richard, A., Brothers, D. (2020). When "old ladies" meet: on being seen and heard in a lonely world. *Psychoanalytic Inquiry* 40(3)189-196.



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Paper Session 1-C: The Possible Profession: Joe Lichtenberg and the Restoration of the Bodily Self

Presenter: **Daniel Posner, MD**

Discussant: **Judith Rustin, LCSW**

Moderator: **Arthur A. Gray, PhD, CGP**

Saturday, October 21, 2:00 – 3:30pm

This paper session is being live-streamed via Zoom. In person registrants will attend in the meeting space and virtual registrants will attend via Zoom.

Abstract:

Beginning with “The Psychoanalytic Situation and Infancy, I consider Joe Lichtenberg’s legacy of creating an experience-near holistic psychology of the self in terms of a larger attempt to make psychoanalysis a more possible profession. By grounding developmental theory in an empirical-phenomenological science of subjectivity, Lichtenberg not only helped give self psychology a more “clinically relevant baby” (Stern, 1994)—he also widened the scope of analytic theory to include both the non-dynamic unconscious and the bodily subject, which Freud (1923/1955) had abandoned in his search for a purely psychological science of subjectivity. In this sense, “The Psychoanalytic Situation and Infancy” represents the first major installment in Lichtenberg’s decades-long project toward what we might call, the restoration of the *bodily* self. Furthermore, by freeing psychoanalysis from its pathomorphic developmental theory—which construed adult psychopathology in disembodied terms, as evidence of the fragmented, conflicted nature of infant experience—Lichtenberg helped catalyze an “enactive” turn in psychoanalysis, opening the way for re-conceptualizing mental pathology in adaptive terms as “varieties of self-disorder” (Sass, 2018)—ensuring psychoanalysis’ relevance to the understanding and treatment of conditions long considered outside of its purview.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe 3 key aspects of Lichtenberg’s early synthesis of infancy research.
2. Explain how Lichtenberg’s role as an integrationist revises Kohut’s structural model of the self.
3. Identify 2 differences the enactive/bodily self and the Freudian ego.

Presenter Bios:

Daniel Posner is Assistant Clinical Professor of Psychiatry at Icahn School of Medicine at Mount Sinai. He completed residency training at Beth Israel Medical Center and a fellowship training in public psychiatry at NY State Psychiatric Institute and was appointed to the faculty as Assistant Professor of Clinical Psychiatry (2008- 11) at Columbia College of Physicians and Surgeons and then, after departing for full-time private practice, Assistant Clinical Professor of Psychiatry (2011-) at Icahn School of Medicine @

Mount Sinai. Dr. Posner's clinical expertise has revolved around psychodynamic treatment of substance abuse and young adult mental health. His research has focused on embodied approaches to understanding and treating neurodevelopmental disorders. He has published on this research in the *Journal of Autism and Developmental Disorders*, in *Psychoanalysis, Self and Context* and in *Psychoanalytic Inquiry* here he has edited a two-volume issue on "The Interpersonal World of the Autistic Infant." He now serves as an associate editor at *Psychoanalytic Inquiry* where he is also the co-founder and co-host with Daniel Goldin of "The Conversation" the podcast of *Psychoanalytic Inquiry*.

Judith Rustin, LCSW, is Faculty and Supervisor at The Institute for the Psychoanalytic Study of Subjectivity in New York City. She has authored papers and spoken nationally and internationally on the integration of Intersubjectivity Theory with Infant Research and Neuroscience. She is author of Infant Research and Neuroscience at Work in Psychotherapy: Expanding the Clinical Repertoire, published in 2013 by W.W. Norton and Co. and Co-author with B. Beebe, S. Knoblauch and D. Sorter (2005) of Forms of Intersubjectivity in Infant Research and Adult Treatment. Other Press, New York, New York. Her current interest includes finding ways to integrate a social justice component with psychoanalysis and psychotherapy. Judith is in Private Practice in New York City.

References:

Trevarthen, C., & Delafield-Butt, J. T. (2013). Autism as a developmental disorder in intentional movement and affective engagement. *Frontiers in Integrative Neuroscience*, 7, Article 49.

Fuchs, T. (2015). Pathologies of Intersubjectivity in Autism and Schizophrenia. *Journal of Consciousness Studies* 22 (1-2):191-214.

Fogel, A (2020). Three States of Embodied Self-Awareness in *Rosen Method Bodywork*: Part 1: Practitioner Observations of their Clients. *Rosen Method International Journal*, 13, 4-36.



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Paper Session 1-D: The Political is Personal: “Wounds of History” in the Formation of Self

Presenter: **Simone Drichel, PhD**

Discussant: **Jeffrey Stern, PhD**

Moderator: **Lucy Freund, PhD**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

The fact that “the sociopolitical” strikes such a chord of unease within self psychology may indirectly point to an as-yet under-realised potential for growth and creative transformation that could come from a fuller exploration of the intricate intersection between the two fields in the formation of self. Focusing on a literary “case study” (Celeste Ng’s 2014 novel *Everything I Never Told You*), the paper traces the ways in the political can become deeply personal, focusing particularly on the profound inner-psychic damage that violent social forces and formations can inflict on an emergent sense of self.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Define psychosocial studies
2. Describe the chiasmic feedback loop between the social and the psychic in the formation of self
3. Explain the psychic mechanism for the transgenerational transmission of trauma

Presenter Bios:

Dr Simone Drichel teaches in the Department of English & Linguistics at the University of Otago, New Zealand. A cross-disciplinary researcher, her current work traverses the fields of continental philosophy and relational psychoanalysis to address the widespread erosion of ethical responsiveness in the contemporary global political situation. Her work has appeared in a broad range of journals (*American Imago*; *Levinas Studies*; *Modern Fiction Studies*; *Philosophy & Social Criticism*; *Psychoanalysis, Self & Context*; *Textual Practice*), and she is the editor of two recent special issues: “Vulnerability” (*SubStance* 42,3) and “Relationality” (*Angelaki* 24,3).

Jeffrey Stern, PhD is a research and clinical graduate of the Chicago Psychoanalytic Institute where he is a supervising analyst and faculty member and past President of the Chicago Psychoanalytic Society. Dr. Stern received his PhD at the University of Chicago in English Literature, where his dissertation on Shakespeare's late romances won the Humanities Prize. He has been a lecturer in Psychiatry at Rush University and the University of Chicago's Pritzker School of Medicine, where he won the teaching award. He has also lectured at the University of Chicago in the Committee on General Studies in the Humanities. Dr. Stern is in addition Visiting Professor of Psychoanalysis at Wuhan University in Wuhan.

China. In 2017 he was the keynote speaker at the annual meeting of the International Association for Psychoanalytic Self Psychology.

Dr. Stern writes on clinical psychoanalysis, literature and film and is the associate editor of *The Annual of Psychoanalysis*. His work including papers on clinical cases, Shakespeare's *King Lear*, *The Wizard of Oz* and Almodovar's *Women on the Verge of a Nervous Breakdown* has appeared in *Shakespeare Quarterly*, *The Journal of the American Psychoanalytic Association*, *Psychoanalysis, Self and Context*, and *The Annual of Psychoanalysis*, among others. A volume of his papers from Routledge is scheduled for publication next year. He maintains a private practice in Chicago and throughout the world on line.

References:

Salberg, J. (2015). The texture of traumatic attachment: Presence and ghostly absence in transgenerational transmission. *Psychoanalytic Quarterly*, 84(1), 21–46.

Frosh, S. (2019). Postmemory. *The American Journal of Psychoanalysis*, 79(2), 156-173.

Stern, S. (2019). Airless Worlds: The Traumatic Sequelae of Identification with Parental Negation. *Psychoanalytic Dialogues* 29(4), 435–450.



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Paper Session 1-E: Masked Resonance

Presenters: **Jonathan Blazon-Yee, MFA, LCSW**

Discussant: **Janna Sandmeyer, PhD**

Moderator: **Molly Witten, PhD, MA**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

Jonathan Blazon Yee, an Asian American analyst, offers a chronicling of his work with an Asian patient that culminates in its sudden interruption by the Covid-19 pandemic, provoking a dramatic and spontaneous act of creativity that *unmasks* an essential misalignment and shakes the pair into a long-absent connection. Organizing the formulation of this treatment from within the tensions arising at the intersection of racial groupings and family bonds, improvisation and enactment, intimacy and alienation—each being constituent parts of a relational whole—leads Blazon Yee toward the internal resolution of a treatment truncated by global catastrophe. Working to align his experience as a mixed-race American within the experiential framework of his mono-cultured analytic partner, distinctions become the pathway to synthesis as each of the analytic partners contends with intra-psychic, interpersonal, and inter-cultural estrangements, in a moment of meeting that is more than simply an ending.

Learning Objectives:

At the conclusion of the presentation, the participants will be able to:

1. Identify certain psychosocial issues pertinent to Asian, Asian American, and mixed-raced patients.
2. Interrogate the construction of their own sociocultural subjectivity and how it influences counter/transference reactions in a therapeutic dyad.
3. Recognize and examine clinical issues that can arise from under- or over-identification with patients.
4. Examine the role of creativity and improvisation in analytic treatment, especially in dyads mired by paralysis or unseen enactments.
5. Explore concepts of attunement, rhythmicity, and recognition of specificity in the search for needed therapeutic relationships.

Presenter Bios:

Jonathan Blazon Yee, MFA, LCSW, is a graduate and faculty member of the National Institute for the Psychotherapies (NIP). Jonathan is currently the co-director of NIP's One-Year Evening program and was recently elected to the institute's Board of Directors. In addition, he has recently joined the teaching

faculty of the National Psychological Association for Psychoanalysis (NPAP). Jonathan received his MSW from New York University following a career in fine arts, teaching, and education management. He operates a private practice in New York City that engages in experiences of immigration and cultural integration, particularly within the Asian American community.

Janna Sandmeyer, Ph.D. is faculty and supervisor at the Washington School of Psychiatry and The Institute for Contemporary Psychotherapy and Psychoanalysis (ICP+P) in Washington, DC; Founding Chair of the Contemporary Approaches to Psychodynamic Psychotherapy program and the Sexual Diversity Task Force at ICP+P; On the editorial boards of *Psychoanalytic Inquiry* and *Psychoanalysis, Self and Context*, and on the Council of the International Association of Psychoanalytic Self Psychology. Dr. Sandmeyer was the winner of the 2018 Ralph Roughton Award from the Committee on Gender and Sexuality of the American Psychoanalytic Association. She is in private practice in Washington, DC.

References:

Alvarez, A. (2021) The Therapist's Voice: Discussion of "Expressivity and Transformation through Language in Work with Serious Disorder". *Psychoanalytic Dialogues* 31(6), 664-667.

Bass, A. (2021) Unmasked: Personal Transformations, Frame Alterations, and Making the Conscious Unconscious During the Traumatic Times of the COVID and Other Plagues. *Psychoanalytic Perspectives* 18(3), 347-357.

Knoblauch, S. H. (2020) Fanon's Vision of Embodied Racism for Psychoanalytic Theory and Practice. *Psychoanalytic Dialogues* 30(3), 299-316.

Shah, D. (2022) When Racialized Ghosts Refuse to Become Ancestors: Tasting Loewald's "Blood of Recognition" in Racial Melancholia and Mixed-Race Identities. *Psychoanalytic Dialogues* 32(6), 584-597.



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CANCELLED: Paper Session 1-F: Unbearable Trauma, Impasse, and Mutual Analysis; Surviving Murder on the Analyst's Couch

This paper session has been canceled because Dr Atwood is unable to participate due to illness.

Presenters: **Susan Burland, PhD & George Atwood, PhD**

Discussant: **Peter Maduro, J.D., Psy.D., Psy.D.**

Moderator: **Irit Felson, PhD**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

This panel will explore a challenging impasse that developed in the panelists' therapeutic work together and the parallels between their clinical journey and the one that took place between Elizabeth Severn and Sandor Ferenczi almost a century ago. It is the view of the panelists that such impasses are often not recognized as such by the therapists. They occur pervasively in our field, rooted in the continuing unconscious demand for idealization of the therapist and an associated disavowal of the analyst's vulnerability, both originating from Freud.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the elements of the conceptualization of trauma
2. Discuss aspects of Freud's authoritarianism and their impact on psychoanalysis
3. Utilize the discussion of Severn's dream theory in their clinical practice

Presenter Bios:

Susan Burland was awarded her Ph.D. in Clinical Psychology from the University of Waterloo, Waterloo, Ontario, Canada in 1985. She began her American psychoanalytic training at Northwestern University Medical School, where she completed both her internship and fellowship years. Dr. Burland also completed a two-year Certificate program at the Family Institute of Chicago in Psychoanalytic Family Therapy in 1990. She also completed Level II in Sensorimotor Psychotherapy in 2017. Currently, Dr. Burland is Associate Clinical Faculty at the Chicago Center for Psychoanalysis and Psychotherapy where she graduated with a Certificate in Psychoanalysis in 2018. Dr. Burland is on the board of the International Forum for Psychoanalytic Education, co-facilitating their Racism and Social Responsibility Discussion-Activism Group. She has a private practice in Chicago in psychoanalysis and psychotherapy with a special interest in early trauma, parent-focused child therapy, family therapy, parent-infant attachment, and the myriad ways the body expresses our feelings, and the history of psychoanalysis.

George Atwood is a licensed clinical psychologist in Providence Rhode Island and also Professor of Psychology (Emeritus) at Rutgers University. He received his PhD in psychology in 1969 from the University of Oregon and followed up with a postdoctoral fellowship in clinical psychology from 1969 to 1971 at

Western Missouri Mental Health Center. Since then he has maintained a private practice in psychology in New Jersey and Rhode Island, he also has been on the faculty in psychology at Rutgers University from 1971 to present. He retired from teaching in 2012 but continues to maintain a private practice. He has written or coauthored many books, including most importantly *The Abyss of Madness* and *Faces in a Cloud* (coauthored with Robert Stolorow).

Peter N. Maduro, J.D., Psy.D., Psy.D. is a clinical and forensic psychologist and psychoanalyst with a private practice in Santa Monica, CA. He is a Faculty Member and Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in West Los Angeles.

References:

Bass, A. (2015) The dialogue of unconsciousnesses, mutual analysis and the uses of self in contemporary relational psychoanalysis. *Psychoanalytic Dialogues*, 25(1), 2-17.

Fortune, C. (2015). Thwarting the psychoanalytic detectives: defending the Severn legacy. *American Journal of Psychoanalysis*, 75(1), 19-28.

Stern, Steven (2019) Airless Worlds: The traumatic sequelae of identification with parental negation. *Psychoanalytic Dialogues*, 29(4), 435-450.



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Paper Session 1-G: Psychedelics in Psychoanalysis: Problems and Promise

Presenter: **Leonard Bearne, PsyD**

Discussant and Interlocutor: **Carol Mayhew, PsyD, PhD**

Saturday, October 21, 2:00 – 3:30pm

Abstract:

Almost 130 thirty years ago, with the publication of *Studies on Hysteria*, Sigmund Freud initiated a revolution in Euro-American society. That revolution came to be known as Psychoanalysis and it was both a method of exploration and a mode of treatment. This paper concerns the history and development of an entirely different mode of exploration and treatment – the use of psychedelics and empathogens – which are now being studied experimentally and which will, most likely within 5 years time, be made available for use in clinical settings.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe how the perceptual effects of psychedelics relate to their clinical mechanism.
2. Explain how the perceptual disruptions by psychedelics deconstruct the understandings that determine our sense of ego and ego boundaries.
3. Discuss how 21st century psychedelic science continues to think in terms identified by Huxley, Leary and Freud.
4. Distinguish between psychedelics and empathogens as regards their uses in analytic treatment.

Presenter Bios:

Dr. Leonard Bearne is a senior analyst and a training and supervising analyst at ICP-LA where he is also a core faculty instructor. In addition to his 25 years as a psychoanalyst he has been involved in the study of psychedelics since his first personal experience with these substances 55 years ago. For the past several years he has served as a mentor in the Psychedelic Therapy Training Program (CPTR) for the California Institute of Integral Studies (CIIS) in San Francisco.

Carol Mayhew, Ph.D., Psy.D., is a psychologist and psychoanalyst in private practice in Los Angeles, California. She received her psychoanalytic training at the Institute of Contemporary Psychoanalysis in Los Angeles, where she is past-president of the Institute, as well as a training and supervising analyst and faculty member.

References:

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44th Annual IAPSP International Conference

The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 2-A: Working Beyond the Edges: A White Therapist and a Black Client

Presenters: **Stella Kiser, LCSW**

Discussant: **Ida Roldán, LCSW**

Moderator: **Cynthia Sortwell, MD**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

In this paper I discuss my experience as a White therapist working with a client who identifies as Biracial and Black. I describe some of the anxieties and complexities that arose during the treatment and explore my journey to understand and manage my countertransference to create a deeper empathic connection with the client. I discuss how my own history created blind spots which threatened my ability to remain empathically immersed in the client's experience. I describe the process we engaged in to work through those blind spots to create a space for deeper knowing. I illuminate my idea that attending to race as an inexorably intertwined aspect of a client's identity and experience is critical to fostering a fuller and more complete understanding of the client's reality.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the ways our socio/cultural/political histories can block us from knowing the lived experiences and realities of others, particularly those of another race.
2. Discuss the transformative power of a white therapist acknowledging "misrecognitions" around race in the treatment of a black client.
3. Identify 3 ways the concept of "clinical humility" can prevent empathic lapses in treatment.

Presenter Bios:

Stella Kiser is an LCSW in private practice in Evanston, IL. She treats both individuals and couples. Before becoming a psychotherapist, Stella practiced law as a commercial litigation attorney at a premier law firm in Chicago. She also built a commercial real estate company with her husband, where Stella continues to serve as General Counsel and business strategist. Stella chose to pursue a career as a psychotherapist after representing teens in juvenile criminal court as a volunteer attorney.

Ida Roldán, is a licensed clinical social worker and psychoanalyst. She is Interim Academic Dean at the Institute for Clinical Social Work in Chicago. Dr. Roldán received her doctorate in philosophy in clinical social work from the Institute for Clinical Social Work, a master's in social work from the University of Illinois in Chicago, and is a graduate of the National Training Program for Contemporary Psychoanalysis in New York. She has held numerous professional positions including faculty at the Institute for Clinical Social Work, Associate Director of Fillmore Center for Human Services, Therapist and Clinical Supervisor at Scholarship and Guidance Association, Clinical Consultant at Casa Central, Pedro Albizu Campos Alternative High School, Cathedral Counseling, BUILD and RUSH Medical Center. Dr. Roldán has published

in the areas of HIV/AIDS, and mentoring in qualitative research. She has presented in national and international conferences on topics of colonization, immigration, and the impact of the social/political on oppressed populations.

References

Orange, D.M. (2017). From fallibilism to clinical humility: Brothers and Corpt on the feminine and the maternal. *Psychoanalytic Inquiry*, 37(6), 425-428.

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 2-B: Dancing with the Demons – making sense of schizophrenia

Presenter: **Karen Stewart, MA**

Discussant: **Lorraine Cates, PhD**

Moderator: **Elizabeth Canick, PsyD**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

This paper explores the empathic nuances of the therapeutic process with a person experiencing ongoing psychosis associated with a diagnosis of schizophrenia, and with a history of severe relational trauma. This case study emerged from work within a framework of somatic psychodynamic Self Psychologically-oriented psychotherapy. Incorporating the Self Psychological principles of working with the therapist's and client's Forward Edge, utilising Experience Near empathic attunement, and the Somatic Psychotherapy essential of Kinaesthetic Conversation were essential elements for the ongoing integration of the client's self. This work demonstrates the development of a nuanced understanding of pathological accommodation with its internal self-organising dynamics as well as offers examples of Forward Edge movement with a psychiatric presentation.

Interweaving vignettes from the two year therapy (to date) with the subjective and intersubjective somatically animated experiencing of the therapist, the puzzle of how to work with all parts of the client unfolds gently and carefully. This paper outlines how connections were made between the two participants, in a clinical sense and within the client, creating a sense-making structure within the nuclear self experience of the client. Real life clinical experiences of what Somatic Psychotherapy, undertaken within a relational, intersubjective psychodynamic process, looks and feels like are in short supply. The presentation of this case hopes to remedy that by demonstrating the bodymind integration required to work this way.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe how the forward edge within the therapeutic encounters is demonstrated in the case study.
2. Explain the purpose of the internal psychological structure of Annie's demons with regard to her internal organizing principles, and how this relates to the concept of pathological accommodation.
3. Identify 2 key principles of working therapeutically with people experiencing psychosis

Presenter Bios:

Karen Stewart is a middle-aged white woman living and working on Ngunnawal and Ngambri land in Canberra, Australia. Karen was raised by a military father and a nursing mother, living in many different places during her upbringing. Karen has a private practice and works primarily in a psychodynamic psychotherapeutic way. Karen's professional background includes working with people of all abilities who have experienced trauma and mental ill health, with offenders in the justice system, people in crisis due to family violence, and as an individual and couples therapist. Her work is infused with a somatic orientation and informed by self psychology and affect theory.

Lorraine Cates, PhD is a contemporary practicing psychoanalyst, organizational consultant, and former adjunct professor at Columbia University. She is a founding and faculty member of Association of Psychoanalytic Self Psychology, and is a training and supervising analyst for NPAP (National Psychological Association of Psychoanalysis) in New York City. Her journal articles published in *Psychoanalysis Self and Context* (formerly *IJPSP*): "Silencing of Sadness (2018). Insidious Emotional Trauma (2014) and Nonverbal Affective Experience Revisited (2011) focus on the importance of transforming bodily emotional experience into relational meaning. Presently in contract with Routledge of London, she is completing a book on Traumatic Shame. She received a PhD in 2008 from Columbia University. In her former life, she trained and performed as an actor. Dr. Cates maintains a private practice in Manhattan.

References:

Cates, L. (2014). Insidious Emotional Trauma: The Body Remembers ...1. *International Journal of Psychoanalytic Self Psychology*, 9(1), 35-53.

Doctors, S.R. (2017). Brandchaft's Pathological Accommodation - What It Is and What It Isn't. *Psychoanalysis, Self and Context*, 12(1), 45-59.

Geist, R. A. (2021). From Theory-Centered to Patient-Centered Treatment: How Kohut's Attitudes Impact Contemporary Therapeutic Work, *Psychoanalytic Inquiry*, 41(3), 174-186.



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The Creative Edge(s) of Contemporary Self Psychology

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Paper Session 2-C: The Moving Edge of Creativity in Clinical Practice and in the Practice of Writing

Presenters: **Brenda Solomon, MD, Karen Martin, MA, LCSW, Carol Mayhew, PsyD, PhD**

Discussant: **Marcia Dobson, PhD**

Moderator: **Christina Connell, RP**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

Three papers presented will demonstrate creative edges in contemporary Self Psychology practice. All three authors will demonstrate how discoveries in their clinical writing alerted them to issues not previously recognized. These discoveries were about both their analysands as well as insights about themselves. Spontaneous enactments often occur in treatment that go beyond the usual frame. When writing about these moments, the analyst came to appreciate her theoretical underpinnings and how they've changed over time. Three cases will be briefly presented to illustrate both the analyst's creativity and how clinical writing allowed the analyst to formulate what had previously been unformulated.

Papers:

Finding Me in Others and Others in Myself

Secret Lives and Secret Selves

Visiting the Death Star: An "Airless World".

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discuss how clinical writing enhanced creativity in the treatment situation.
2. Explain how clinical writing can reveal analysts' counter-transferences.
3. Demonstrate how the creative edge of treatment has been restrictive over the years.

Presenter Bios:

Brenda Solomon, MD is a training and supervising analyst at the Chicago Psychoanalytic Institute. She attended her University of Illinois Abraham Lincoln Medical School. Her psychiatric residency was at Michael Reese Hospital, Chicago. Psychoanalytic training was at the Chicago Psychoanalytic Institute.

Carol Mayhew, Ph.D., Psy.D., is a psychologist and psychoanalyst in private practice in Los Angeles, California. She received her psychoanalytic training at the Institute of Contemporary Psychoanalysis in Los Angeles, where she is past-president of the Institute, as well as a training and supervising analyst and faculty member.

Karen Martin is a Clinical Social Worker and Certified Psychoanalyst. She was awarded a Masters of Arts in Clinical Social Work from the University of Chicago in 1972. In 2003 she became certified as a psychoanalyst by the Chicago Institute for Psychoanalysis. She is on the faculty of the Chicago Institute and has a private practice in Highland Park, Illinois.

Marcia D-S. Dobson holds PhDs in Classical Philology and Clinical Psychology. She has been an award-winning Professor of Classics at Colorado College since 1976, and is Chair of the Psychoanalysis Minor there. She started a private practice in relational Self Psychology in Colorado Springs in 1998. She has been an Associate Editor of the presently named *Psychology Self and Context* since 2009. Her published scholarship spans the disciplines of ancient Greek Drama and Self Psychology. She has presented at IAPSP conferences, as well as conferences on Classics and Psychology in London and Belgium. Marcia has just published a book under the Art Creativity and Psychoanalysis Series, whose editor is George Hagman, entitled: *Psychic Metamorphoses in Psychoanalysis and Ancient Greek Thought: From Mourning to Creativity* (Routledge, 2023).

References:

Doctors, S.R. (2017). Brandchaft's Pathological Accommodation - What It Is and What It Isn't. *Psychoanalysis, Self and Context*, 12(1), 45–59.

Stern, S. (2019) Airless Worlds: The traumatic sequelae of identification with parental negation. *Psychoanalytic Dialogues*, 29(4), 435-450.

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 2-D: Struck Dumb: Dissociation and Language Games in Psychoanalysis

Presenter: **Darren Haber, PsyD**

Discussant: **George Hagman, LCSW**

Moderator: **Susanna Federici-Nebbiosi, PhD**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

This paper considers the language games of analytic treatments marked by dissociation and disavowal, especially with those struggling with addiction or other forms of compulsive numbing. Such patients often futilely strive for differentiation and agency within archaic systems of compliance, accommodation, or subjugation (Shaw, 2014), smothering the spark of emotionality for such “little therapists” or caregivers (Atwood, 2015.) The pain of severed selfhood, archaically unrecognized, perseverates in treatment, with affect vexingly deadened or otherwise unavailable for dialogue. This de-vitalizes dyadic language, “dousing” the spark of dialogic engagement, and mitigation of traumatic mis-use of the patient by caregivers, as the patient mis-uses substances *and words* to “fix” or bypass emotional pain. How to address such aversion when no contrasting “counter-example” has ever been experienced? A vignette illustrates how words are concretely employed by participants, per Wittgenstein’s concept of “language games” and their relational employment. With this patient, sober in AA, an unspoken yet felt futility finally bursts through, a dissatisfaction previously inexpressible. Relationality is re-sparked, with Haber’s empathic re-framing of the fallible “failure” of the patient to “figure out” and thus detour suffering, leading to this precocious patient’s loneliness (even as a “loyal” adherent to AA and its slogans); a new chance emerges, to speak from and not just *of* his exile. Both participants are “in the soup”, siblings in fallibility, the patient’s selfhood diligently re-embodied, a spoken tenderness *mutually* valued, in co-creating language games with shared overlap or “family resemblances” (Wittgenstein, 2009), a kind of blended family.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify ways that dissociation and other entrenched self-protections deaden or dampen dialogic engagement, and the language games of dyadic exchange.
2. Describe the potential impact of such deadening on analysts’ subjectivities and their subsequent hopes and means of dialogic relatedness.
3. Outline three ways in which a patient’s addictive behavior or compulsive “numbing” leads to fleeting enlivenment of self-expression—while undermining subjective agency, and any means of conceptualizing and verbally addressing such stilted development.

Presenter Bios:

Darren Haber, PsyD, MFT, is a psychoanalyst practicing in west Los Angeles. He specializes in treating survivors of childhood trauma, addiction, and anxiety/depression. His book, *Circles Without a Center: Addiction, Accommodation and Vulnerability in Psychoanalysis* was published in July 2022 by Routledge. He is the winner of several analytic writing awards, and has been published online at the Los Angeles Review of Books, Aeon/Psyche, Psychology Today, GoodTherapy.org, and the APA blog site. He has appeared numerous times in the journals *Psychoanalysis*, *Self and Context* and *Psychoanalytic Inquiry*. His website is www.therapistinlosangeles.com.

George Hagman, LCSW is a clinical social worker and psychoanalyst in private practice in New York City and Stamford, Connecticut. He is on faculty of the Training and Research in Intersubjective Self Psychology, and is a training analyst, supervisor, and faculty member of the Westchester Center for the Study of Psychoanalysis and Psychotherapy. George is co-editor with Peter Zimmermann and Harry Paul of *Intersubjective Self Psychology: A Primer* (Routledge, 2019). He is also the General Editor of the *Art, Creativity and Psychoanalysis* book series and *New Directions in Self Psychology* book series both published by Routledge.

References:

Atwood, G. (2015). Credo and reflections. *Psychoanalytic Dialogues*. 25(2),137-152.

Stolorow, R. (2015). A phenomenological-contextual, existential, and ethical perspective on emotional trauma. *Psychoanalytic Review*. 102(1), 123–138.

Doctors, S.R. (2017). Brandchaft's pathological accommodation—What it is and what it isn't. *Psychoanalysis, Self, and Context*. 12(1)45-59.

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 2-E: Hide and Seek: Writing Fiction as a Way of Finding Hidden Selves

Presenter: **Amanda Kottler, MA**

Discussant: **Joye Weisel-Barth, PhD, PsyD**

Moderator: **Eldad Iddan, MA**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

This paper is interested in the hidden selves that hover silently in the spaces that all human relationships create. It asks how these hidden self-states can find the light of day. It suggests that one way is through fictional creative writing.

The author shares a piece of a patient's fictional writing in which an elusive character - Isobel – appears. This ethereal and fictional manifestation occurs in the context of an excruciatingly painful relationship in which the narrator describes repetitive impotent self-pitying attempts at transformation. Speculative attempts to understand the meaning of the fictional material reveal how the creative writing process offers a different kind of lens through which to see and experience our patients' (and possibly our own) hidden self-states. The paper demonstrates how compelling creative writing can be, how it facilitates an elaboration, from an experience near perspective, of hidden self-states in the narrator/patient - but also in the therapist.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify one way in which creative writing can offer a different kind of lens through which to see and experience our patients' (and our own) hidden self-states.
2. Identify one way in which a patient's fictional writing can help elaborate a patient's emerging forward edge.
3. Identify one way in which a patient's fictional piece can help elaborate a hidden but fledging sense of agency within a patient

Presenter Bios:

Amanda Kottler, M.A. (Clin. Psych.) is a clinical psychologist practicing as a psychoanalytic psychotherapist in Cape Town, South Africa. She is a founding and faculty member of the Cape Town Psychoanalytic Self Psychology Group and an Emeritus Council Member of the International Association of Self Psychology. She has previously held the position of a senior lecturer at the University of Cape Town but now works full time in private practice. Her academic interests are in the areas of "difference" and the twinship / alter-ego selfobject experience. She has published and presented on these issues in South Africa, the UK and USA. She has co-edited two previous books and is a co-author of "Kohut's Twinship across Cultures: The Psychology of Being Human, published by Routledge in 2015.

Dr. Joye Weisel-Barth, PhD/PsyD, is a senior instructor, training analyst, supervisor, and Board member at the Institute of Contemporary Psychoanalysis in Los Angeles. She teaches Basic Concepts, Self Psychology, Issues in Relational Analysis, Interpersonal Psychoanalysis, and Freud. Her psychological and analytic practice is in Encino, California. Joye has served as Book Review Editor for *Psychoanalysis, Self and Context* and Associate Editor of *Psychoanalytic Dialogues* and *Psychoanalytic Inquiry*. She loves writing and is a frequent contributor to major psychoanalytic journals and guest presenter at psychoanalytic institutes and conferences. Her book, *Theoretical and Clinical Perspectives on Narrative in Psychoanalysis: The Creation of Intimate Fictions*, has been published by Routledge.

References:

Brandchaft, B. (2007). Systems of Pathological Accommodation and Change in Analysis. *Psychoanalytic Psychology*. 24(4), 667-687.

Doctors, S.R. (2017). Brandchaft's pathological accommodation—What it is and what it isn't. *Psychoanalysis, Self, and Context*. 12(1)45-59.

Hagman, G. (2020). Self-agency: Freedom and context in Psychoanalysis. *Psychoanalysis, Self and Context*, 15 (1), 33-39.

Terman, David M. (2021). The Negative Selfobject. *Psychoanalysis, Self and Context*, 16 (4), 380-389.



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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 2-F: Freedom, Creativity and Self-Ownership: An Emergence Theory of Free Will

Presenter: **William Coburn, PhD, PsyD**

Discussant: **Samuel Guzzardi, MSW**

Moderator: **Elizabeth Feldman, PhD**

Saturday, October 21, 4:00 – 5:30pm

This paper session is being live-streamed via Zoom. In person registrants will attend in the meeting space and virtual registrants will attend via Zoom.

Abstract:

Perspectives on freedom, liberty, agency, creativity, and free will have a rich and varied history in philosophy, psychology, neuroscience, and psychoanalysis. We want nothing for our patients, nor from our patients, if not the expansion of their personal freedom, agency, individuality, creativity, and self-ownership. What is freedom, exactly? What does it mean to have and to exercise free will? What does it mean to be truly creative? Do we have true choices, or are we overdetermined puppets faltering under the illusion of self-generated acts of freedom? Does feeling free to choose, and then perhaps acting to choose, equate with actual freedom? These perspectives and questions demand further examination in light of how we think about emotional health and the phenomenology of therapeutic action. A complex systems sensibility, along with other persuasive viewpoints, simultaneously offers some ideas as well as compliments additional contemporary perspectives about them. This presentation explores an emergence theory of free will and the centrality of self-ownership in defining and understanding the experience of self-creation and freedom of choice. A clinical example is offered in the spirit of what it might look like and what it might mean to enable self-creation and to make truly free choices.

Learning objectives:

At the conclusion of this presentation, the participants will be able to:

1. Describe the origins of an emergence theory of free will
2. Explain the importance of the experience of self-ownership in the exercise of free will
3. Identify and assess the emergence of true free will in the clinical setting

Presenter Bios:

William J. Coburn, Ph.D., Psy.D. is a psychoanalyst, a licensed clinical psychologist, and a licensed marriage and family therapist practicing in West Los Angeles. He is Founding Editor Emeritus of Psychoanalysis, Self and Context (formerly the International Journal of Psychoanalytic Self Psychology), Associate Editor of Psychoanalytic Dialogues, and an Editorial Board Member of Psychoanalytic Inquiry. He is a Faculty Member and Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in Los Angeles. He is a Founding Council Member Emeritus of the International Association for Psychoanalytic Self Psychology (IAPSP), Former Chair of the IAPSP Publications Committee, and an Advisory Board

Member of the International Association for Relational Psychoanalysis and Psychotherapy (IARPP). He co-edited (with Nancy VanDerHeide) *Self and Systems: Explorations in Contemporary Self Psychology* (2009, Annals of the New York Academy of Sciences), and also co-edited (with Roger Frie) *Persons In Context: The Challenge of Individuality in Theory and Practice* (2010, Routledge). He is also author of *Psychoanalytic Complexity: Clinical Attitudes For Therapeutic Change* (2014, Routledge).

Sam Guzzardi is a member and graduate of the Institute for Psychoanalytic Study of Subjectivity in New York and a faculty member at the National Institute for the Psychotherapies. He has a diverse practice where he is curious about questions of queerness, identity, development, and trauma. Sam is bilingual, working in Spanish and English, and has recently published papers in the Journal of the American Psychoanalytic Association and Psychoanalytic Dialogues. His 2022 publication "The Only Fag Around: Twinship in Gay Childhood," which details his attempt to integrate Kohutian and Freudian principles in the treatment of a gay man, was the winner of the Ralph E Roughton Paper Award for making "an original and outstanding contribution to the psychoanalytic understanding and/or treatment of lesbian, gay, bisexual, queer, trans*, or gender-variant people." Sam's scholarship often revolves around his interest in comparative psychoanalysis and in placing psychoanalytic theory in dialogue with ideas from other traditions, including disciplines such as queer theory, post-colonial studies, performance studies and literature.

References:

Hagman, G. (2020) Self-Agency: Freedom and Context In Psychoanalysis. *Psychoanalysis, Self, and Context* 15(1)33-39.

Shabad, P. (2020) The Forward Edge of Resistance: Toward the Dignity of Human Agency. *Psychoanalytic Dialogues* 30(1)51-63.

Sell, C. (2022) Medio-Passive Agency in Psychoanalysis: Responding to Hopelessness and Despair in the Therapeutic Relationship. *Psychoanalytic Dialogues* 32(4)353-368.



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October 19-22, 2023

Paper Session 2-G: Complexity and the Body – How Individual, Neurodevelopmental Differences Shape Intersubjective Meanings and the Process of Self-Cohesion

Presenter: **Christina Peters, PhD**

Discussant: **Amy Eldridge, PhD**

Moderator: **Alison Fellowes Comly, LICSW**

Saturday, October 21, 4:00 – 5:30pm

Abstract:

Paying attention to the stories we tell and the formulations we make, Weisel-Barth (2019) reminds us, is important to understand the intersubjective process of treatment. One often overlooked area that shapes meaning, and is hence overlooked in the stories that we tell, is the impact of individual, neurodevelopmental differences. This presentation will use both a child case (in which executive functioning challenges are present) and an adult case (in which ADHD challenges are present) to explore how understanding neurodevelopmental differences adds complexity to a therapist's formulations and opens up new ways of understanding interpersonal and intrapsychic dynamics, helping the therapist to understand and empathize with the patient, especially how neurodevelopmental differences impact the "experience of."

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Demonstrate an understanding that neurodevelopmental differences impact interpersonal and intrapsychic dynamics.
2. Assess one's own understanding of neurodevelopmental differences and when to look for consultation from multi-disciplinary professionals for better understanding the role of neurodevelopmental factors.
3. Consider the role that neurodevelopmental factors have on a therapist's formulations and ability to fully empathize with patients' experiences.

Presenter Bios:

Christina Peters, PhD, has worked as a psychoanalytic clinician for over 30 years in the Chicago area with children, adults, families, and couples. She teaches psychoanalytic theory and methodology at the Institute for Clinical Social Work and the Chinese American Psychoanalytic Association, and has presented at national and international conferences.

Amy Eldridge, PhD is Immediate Past President of the International Association of Psychoanalytic Self Psychology and Dean Emerita of the Institute for Clinical Social Work. Under Dr. Eldridge's leadership as dean, her team developed and implemented ICSW's distance learning and master's programs. She has a

psychotherapy practice with adults, adolescents, and couples in downtown Chicago and more recently, in Asheville NC. She also consults on clinical practice, training and leadership issues. Dr. Eldridge is on the editorial board of *Psychoanalytic Social Work Journal*, is the author of numerous published papers on clinical practice and has been a frequent presenter at professional conferences. Most recently, Dr. Eldridge is teaching psychoanalytic practice and theory to professionals in China.

References:

Greenspan, S.I. (2007) Levels of Levels of Infant-Caregiver Interactions and the DIR Model: Implications for the Development of Signal Affects, the Regulation of Mood and Behavior, the Formation of a Sense of Self, the Creation of Internal Representation, and the Construction of Defenses and Character Structure. *Journal of Infant, Child & Adolescent Psychotherapy*, 6(3), 174-210.

Weisel-Barth, J. (2019) Stories That Open and Stories That Close: Theoretical and Clinical Narratives in Psychoanalysis, *Psychoanalytic Inquiry*, 39(7), 485-493.

Geist, R.A. (2021) From Theory-Centered to Patient-Centered Treatment: How Kohut's Attitudes Impact Contemporary Therapeutic Work. *Psychoanalytic Inquiry*, 41(3), 174-186.



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Paper Session 3-A: Self Psychology and the Self in History

Presenters: James Block, PhD, Charles Strozier, David Terman, MD

Sunday, October 22, 8:00 – 9:30am

Abstract:

This panel is the product of an intensive collaboration over the past two years between an intellectual historian & cultural/political theorist and several senior theorists and clinicians in the field of Self Psychology. The goal has been to integrate the historian-theorist's reframing in major publications of the evolution of Western selfhood as a psychohistorical process in recent centuries and the resulting emergence of the contemporary Western self with the dynamic elaborated in the originaive depth psychological processes by the work of Heinz Kohut and Self Psychology. In this panel, the historian-theorist and two of the senior collaborators hope to share our work on the deep interrelation between the rise of the Western self as a broad cultural self-selfobject process and the conceptual framework of Self Psychology illuminating this dynamic process as the foundation of self-development.

We hope to explain the importance of Self Psychology for understanding the deeper dynamic of Western history and at the same time to suggest ways that Self Psychology is a critical tool that can be applied for broader psychohistorical understanding. The panel will be organized as follows: 15 minutes for one of the senior self psychologists to lay out the role of historical analysis in Kohut's thought, 35 minutes for the extension of Kohut's thinking through an innovative theoretical-historical framing in the work of the historian-theorist, and 15 minutes for the second senior self psychologist to consider some implications of this theoretical application for highlighting new dimensions and directions for further work within Self Psychology as a discipline. The remainder of the time will be reserved for discussion.

Learning Objectives:

At the conclusion of the presentation, the participants will be able to:

1. Describe the relation between the core depth psychological dynamic in Kohut's work and the evolution of the self in the Anglo-American religious and cultural experience.
2. Discuss the stages of development of the modern and contemporary Anglo-American and broader Western self and assess the relation between this historical process and the formation of the self in contemporary society.
3. Assess the potential role of Self Psychology as a conceptual frame for understanding the complexities of contemporary self formation and the many challenges faced both culturally and clinically in consolidating the self in our time.

Presenter Bios:

James Block, PhD: I have a Ph.D. from the Committee on Social Thought from the University of Chicago, and have taught political and cultural theory, political psychology, and cultural studies at DePaul University for three decades. My major work traces the process of Western self-development in a series of volumes. My first book, *A Nation of Agents: The American Path to a Modern Self and Society* (Harvard/Belknap University Press, 2002) traced the decline of traditional self and society during the most innovative phase of the early modern period and the emergence of a distinctly modern identity arising in Anglo-American dissenting Protestantism and realized in American liberal society. *The Crucible of Consent: American Child Rearing and the Forging of Liberal Society* (Harvard, February 2012) examines the embedding of this identity in a modern citizenry through radical innovations in child socialization and education. The current book projects, *The Agony of American Ascendancy: The Crisis of Liberalism in the Organizational Age* and *The Authoring Self: The Emersonian Tradition from Rousseau to Kohut and the Post-Liberal World* along with many conference papers delivered throughout the world, published essays, and lectures treat the similar decline of the classic Protestant-liberal American consolidation regarding self and society and the rise in the past century of a post-Protestant, post-liberal culture and experimental selfhood and community in the U.S. and elsewhere. In addition, I have regularly written on the crisis of contemporary politics and the incipient forms of emerging cultures for Huffington Post, medium.com and other on-line publications.

David M. Terman, M.D. is a past Director of the Chicago Institute for Psychoanalysis where he had been a Training and Supervising Analyst for the over 40 years. Dr. Terman had his undergraduate and medical education at the University of Chicago and his psychoanalytic training at the Chicago Institute for Psychoanalysis. He has been one of the analysts who helped develop the work of Heinz Kohut and what has become known as self psychology. He has contributed to several central aspects of clinical and developmental theory. He reconceptualized the Oedipus complex in self psychological terms, and he was one of the first to note the importance of positive experience in forming psychological structure in development. He has also explored the history of anti-Semitism from a self psychological perspective, and he has coauthored and edited a book with Charles Strozier and James Jones on the psychology of fundamentalism and other political and social forces, *The Fundamentalist Mindset* (Oxford University Press: 2010). He has applied his work on paranoia to an understanding of some of the features of classic psychoanalytic theory. He is now retired from clinical practice but continues to teach, supervise, and write in the area of applied psychoanalysis.

Charles B. Strozier is a Professor Emeritus of History, John Jay College and the Graduate Center, City University of New York, and a practicing psychoanalyst. He has been twice nominated for the Pulitzer Prize. His books include *Heinz Kohut: The Making of a Psychoanalyst* (Farrar, Straus & Giroux, April, 2001, paperback from Other Press in the spring of 2004 and now translated into Italian, Japanese, and Hebrew, with a translation into Mandarin in progress); *Apocalypse: The Psychology of Fundamentalism in America* (Beacon, 1994); *The Fundamentalist Mindset* (Oxford, 2010); and many other books and scores of articles.

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 3-B: Rabbits and Hares are Alike and Different: Psychoanalytic Systems Contextualized

Presenter: **Elaina Vasserman-Stokes, PhD, LPC**

Discussant: **Gita Zarnegar, PhD, PsyD**

Moderator: **Laura D'Angelo, MDiv,LP**

Sunday, October 22, 8:00 – 9:30am

This paper session is being live-streamed via Zoom. In person registrants will attend in the meeting space and virtual registrants will attend via Zoom.

Abstract:

The analysis described in this paper aims to highlight an emerging awareness of the ways in which older, intra-psychically focused models of psychoanalysis can detract from the analyst's ability to form a more secure and nuanced connection with the patient whose experiences are both similar to and different from the analyst's own. Specifically, considerations of intersectionality and the ways in which these enhance the analytic process will be discussed. This paper will also aim to capture the inter- and intra-personal differences within the experiences of a white woman analyst and a Mexican-American male patient, both affected by the immigrant experiences of their families, and how these present in a modern analysis. The intra-psychic dynamics and the experiences of a self in a hegemonic context are also considered, in hopes of describing a wider and deeper empathic connection within a treatment.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Identify features of psychoanalytic frameworks aimed at understanding and treating developmental trauma and how these can be made more relevant within an intersectional approach to psychoanalysis.
2. Describe how an openness to the differences of skin color, ethnicity, and culture facilitated the analyst's empathic responsiveness to her patient in their ongoing clinical engagement.
3. Describe how the activation of the therapist's own traumatic experience in a number of clinical moments and their subsequent exploration in supervision, enhanced her ability to empathically connect with her patient.

Presenter Bios:

Elaina Vasserman-Stokes, PhD, LPC is a child and adult psychotherapist, a newly graduated psychoanalyst trained at ICP&P in Washington DC, a clinical supervisor, an adjunct professor at George Washington University Graduate School of Education and Human Development, a research scientist, and a yogi. In her career she has had the privilege of working with people of different ages, cultures, races, ethnicities, genders, and sexual identities. Her approach can broadly be described as insight-oriented and rooted in attachment, self-psychology, and other relational theories. Her expertise rests on meaningful personal

experiences and on continuing rigorous training and teaching. She works in private practice with both children and adults. Her passion is play therapy with children under five, with a focus on strengthening early life parent-child relationships. She leans deeply into the values of honesty, complexity, empathy, life-long learning, depth, and humor. She is experienced in talk and play therapies and is bilingual in English and Russian.

Dr. Gita Zarnegar is a training and supervising psychoanalyst and the cofounder for The Center for Authenticity (<https://www.thecenterforauthenticity.com/>.) She has received her Ph.D. in Clinical Psychology, from California School of Professional Psychology and her Psy.D. in psychoanalysis, from the Institute of Contemporary Psychoanalysis. She has a Master's Degree in Marriage and Family Therapy From Loma Linda University and is a licensed M.F.T since 1988. She has been in private practice for 35 years in Los Angeles, California. Dr. Zarnegar specializes in mood disorders, trauma related issues and couples therapy.

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The Creative Edge(s) of Contemporary Self Psychology

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Paper Session 3-C: Students & Candidates Panel: Reverie: A Creative Edge of Two Minds

Presenters: **Brandon Beeler, PsyD**

Discussant: **Karen Bloomberg, LCSW, PhD**

Moderator: **Shaké Topalian, MA,RN, PMHCNS-BC**

Sunday, October 22, 8:00 – 9:30am

Abstract:

Reverie is a creative edge emerging in a two-system dyad between patient and analyst. How can we use reverie, an image that emerges in the analyst's mind, within a Self Psychology framework? What dimensions does reverie open? In this paper, I discuss how self psychologists use empathy and how reverie can be integrated into a Self Psychology orientation, rather than opposed to it. Traditionally Self Psychology analysts empathized through introspection. However, the paper proposes a different way to empathize with patients' dissociated self-states, particularly by using the analyst's reveries. I also argue that the analyst can use reverie as a prospective function to understand, anticipate, and manage future enactments. I provide a clinical example to illustrate. Theoretical implications for using reverie within a Self Psychological framework will also be discussed.

Learning Objectives:

At the conclusion of the presentations the participants will be able to:

1. Identify and explain the two main ways reverie is defined, and describe reverie from a self psychological perspective
2. Discuss how reverie may not have been traditionally used within a self psychology framework.
3. Explain the intersection and relationship between reverie and empathy and how to utilize this relationship with patients.
4. Demonstrate effective use of reverie in empathizing with dissociated self-states and managing enactments.

Presenter Bios:

Brandon Beeler is a Clinical Psychologist in private practice in New York City. He earned his B.A. in Psychology from University of Michigan and doctorate in Clinical Psychology from Ferkauf Graduate School of Psychology, Yeshiva University. He has been committed to training psychoanalytically. He completed a practicum at NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. His research focused on how microaggressions impact identity. He also teaches and supervises doctoral students at Yeshiva University and he taught Ego Psychology at the Training Institute for Mental Health. He has a special interest in reveries.

Karen W. Bloomberg, LCSW, Ph.D., is on the faculty at both the Chicago Psychoanalytic Institute and the Institute for Clinical Social Work where she is also Dean of Students. She previously taught at the University of Chicago, her alma mater. Karen is one of three core faculty who began the one-year virtual Certificate Program in Integrative Couple Therapy, co-sponsored by the Institute for Clinical Social Work and the Chicago Psychoanalytic Institute. She has been a long-standing member of IAPSP, being a member of the International Council as well as the Early Career Professional Committee and the Couples Interest Group. Karen is in private practice in Chicago where she treats individuals and couples and provides supervision and consultation.

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Paper Session 3-D: When the Play Stops: Transformations in Child Treatment

Presenter: **Amy Joelson, LCSW**

Discussant: **Gianni Nebbiosi, PhD**

Moderator: **Rosalind Kindler, MFA**

Sunday, October 22, 8:00 – 9:30am

Abstract:

When treatment was forced out of the office and into the Zoom room, 8-year-old Chloe panicked. Each time the digital connection failed she thought it was her fault, aggravating her shame around her sense of inadequacy. Pre-pandemic, we had an established play repertoire. However, in the new screen-negotiated context, our familiar way of playing together was stymied despite our mutual determination. What was the meaning of our new-found constriction? And, how might we effectively restore the vitality between us as our worlds were becoming radically redefined? The treatment of Chloe illustrates an intersubjective systems view of development. The therapeutic approach detailed applies to work with adults as well as children.

Learning objectives:

At the conclusion of this presentation, the participants will be able to:

1. Discuss development as a nonlinear ongoing process of change that is responsive to and inspired by new challenging situations.
2. Describe play as an improvisational and experimental process that is cocreated between partners and cannot be scripted.
3. Illustrate how the therapeutic dyad can move in and out of a state of being able to play, and to assess multiple functions of these fluctuations in playing and not-playing.

Presenter Bios:

Amy Joelson, LCSW, is Faculty, Supervisor, and the Director of Distance Learning at the Institute for the Psychoanalytic Study of Subjectivity in New York City; Associate Faculty at the Japanese Forum of Psychoanalytic Self Psychology in Hiroshima, Japan; President of the International Association for Psychoanalytic Self Psychology; and Member of IARPP's Child, Adolescent and Parent Psychotherapy Committee. A frequent presenter at international conferences and author of several publications on child and adolescent development, Amy maintains a private practice in downtown New York City in adult, child and adolescent psychotherapy and psychoanalysis.

Gianni Nebbiosi PhD is the President, founding member, supervising and training analyst, of ISIPSE - Institute for Self Psychology and Relational Psychoanalysis in Italy; Founding and Board Member of IARPP – International Association for Relational Psychoanalysis and Psychotherapy; Member International Council of IAPSP - International Association for Psychoanalytic Self Psychology; Member Editorial Board of the journal "Psychoanalytic Dialogues"; Member Editorial Board of the journal "Psychoanalytic Inquiry"; Corresponding Editor of the journal "Contemporary Psychoanalysis".

References:

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Paper Session 3-E: Art and Sexuality in Psychoanalysis

Presenters: **David Schreiber, MFT, PsyD & Stacy Berlin, PsyD**

Discussant: **Paolo Stramba-Badiale, PhD**

Moderator: **Anna Stothart, PsyD, LMHC**

Sunday, October 22, 8:00 – 9:30am

Abstract:

Two papers presented in this panel will explore the topic of art and sexuality in psychoanalysis. The first paper explores the intersection of art and psychoanalysis by way of a clinical vignette in which the patient's love for a particular painting creates associations for both the patient and the analyst, areas of exploration which lead into deeper realms of the patient's unconscious relational world and his exhibitionism. Although the patient in this vignette is intelligent, articulate and has significant past experience with the analytic process, elusive realms of his unconscious organizing processes remain. The patient's affinity for a painting by the Italian Renaissance painter Giorgione, and his associations to this painting and the subject matter depicted, along with the analyst's associations after viewing the painting, helped to illuminate hidden sectors of the patient unconscious organizing.

The second paper discusses how trauma is converted into voyeurism and how art is used as a medium for a third or self-object in the treatment room. The paper provides various ways to utilize art in psychoanalysis and discusses how the patient's fixation is equivalent to a self-object experience of soothing and self-regulating.

Learning Objectives

At the conclusion of this presentation, the participants will be able to:

1. Discuss the unique potential of using art and specific works of art to broaden and deepen psychoanalytic exploration.
2. Describe the process of unconscious association as it relates to a patient's unique life history and interests.
3. Analyze a patient's intersubjective relatedness within the framework of themes in a specific work of art.
4. Describe three aspects that turn early trauma into voyeurism.
5. Discuss the utility of re-living unique facets of early sexual trauma.
6. Analyze and discuss the art that a patient brings into treatment.

Presenter Bios:

David Schreiber is a member of The Institute of Contemporary Psychoanalysis in Los Angeles, where he received his doctorate in psychoanalysis. He has served on the Board of Directors at ICP, as well as taught as a core faculty instructor. He is a recipient of the Daphne S. Stolorow Memorial Essay Award, and has been writing and presenting papers on the intersection of Self Psychology and Intersubjective Systems Theory. In his private practice in Santa Monica, California, David specializes in treating complex developmental trauma, severe depression and anxiety, and family systems. In addition to his private practice, David has extensive experience working in residential treatment centers treating acute psychiatric disorders.

Dr. Stacy A. Berlin is a licensed psychologist and psychoanalyst practicing in LA, CA, for over two decades, a faculty member at ICPLA, where she conducts advanced graduate seminars in Relational Theory, and a guest editor for the journal *Psychoanalytic Inquiry*, where she is editing a journal on sexuality and gender. With her extensive and broad education, and experience in psychoanalysis, she brings exceptional awareness to her work. She is integrative and works from within a safe relational framework, in a collaborative and interactive manner. She is egalitarian and contextual in her approach to psychoanalytic theory and practice. Dr. Berlin emphasizes developmental relational traumatic self-states, creative openings, play and humor.

Paolo Stramba-Badiale graduated in Philosophy and Specialized in Clinical Psychology at the University of Milan, Italy. PhD in Experimental Psychology. Psychoanalyst. Faculty and Training Analyst of ISIPSE' (Institute of Specialization in Self Psychology and Relational Psychoanalysis), Rome and Milan, Italy. Coordinator of ISIPSE' Institute in Milan. Member Emeritus of the International Council of IAPSP. Member of IARPP. Presenter of many papers in the International Conferences of IAPSP and IARPP. More than fifty papers published, in Italian and International Reviews. Private practice in psychoanalysis in Milan, Italy.

References:

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October 19-22, 2023

Paper Session 3-F:

Presenters: R. Neslihan Rugancı, PhD, İrem Yıldız, MD, Banu Bülbül Çam, MA Gökçe Silsüpür, MD

Discussant: Penelope Starr-Karlin, PsyD, MFT

Moderator: Allen Siegel, MD

Sunday, October 22, 8:00 – 9:30am

This paper session is being presented via Zoom. All registrants will attend online.

Abstract:

The main purpose of this paper is to investigate the effect of socio-political context on mourning emphasizing the dynamics of experienced and transferred trauma, dread, aggression and rage, through integrating the perspectives of Kohut's Psychoanalytic Self Psychology and Intersubjective Psychoanalysis to the Psychoanalytic explanations of Mourning. We mainly focus on the social dynamics which transform the Grief into continuous Trauma and on which was/is disavowed, repeated and intensified by the rulers after these traumas during the mourning process and, has the impact on the Psychology of Society, particularly in Turkey. We try to utilize the current context of Turkey through the cases of those who are and/or their old generations were exposed to human made disasters, and discuss the possibilities to restore this impact through creative solidarity and through identifying with the forward edge striving of the idealized wounded selves.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Utilize the factual experiences of "how the history flows through us" and our patients and reflects on the sociopolitical atmosphere of a country
2. Portray how the trauma repeats, ghosts of traumatic history wanders among us, if the system and the public resist and disavow the truth and victims are not buried through mourning properly.
3. Discuss the creative ways of healing the self outside and inside the therapy rooms and the positive impact of societal mourning and solidarity in a broader sense, and its reflection in therapy rooms.

Presenter Bios:

R. Neslihan Rugancı took her Clinical Psychology PhD. degree from the Psychology Department of the Middle East Technical University (METU) in Turkey and certified from the Distant Education Program of Chicago Institute for Psychoanalysis. She participated and contributed to Self Psychology Conferences as a presenter, a discussant and a member of an Overseas organizing committee. She had publications in IJPSP (PSC) and several other International and National Psychology Journals. She is an international consulting editor of Psychoanalytic Inquiry.

She is affiliated with International Association for Psychoanalytic Self psychology (IAPSP) and a founding member of and affiliated with Ankara Contemporary Psychoanalytic Psychotherapies Association, Anatolian Psychoanalytic Psychotherapies Association: *A learning place of Self Psychology* (APPA, Affiliated with IAPSP as an Institute). Ruganci is currently in private practice in Turkey and Teaching at APPA, and one of the advisors of Amy Joelson (current IAPSP President) on the Executive Board.

Banu Bülbül completed her Psychology education at Hacettepe University and her Master's Degree in Clinical Psychology at Rumeli University. She started working as a psychotherapist with children and adolescents. She now works only with late adolescents and adults. She conducts group activities aimed at empowerment of women. She has published many papers in Psychology, Art (specifically Cinema) and Political Journals and online newspapers and had a published novel.

She is a member of IAPSP and Anatolian Psychoanalytic Psychotherapies Association (APPA affiliated with IAPSP). Bülbül is currently in her private practice in Turkey.

Gökçe Silsüpür completed her medical education at Anadolu University. She received her adult psychiatry training at Ankara University School of Medicine. She is members Anatolian Psychoanalytic Psychotherapies Association: *A learning place of self psychology*. She is currently working as a psychiatrist-psychotherapist in her own practice.

M. İrem Yıldız, MD received her adult psychiatry training at Hacettepe University School of Medicine, Psychiatry Department and master degree of consultation liaison psychiatry from the Department of Clinical Neurological Sciences and Psychiatry, Institute of Neurological Sciences and Psychiatry of the Hacettepe University in Turkey. She is a member of Ankara Contemporary Psychoanalytic Psychotherapies Association, Anatolian Psychoanalytic Psychotherapies Association: *A learning place of Self Psychology*. Dr Yıldız's clinical interest is in the area of liaison psychiatry, functional neurological disorders and trauma. Dr Yıldız teaches and conducts research at the Hacettepe University School of Medicine (where she is an associate professor).

Penelope Starr-Karlin, PsyD, LMFT, M.Arch. is in private practice in W.LA California and is a supervising and training analyst at ICP/LA where she teaches Stolorow and Atwood's intersubjective-systems theory: a phenomenological contextual perspective, and dream studies. Penelope's relational psychoanalysis is rounded out by studies in continental philosophy, Jungian psychology, architecture/urban design, and climate psychology. She has been published in Psychoanalytic Inquiry, International Journal of Psychoanalytic Self Psychology, and elsewhere.

References:

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Paper Session 3-G: Beyond Private Practice: Psychoanalytically – Informed Work in Community Settings

Presenters: **Heather MacIntosh, PhD, C.Psych, Michelle McMartin, LCSW, Erica Young, MA**

Moderator: **Paula Christian Kliger, PhD**

Sunday, October 22, 8:00 – 9:30am

Abstract:

An important growing edge of contemporary self psychology is recognizing the need to make psychoanalytically-informed treatment more widely accessible, rather than primarily a treatment available only to the wealthy upper class. This panel will present three different efforts toward this goal, followed by a discussion between the presenters and with the audience regarding these and other ways of accomplishing it. It will be moderated by Paula Kliger who has extensive experience in this area and will briefly comment on the presentations as time allows.

Heather MacIntosh will begin by presenting her research on providing support to survivors of trauma during the Covid-19 pandemic using her manualized model of couple therapy, Developmental Couple Therapy for Complex Trauma, in a virtual, time-limited group format. Most groups were comprised of members of traditionally underserved or equity-seeking populations, including BIPOC, LGBTQ+, Indigenous, and French speaking, with an open group option also available, and were facilitated by members of the identified groups. The treatment focused on fostering a sense of community and exploring psychoanalytic concepts of attachment, emotion regulation and mentalizing, and results were very positive. The implications of this project for making psychoanalytic couple therapy more widely accessible will be discussed.

Michele McMartin will then describe the origins and mission of the Kedzie Center, an innovative community-funded mental health center grounded in psychoanalytic/psychodynamic theory. She will describe what psychodynamic treatment in the community looks like, including ways that the analytic frame may need to be expanded to meet patients' needs.

Finally, Erica Young will present her work teaching self-psychological concepts to public school teachers to help them better support students with social/emotional difficulties. She will briefly summarize the academic literature that supports the efficacy of relational interventions for public-school students, then present a case example in which she provided ongoing consultation to a paraeducator in applying a self psychology-based approach to support a student with violent and aggressive behaviors.

Learning Objectives:

By the conclusion of this presentation, the participants will be able to:

1. List three ways that psychoanalytically-oriented treatment can be made more accessible to more people, outside of the traditional private practice model.
2. List several ways that flexibility in the analytic frame may be needed in order to meet the needs of patients outside of traditional private practice settings.
3. Describe three psychoanalytic relational concepts that can be taught to public school teachers to help them better support students with severe social/emotional needs.

Presenter Bios:

Heather MacIntosh is Associate Professor and Director of the MScA Couple and Family Therapy Programme at McGill University, where she is the recipient of the H. Noel Fieldhouse Award for Distinguished Teaching. Dr. MacIntosh is a clinical psychologist and psychoanalyst who graduated from the Institute for the Advancement of Self Psychology. Her funded research projects examine the impact of early life trauma on the process and outcome of couple therapy. Through this research, Dr. MacIntosh has developed a psychoanalytically-informed approach to couple therapy for survivors of trauma which is outlined in her book *Developmental Couple Therapy for Complex Trauma: A Manual for Therapists* published by Routledge Press.

Michelle McMartin, LCSW has 25 years of experience working with youth and families in the Chicago area in residential treatment, foster care and community based clinical services. She has experience working with families across the lifespan, working with couples and families who are just forming their created family, to helping families launch young adults. She has specialized training and experience with kids 0-8 years of age, youth and families who have experienced abuse and trauma, chronic mental health issues, adoption and families experiencing chronic health issues. Michelle's clinical interests integrate psychodynamic therapies with family systems work, with a strong emphasis on using the client-therapist relationship to build the relational capacities of each family member through an attachment framework. She also works with individual clients to express and make meaning of their feelings, beliefs and past experiences. In Chicago Michelle has been affiliated with The Sonia Shankman Orthogenic School at The University of Chicago, The Family Institute at Northwestern University and The Erikson Institute. Michelle currently oversees the psychodynamically informed clinical training program at The Kedzie Center in Chicago- a community funded community mental health organization working within a diverse community.

Erica Young, M.A. is a special educator and psychologist intern who runs a therapeutic classroom for children in kindergarten through fifth grade in Vermont. Erica has been working with children in a wide variety of settings for over 15 years. She has additional training in using a self psychology-informed approach as a means of supporting struggling students. She has assisted in training and consulting with other educators in implementing an applied self psychology approach in schools. In 2022, she co-presented a paper regarding the use of this approach at the IAPSP conference in Washington, D.C. In 2021, Young was awarded the Schillinger Prize from APA Division 39 for her paper, *The Restorative Classroom: A Psychoanalytic Playground in a Public School*.

References:

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Meet The Author Session

Presenters: **Doris Brothers, PhD & Jon Sletvold, PsyD; Marcia Dobson, PhD; Arthur Nielsen, MD; Ingrid Pedroni, PhD**

Thursday, October 19, 4:15 – 5:15pm

Abstract:

In this presentation, the authors of four recently published books related to psychoanalytic theory will each give a brief overview of the key points of their books and respond to questions from the audience as time allows.

Doris Brothers and Jon Sletvold will begin by discussing their book *A New Vision of Psychoanalytic Theory, Practice and Supervision: Talking Bodies*. In this book, they ask: what changes when we view psychoanalytic theory through the lens of embodiment? And answer: nothing—and everything! Seen from the perspective of embodied connectedness, such enduring psychoanalytic concepts as dissociation, transference, resistance, and interpretation are radically transformed. The authors offer new ways to describe the therapeutic process, understand traumatic experiences, and enhance the supervisory process. They suggest that psychoanalytic dialogues are conducted by talking bodies—sometimes with words and sometimes without them. Since traditional psychoanalytic language does not easily lend itself to embodied experience, they prefer using such words as I, you, we, and world. They show how attention flows back and forth among I, you, we, and world in a way that complexly intermingles with the I-you-we-world flow of one's relational partners. They demonstrate how traumatic experiences and constitutional conditions profoundly disrupt this flow.

Next, Marcia Dobson will discuss her book *Metamorphoses of Psyche in Psychoanalysis and Ancient Greek Thought: From Mourning to Creativity*. The book explores the transformative power of liminal experiences in ancient Greek texts, psychoanalytic theory, and the author's own life, to demonstrate how a contemporary understanding of ancient thought can illuminate modern psychoanalytic theory and practice especially as it relates to trauma, grief, and the development of psyche. Asserting that liminal experiencing involves engaging a psychic space outside the boundaries of ego organization, the book interweaves autobiography, literary analysis, philosophical ontology, and psychoanalysis to formulate a new paradigm for how to construct human beings, how to enliven and deepen personal and therapeutic experience, and how poetic language is the gateway to this magical realm of transformation. Alongside richly detailed case analyses, the author uses her dual expertise in psychoanalysis and ancient Greek literature to explore how the maternal and liminal in human life were displaced with the rise of Athens and a new way of being human — the rational citizen — and how this repression has resulted in diminished, constricted experiencing and the suppression of women throughout western history.

Arthur Nielsen will follow, discussing his book *Interactive Couple Therapy in Action: A Practical Guide for Handling Common Relationship Problems and Crises*. The book is a comprehensive, user-friendly guide to handling the most common problems and crisis situations seen by couple therapists. Grounded in an in-depth review of the clinical and research literature and drawing on the author's 40-plus years of experience, the book investigates each topic to discover what makes certain issues (like sex) or situations (like extramarital affairs) so stressful for clients and challenging for therapists. Unlike most graduate programs and texts on couple therapy that focus on theory and technique, Integrative Couple Therapy in

Action fills in the details. While written for couple therapists of all experience levels, the book should prove helpful to individual therapists as well. To whet your appetite and encourage you to read his book, Dr. Nielsen will describe the personal and clinical journey that led him to write this book and offer a sampling of some of the practical advice it contains. That journey began with a commitment to integrating models of psychoanalytically informed couple therapy while eschewing name-branding, as discussed in his first book, *A Roadmap for Couple Therapy: Integrating of Systemic, Psychodynamic, and Behavioral Approaches*. The present book grew out of the need for a compendium of practical advice, termed “domain specific knowledge,” which further improves results. This presentation argues for more curricular time devoted to such accumulated practical wisdom and will illustrate its utility with a case vignette.

Ingrid Pedroni will end the hour with a brief summary of her book *Beyond Fragmentation: Clinical Journeys in Contemporary Psychoanalysis and Psychotherapy*. The book is an attempt to assess, and highlight through clinical examples, how new epistemological paradigms have paved the way to an increasing integration of contemporary psychoanalysis with other therapeutic models and revitalized authors traditionally considered outcasts of mainstream psychoanalysis. The first part explores the integration of these different models, with special attention to moments of impasse in the therapeutic relation and how they are explained and worked through in a self psychological versus a relational framework. The second outlines how the sense of self is created and enforced in significant areas of experience, such as creativity, spirituality and gender, and how this process, which implies consistent intra-psychic transformations, also significantly affects inter-relational dimensions. The third section centers on the treatment of couple and family relations, combining psychoanalytic understanding with other, essentially systemic modes of intervention. An introduction to the clinical material describes the lifecycle of the couple relation, drawing on its artistic representation in literature, theatre and cinema. The final part deals with the treatment of cultural diversity, understood in the framework of the overarching role of Culture in building the mind and through the universal validity of attachment bonds.

Learning Objectives

At the conclusion of this presentation, the participants will be able to:

1. Describe the difference between the concept of embodied connectedness and the traditional concept-based perspective, as proposed by Brothers and Sletvold.
2. Explain ways that a contemporary understanding of ancient thought can illuminate modern psychoanalytic theory and practice, as suggested by Dobson.
3. Explain the importance of integrating systems theory, psychodynamic theory and relationship education in couple therapy, as well as the need for “domain specific knowledge” about particular couples’ problems, as described by Nielsen.
4. Discuss ways that new epistemological paradigms have paved the way toward an increasing integration of contemporary psychoanalysis with other therapeutic models and have revitalized authors traditionally considered outcasts of mainstream psychoanalysis, as Pedroni asserts.

Presenter Bios:

Doris Brothers, Ph.D. serves on the advisory board and council of the International Association for Psychoanalytic Self Psychology (IAPSP). She was a co-editor of *Psychoanalysis, Self and Context* with Roger Frie from 2015 to 2019. She is an associate editor of *Psychoanalytic Inquiry*. She has written three books and many journal articles. Her last book is *Toward a Psychology of Uncertainty: Trauma-Centered Psychoanalysis* (Analytic Press, 2008). A forthcoming book with Jon Sletvold is entitled, *A New Vision of Psychoanalytic Theory, Practice and Supervision: Talking Bodies* (Routledge). She practices on the upper west side of Manhattan, New York, USA, and in Oslo, Norway.

Jon Sletvold, Psy.D. is a licensed specialist in clinical psychology and psychotherapy. He is Faculty, Training and Supervising Analyst at the Norwegian Character Analytic Institute. He has published articles on the role of the body in psychotherapy and psychoanalysis. He is the editor of three books, and the author of

The Embodied Analyst: From Freud and Reich to Relationality, the Gradiva Award winning book of 2015. In 2019 he wrote *From Muscular Armor to Bodies in Dialogue* with Per Harbitz. He co-leads online supervision/study groups in Europe, North America and China with Doris Brothers.

Marcia D-S. Dobson holds PhDs in Classical Philology and Clinical Psychology. She has been an award-winning Professor of Classics at Colorado College since 1976, and is Chair of the Psychoanalysis Minor there. She started a private practice in relational Self Psychology in Colorado Springs in 1998. She has been an Associate Editor of the presently named *Psychology Self and Context* since 2009. Her published scholarship spans the disciplines of ancient Greek Drama and Self Psychology. She has presented at IAPSP conferences, as well as conferences on Classics and Psychology in London and Belgium. Marcia has just published a book under the Art Creativity and Psychoanalysis Series, whose editor is George Hagman, entitled: *Psychic Metamorphoses in Psychoanalysis and Ancient Greek Thought: From Mourning to Creativity* (Routledge, 2023).

Arthur Nielsen, M.D. is a full-time, practicing psychiatrist, psychoanalyst and couple therapist in Chicago, Illinois. He is a Clinical Professor of Psychiatry at Northwestern's Feinberg School of Medicine, a faculty member at Northwestern's Family Institute in Evanston, and a faculty member of the Chicago Institute for Psychoanalysis where he is Associate Director of the Integrative Psychoanalytic Couple Therapy Program. For many years and until recently, he was the coordinator of a popular for-credit course he developed for Northwestern undergraduates, "Marriage 101: Building Loving and Lasting Relationships." In recent years, he has lectured nationally and internationally, and has taught courses on couple therapy to students in Iran and China.

He is the author of more than 40 published professional papers in the fields of psychiatry, psychoanalysis, and couple therapy, together with two textbooks, *A Roadmap for Couple Therapy: Integrating Systemic, Psychodynamic, and Behavioral Approaches* and *Integrative Couple Therapy in Action: A Practical Guide for Handling Common Relationship Problems and Crises*.

Ingrid Pedroni has been trained as family psychotherapist and later as relational and self-psychology analyst. Her interests in intercultural psychotherapy led me to form an association of which I have been president, operating for the assistance of migrants in cooperation with the United Nations Organization for Migration.

She has been the President of Isipsé School for Psychotherapy and am still in the Faculty as supervising analyst and teacher of Self Psychology and Transcultural psychotherapy.

Ingrid works in private practice with individual patients, couples, family with adolescent children and immigrants.

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44th Annual IAPSP International Conference

The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Child & Adolescent Initiative: How Old Are We Really? The Role of Play in Cultivating a Leading Edge Transference

Presenter: **Ashley Leeds, LCSW**

Discussant: **Amy Eldridge, PhD**

Moderator: **Erica Young, MA**

Friday, October 20, 12:00 – 1:15pm

Abstract:

In working with children and adolescents from a self-psychological perspective, we need to adapt both our use of self-states and the theoretical framework to what a young mind and psyche can take in. Many young people come to therapy at the insistence of their parents and can enter into the process with great hostility. In this paper I will discuss how creativity in the consulting room can ease the pressure to do therapeutic work, and therefore progress can be made. From a self-psychological perspective, I will illustrate how trailing edge transferences can render an analyst stuck in an impasse, and by surrendering to the creative edge of play, leading edge transferences can surface. I will demonstrate how play is not only helpful, but a necessary way of promoting connection and communication, even after early and middle childhood, and how analysts can grapple with changing the look of the therapeutic process in service of the patient's developmental needs. This paper will demonstrate how the concepts of leading/trailing edges and positive and negative selfobject transferences, can move or stymie a treatment and how creative edges and interventions can unexpectedly surface to pull a dyad out of impasse.

Learning Objectives

At the conclusion of this presentation, the participants will be able to:

1. Cultivate understanding of how leading/trailing edges manifest in work with young people.
2. Identify ways in which creative interventions can promote leading edge transferences.
3. Learn ways in which connecting with younger self-states that generate connections with younger patients in order to facilitate communication.

Presenter Bios:

Ashley Leeds is a third year candidate in NIP's Four Year Training Program in Psychoanalysis and Psychotherapy and she maintains an adolescent and adult private practice in Brooklyn where her areas of interest are gender and sexuality, children of divorce, and eating disorders. She is a trained group therapist, has a certificate in Child and Adolescent Psychotherapy, and is a 200 hour-YTT certified yoga instructor. She is the Co-Dean of Admissions for Eastern Group Psychotherapy. Ashley's theoretical orientations lean towards Self-Psychological, relational, and attachment modalities, but she integrates other modalities into her work. In the rare moments that Ashley is not working, she enjoys spending time with her very anxious beagle, Dolly.

Amy Eldridge, PhD is Immediate Past President of the International Association of Psychoanalytic Self Psychology and Dean Emerita of the Institute for Clinical Social Work. Under Dr. Eldridge's leadership as dean, her team developed and implemented ICSW's distance learning and master's programs. She has a psychotherapy practice with adults, adolescents, and couples in downtown Chicago and more recently, in Asheville NC. She also consults on clinical practice, training and leadership issues. Dr. Eldridge is on the editorial board of *Psychoanalytic Social Work Journal*, is the author of numerous published papers on clinical practice and has been a frequent presenter at professional conferences. Most recently, Dr. Eldridge is teaching psychoanalytic practice and theory to professionals in China

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Couples Therapy Interest Group: A Self Psychologically Informed Couples Treatment

Presenter: **Arthur Nielsen, MD**

Moderator: **David Shaddock, PhD**

Friday, October 20, 12:00 – 1:15pm

Abstract:

In this case conference, Dr. Arthur Nielsen will present an ongoing couple case for discussion. The case has been chosen to show the utility of self psychology for treating couples when combined with the author's integrative approach, one that integrates and sequences systemic, psychodynamic, and behavioral approaches. This case is both typical in many ways and presents unique challenges. After a case synopsis and a detailed session report, the audience will have the opportunity to discuss the case and therapeutic options.

Learning Objectives:

At the conclusion of this presentation, the participants will be able to:

1. Formulate similar cases, evaluate integrative psychodynamic intervention options, and discuss how to sequence them.
2. Identify countertransference feelings evoked by the couple.

Presenter Bios:

Arthur Nielsen, M.D. is a full-time, practicing psychiatrist, psychoanalyst and couple therapist in Chicago, Illinois. He is a Clinical Professor of Psychiatry at Northwestern's Feinberg School of Medicine, a faculty member at Northwestern's Family Institute in Evanston, and a faculty member of the Chicago Institute for Psychoanalysis where he is Associate Director of the Integrative Psychoanalytic Couple Therapy Program. For many years and until recently, he was the coordinator of a popular for-credit course he developed for Northwestern undergraduates, "Marriage 101: Building Loving and Lasting Relationships." In recent years, he has lectured nationally and internationally, and has taught courses on couple therapy to students in Iran and China.

He is the author of more than 40 published professional papers in the fields of psychiatry, psychoanalysis, and couple therapy, together with two textbooks, *A Roadmap for Couple Therapy: Integrating Systemic, Psychodynamic, and Behavioral Approaches* and *Integrative Couple Therapy in Action: A Practical Guide for Handling Common Relationship Problems and Crises*.

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The Creative Edge(s) of Contemporary Self Psychology

October 19-22, 2023

Social Justice Interest Group Meeting: "Climate Café"

Co Chairs: Margy Sperry, PsyD, MFT & Judith Aronson, PhD, LCSW

Friday, October 20, 12:00 – 1:15pm

Bring your favorite beverage or lunch and join us for a "climate cafe." Climate cafes are facilitator-led open spaces to share thoughts, feelings and experiences rather than data or actions we are taking to address the climate crisis. Our previous online discussions of the climate emergency led many to request additional opportunities to share our emotional responses to the climate crisis as we learn how to recognize and work with the worry, despair and helplessness. Climate cafes are emerging as a global movement founded on the idea that eco-anxiety and despair about global warming are exacerbated by feelings of isolation and hopelessness. The cafe will further deepen our communal reflection.

CEs will not be applicable for this session